

14 December 2014,

Parenting for success and wellbeing



Sun Campus Desk: The Office of Student Affairs of BRAC University hosted a seminar and workshop on Parenting for Student Success & Wellbeing on Saturday at the university auditorium. Organized jointly by the First-Year Advising Team (FYAT), Counseling Unit, and Teaching and Learning Center (TLC), the interactive sessions were designed to explore the challenges and support for both students and parents at BRAC University.

BRAC University believes that parents and family members provide crucial support for students facing a variety of challenges in personal development, academic performance and social adjustments during the transition to university life. The main objectives of this seminar were to gather information from the parents about the academic progress and personal wellbeing of their son/daughter during the first year of university life, and to promote and convey the importance of parents contributions to student development particularly during their first year at the university.

The speakers at the seminar and workshop included Professor Riaz P. Khan, Dean of Student Affairs, Lady Syeda Sarwat Abed, Director of BRAC Institute of Languages, Ms. Farida Akhtar, Renowned Psychologist and Consultant of the Counseling Unit, and Ms. Sumaiya Anwar, Faculty and Coordinator of the Counseling Unit, BRAC University. In addition, the interactive sessions were facilitated by the faculty members of OSA.

The interactive sessions allowed the parents to share their views about the personal and academic changes in their son/daughter during the first year at the university, how they are dealing with such issues, and the types of support that can be provided by both the university and parents themselves to enhance the personal development and academic success of students at BRAC University. Since the sessions were very experiential and interactive, the parents expressed a great deal of satisfaction about the entire program.