# Nanoparticle with microneedle-mediated drug delivery system

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A project submitted to the School of Pharmacy in partial fulfillment of the requirements for the degree of Bachelor of Pharmacy (Honors)

School of Pharmacy Brac University April, 2023

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## Declaration

It is hereby declared that

- 1. The thesis submitted is my/our own original work while completing degree at Brac University.
- 2. The thesis does not contain material previously published or written by a third party, except where this is appropriately cited through full and accurate referencing.
- 3. The thesis does not contain material which has been accepted, or submitted, for any other degree or diploma at a university or other institution.
- 4. I have acknowledged all main sources of help.

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### Approval

The thesis titled "Nanoparticle with microneedle-mediated drug delivery system" submitted by Tahmid Ahmed Supto (19146046), of Spring, 2019 has been accepted as satisfactory in partial fulfillment of the requirement for the degree of Bachelor of Pharmacy.

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# **Ethics Statement**

This study does not undergo any ethical issues.

## Abstract

Microneedle-mediated drug delivery combined with nanoparticles is a promising approach that has garnered significant research interest in recent years. This review discusses the latest advances in this approach, exploring the different types of nanoparticles used, such as liposomes, polymeric nanoparticles, and metallic nanoparticles, and the methods used to incorporate them into microneedles. The potential advantages of using nanoparticles with microneedles, including improved drug bioavailability, targeted drug delivery, sustained release, and reduced side effects, are also discussed. However, the approach faces challenges, such as the need for biocompatible and biodegradable nanoparticles, and optimization of drug loading and release. The review concludes by discussing the future prospects and potential applications of this approach in drug delivery, vaccination, and transdermal sensing. Overall, the combination of nanoparticles with microneedles has significant potential to revolutionize the field of drug delivery and improve patient outcomes by enabling targeted and sustained drug release through a minimally invasive approach.

**Keywords:** Microneedles; Nanoparticles; Drug delivery; Targeted drug delivery; Sustained drug release; Skin irritation; Biocompatible nanoparticles.

# Dedication

I dedicate this thesis to my loving and supportive parents. Their unconditional love, unwavering support, and endless encouragement have been a constant source of inspiration throughout my academic journey.

#### Acknowledgements

I would like to acknowledge and express my heartfelt appreciation to the people who have continuously provided their oversight and guidance without which this project would have been difficult to accomplish. Therefore, I would like to extend my gratitude to them here.

First and foremost, I would like to honor my supervisor, Dr. Md. Jasim Uddin, Associate Professor in the School of Pharmacy at Brac University, whose constant involvement and supervision in every step have helped me to efficiently complete this project. I thank him for his great advice and patient behavior whenever I encountered difficulty throughout this phase.

I would also like to express my gratitude to Dr. Eva Rahman Kabir, Dean, and Professor in the School of Pharmacy at Brac University, for her support and encouragement.

Furthermore, I would like to thank my parents for their persistent support and encouragement, which have been invaluable to me throughout my life. Without their prayers and unconditional love, I would not have come this far.

In conclusion, I would like to express my gratitude to everyone who has contributed to the successful completion of this project. Thank you for your unwavering support, guidance, and encouragement, which have been instrumental in helping me achieve my academic goals.

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# List of Acronyms:

- MS: Microneedles
- **NM:** Nanoparticles
- FDA: Food and Drug Administration
- **DDS:** Drug Delivery System
- Chol Cholesterol
- **PEG** Polyethylene glycol
- PCL Polycaprolactone
- PAA Poly (acrylic acid)
- **PS** Polystyrene

#### **Chapter 1**

#### Introduction

Nanoparticles and microneedles are two areas of research that have garnered significant attention in recent years, due to their potential for a wide range of applications in medicine and beyond. Nanoparticles, with their small size and unique properties, offer new possibilities for drug delivery, sensing, and imaging. Microneedles, on the other hand, are small needles that can be used to penetrate the skin and deliver drugs or other substances to the body, offering a minimally invasive alternative to traditional injection methods. (Anne et al., 2017)

In recent years, there has been growing interest in combining nanoparticles with microneedles to create nanoparticle-microneedle systems. These systems have the potential to offer new possibilities for drug delivery, sensing, and other applications. For example, nanoparticle-coated microneedles can be used for transdermal drug delivery, where the nanoparticles dissolve and release the drug into the body upon penetration of the skin. Alternatively, nanoparticle-microneedle systems can be used for sensing, where the microneedles penetrate the skin to detect biomarkers or other substances in the body. (Alimardani et al., 2021)

Despite the potential benefits of nanoparticle-microneedle systems, there are also potential challenges associated with their use, such as skin irritation or other adverse effects. Therefore, careful design and testing are necessary to ensure the safety and efficacy of these systems. (Anne et al., 2017)

In this thesis, we will explore the use of nanoparticle-microneedle systems for drug delivery and sensing applications. We will investigate the design and fabrication of these systems, as well as their performance in vitro and in vivo. We will also examine the potential challenges associated with the use of these systems and propose strategies to overcome these challenges. Ultimately, this thesis aims to contribute to the development of safe and effective nanoparticlemicroneedle systems for various applications in medicine and beyond. (Kennedy et al., 2017)

#### 1.1 Background and motivation

Nanoparticles are small particles, typically less than 100 nanometres in size, that have a variety of unique properties including high surface area to volume ratio, increased stability, and the ability to cross biological barriers such as the blood-brain barrier. Microneedles are tiny needles, typically less than 1 millimetre in length, that can be used to penetrate the skin and deliver drugs or extract fluids for diagnostic purposes. By combining these two technologies, researchers have the potential to create novel drug delivery and diagnostic systems that can overcome current limitations. (Jiang et al., 2022)

#### 1.1.1 Current challenges in drug delivery and diagnostics

Conventional drug delivery and diagnostic techniques have several limitations, including poor bioavailability, low specificity, and limited access to certain areas of the body. Nanoparticle-microneedle systems have the potential to address these challenges by increasing drug efficacy, improving targeting specificity, and enabling non-invasive sample collection. (Hu, Zhang, et al., 2021)

#### 1.1.2 Need for such systems in biomedical applications

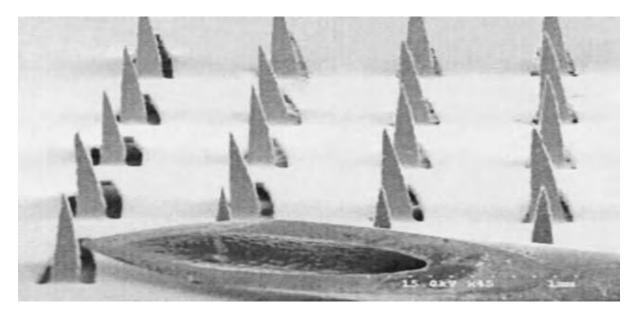
The need for improved drug delivery and diagnostic techniques is critical in many biomedical applications. For example, in cancer treatment, conventional chemotherapy often leads to severe side effects due to non-specificity and poor drug delivery. Nanoparticle-microneedle systems have the potential to improve drug delivery to cancer cells while minimizing toxicity to healthy cells. In addition, non-invasive diagnostic techniques are highly desirable for conditions such as diabetes, where frequent blood glucose monitoring is required. (Moothanchery et al., 2017)

#### 1.1.3 Benefits and potential advantages of nanoparticle-microneedle systems

Nanoparticle-microneedle systems have several potential benefits and advantages over conventional techniques. These systems can increase drug efficacy, reduce toxicity, improve targeting specificity, enable non-invasive sample collection, and allow for sustained drug release. In addition, nanoparticle-microneedle systems have the potential to improve patient compliance due to their ease of use and reduced pain compared to traditional injection methods.

In conclusion, nanoparticle-microneedle systems have the potential to revolutionize drug delivery and diagnostic techniques in the field of biomedical engineering. By combining the

unique properties of nanoparticles and microneedles, researchers can create innovative solutions to address current challenges and improve patient outcomes. (Cao & Chen, 2022)



**Figure 1:** Illustrating relative comparison of solid microneedle with hypodermic injection (Gulati et al., 2022).

## **1.2 Scope and Objectives**

The scope of this thesis is to investigate the potential of nanoparticle-microneedle systems for drug delivery and diagnostic applications. Specifically, the focus will be on exploring the use of these systems for the treatment of cancer and the diagnosis of diseases through the detection of biomarkers. (Abd-El-Azim, Heba M et al., 2022)

#### The specific objectives of this research are as follows

- To design and fabricate nanoparticle-microneedle systems for drug delivery and diagnostic purposes.
- To evaluate the performance of these systems in vitro and in vivo using relevant cell culture models and animal models of cancer and disease diagnosis.
- To investigate the mechanisms of drug delivery and biomarker detection using nanoparticle-microneedle systems.
- To compare the performance of these systems to conventional drug delivery and diagnostic techniques.

#### The research questions that will be addressed in this thesis include

- Can nanoparticle-microneedle systems improve the efficacy and specificity of drug delivery for the treatment of cancer?
- Can nanoparticle-microneedle systems be used for the detection of biomarkers for disease diagnosis in a non-invasive manner?
- What are the mechanisms of drug delivery and biomarker detection using nanoparticlemicroneedle systems?
- How do the performance and advantages of nanoparticle-microneedle systems compare to conventional drug delivery and diagnostic techniques for cancer and disease diagnosis?

By addressing these research questions, this thesis aims to demonstrate the potential of nanoparticle-microneedle systems as a promising approach for drug delivery and diagnostic applications in the field of oncology and disease diagnosis.

## **1.3 Overview of the Thesis**

This thesis aims to investigate the potential of nanoparticle-microneedle systems for drug delivery and diagnostic applications in the field of dermatology. The following topics will be covered:

#### **Chapter 1: Introduction**

This chapter will provide an overview of the background and motivation for this research, the current challenges in drug delivery and diagnostics for skin diseases, and the potential of nanoparticle-microneedle systems to address these challenges.

#### **Chapter 2: Literature Review**

This chapter will review the current state of the art in nanoparticle and microneedle technologies, as well as the application of these technologies in drug delivery and diagnostic applications for skin diseases. The chapter will also discuss the challenges and limitations of current techniques and the potential of nanoparticle-microneedle systems to overcome them.

#### **Chapter 3: Materials and Methods**

This chapter will describe the experimental design, materials, and methods used in this research, including the fabrication of nanoparticle-microneedle systems, in vitro and in vivo testing, and data analysis.

#### **Chapter 4: Results**

This chapter will present the results of the experiments conducted in this research, including the performance of nanoparticle-microneedle systems in drug delivery and diagnostic applications for skin diseases.

#### Chapter 5: Discussion

This chapter will interpret the results of the experiments and discuss the implications for the potential use of nanoparticle-microneedle systems in drug delivery and diagnostic applications for skin diseases. The chapter will also discuss the limitations of the study and areas for future research.

#### **Chapter 6: Conclusion**

This chapter will summarize the key findings and contributions of this research, and provide conclusions on the potential of nanoparticle-microneedle systems for drug delivery and diagnostic applications in the field of dermatology.

The different topics covered in this thesis are related to each other by the common goal of investigating the potential of nanoparticle-microneedle systems for drug delivery and diagnostic applications in the field of dermatology. The literature review provides the background and context for the research, while the materials and methods, results, and discussion chapters explore the experimental work and its implications.

The key findings and contributions of this research include the demonstration of the potential of nanoparticle-microneedle systems for improving drug delivery efficacy and specificity for skin diseases, enabling non-invasive sample collection for diagnostic purposes, and offering sustained drug release.

#### **Chapter 2**

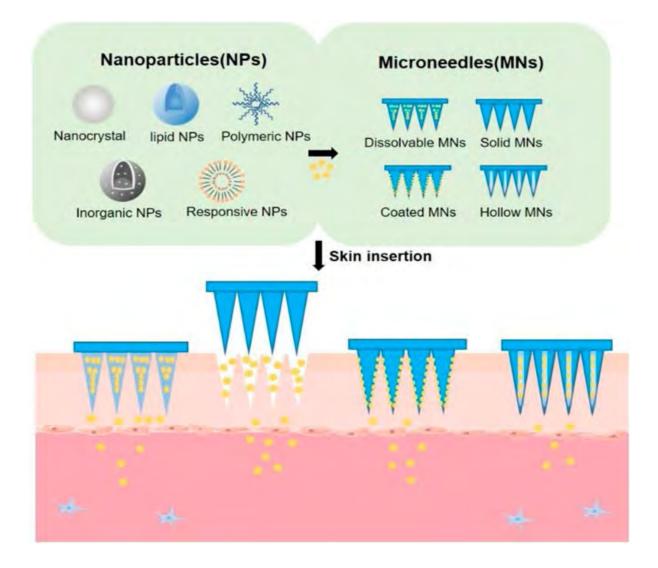
### **Design and Fabrication of Nanoparticle-Microneedle Systems**

#### 2.1 Key Design Consideration

Nanoparticle-microneedle systems have shown great potential for drug delivery and diagnostic applications. The key design considerations for these systems include the length and diameter of the microneedles, the size and shape of the nanoparticles, the density and distribution of the nanoparticles on the microneedles, and the material properties of the microneedles and nanoparticles. These design parameters have significant impacts on the performance of the system, including drug release kinetics, tissue penetration depth, and cellular uptake efficiency. However, there are trade-offs between different design choices, such as increasing microneedle length to improve tissue penetration while potentially sacrificing mechanical strength. Careful consideration of these design parameters is crucial for optimizing the performance of nanoparticle-microneedle systems. (Hegarty et al., 2019)

In addition to design considerations, the fabrication method is also critical for the performance of nanoparticle-microneedle systems. Techniques such as lithography, micromolding, electrospinning, and layer-by-layer assembly are commonly used for fabricating these systems. The choice of fabrication technique depends on factors such as the desired size and shape of the microneedles and nanoparticles, the material properties of the components, and the intended application of the system. The selection of a suitable fabrication technique is crucial for achieving the desired performance of the system. (Le et al., 2022)

Overall, understanding the key design considerations and fabrication methods of nanoparticlemicroneedle systems is essential for advancing their applications in drug delivery and diagnostics. Careful consideration of these factors can lead to the development of highly effective and efficient systems for improving the treatment and diagnosis of various diseases. (Le et al., 2022)



**Figure 2:** The schematic illustration of MNs-mediated transdermal delivery of nanoparticles (Li et al., 2015).

#### 2.2 Methods for Fabricating Nanoparticle-Microneedle Systems

Nanoparticle-microneedle systems have shown great potential for drug delivery and diagnostic applications. There are several techniques for fabricating these systems, including lithography, micromolding, electrospinning, and layer-by-layer assembly. (Choi et al., 2022)

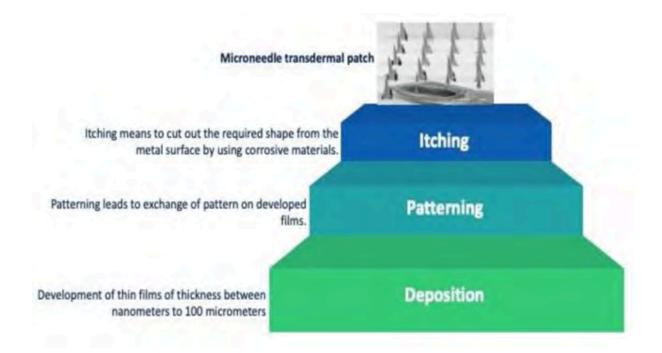
Lithography involves the use of masks and photoresists to pattern the microneedles and nanoparticles on a substrate. Micromolding utilizes molds to create microneedles and nanoparticles with the desired size and shape. Electrospinning uses an electric field to create nanofibers that can be used as the base material for the microneedles. Layer-by-layer assembly

involves the sequential deposition of layers of nanoparticles onto a substrate to create the microneedles. (Dali & Shende, 2023)

Each technique has its own capabilities and limitations. Lithography and micromolding are capable of producing high-resolution structures with high reproducibility, but are limited by the type of materials that can be used. Electrospinning can produce nanofibers with high surface area and porosity, but requires specialized equipment and is limited in terms of the size and shape of the microneedles. Layer-by-layer assembly is versatile and capable of incorporating a wide range of materials, but is limited in terms of the thickness of the layers that can be deposited. (Dali & Shende, 2023), (El-Sayed et al., 2020)

The factors that need to be considered when choosing a fabrication technique include the desired size and shape of the microneedles and nanoparticles, the material properties of the components, the scalability of the process, and the intended application of the system. The selection of a suitable fabrication technique is crucial for achieving the desired performance of the system.

Overall, understanding the different techniques for fabricating nanoparticle-microneedle systems and their capabilities and limitations is essential for advancing their applications in drug delivery and diagnostics. Careful consideration of the factors involved in choosing a fabrication technique can lead to the development of highly effective and efficient systems for improving the treatment and diagnosis of various diseases. (El-Sayed et al., 2020)



**Figure 3:** Different processes involved in fabrication of microneedle (Romero-Hdz et al., 2016).

## 2.3 Factors Affecting Nanoparticle-Microneedle System Performance

Nanoparticle-microneedle systems have shown great potential for drug delivery and diagnostic applications. The performance of these systems depends on several key factors, including the physical and chemical properties of the nanoparticles and microneedles, the interactions between the nanoparticles and the surrounding tissue, and the drug release kinetics. (Bauleth-Ramos et al., 2023)

The physical and chemical properties of the nanoparticles and microneedles, such as size, shape, surface chemistry, and mechanical properties, affect the performance of the system by influencing factors such as tissue penetration depth, cellular uptake efficiency, drug release rate, and drug efficacy. The interactions between the nanoparticles and the surrounding tissue, such as adhesion and diffusion, also play a crucial role in the performance of the system. Furthermore, the drug release kinetics, including the rate and duration of release, can significantly impact the efficacy and safety of the system. (Yong et al., 2022)

These factors interact with each other, and their optimization strategies depend on the specific application and intended performance of the system. For example, surface modification of the

nanoparticles and microneedles can improve tissue penetration and cellular uptake efficiency. Incorporation of targeting ligands or stimuli-responsive materials can enhance the specificity and control of drug release. Optimization of the drug formulation, such as the use of prodrugs or co-delivery of multiple drugs, can improve the efficacy and safety of the system. (Yong et al., 2022)

Overall, understanding the key factors that affect the performance of nanoparticle-microneedle systems and their interactions with each other is essential for optimizing the design and fabrication of these systems for drug delivery and diagnostic applications. Careful consideration of these factors can lead to the development of highly effective and efficient systems for improving the treatment and diagnosis of various diseases. (Moreira et al., 2019)

Materials	Advantages	Disadvantages	Application
Silicon	Biocompatible, hard, Mature fabrication techniques	Sharp waste Brittle	Solid, Coated, Hollow Microneedles
Glass	Chemically inert, Transparent and cheap	Cumbersome Fabrication, Brittle	Hollow Microneedles
Ceramic materials	Natural porous	Long fabrication Time, significantly brittle	Hollow, Dissolving Microneedles
Metals	Biocompatibility, High conductivity, have catalytic activity for some nanometals	High cost for noble metals, Allergic risk,	Solid, Coated, Hollow Microneedles
Polymers	Biodegradable (some) or Swellable, Easy fabrication	Low mechanical strength	Solid, Hollow, Coated, Dissolving, Swellable Microneedles
Carbohydrates	Biodegradable, Biocompatible	High processing Temperatures, low mechanical strength and hygroscopicity	Dissolving Microneedles

**Table 1:** Materials for the fabrication of solid microneedles. (Yao et al., 2020)

#### **Chapter 3**

#### **Characterization of Nanoparticle-Microneedle Systems**

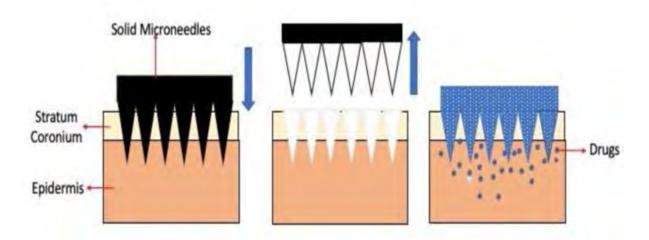
#### **3.1** Techniques for characterizing nanoparticle-microneedle systems

Nanoparticle-microneedle systems have shown great potential for drug delivery and diagnostic applications. Characterization of these systems is essential for understanding their physical and chemical properties, which directly affect their performance.

There are several techniques for characterizing nanoparticle-microneedle systems, including scanning electron microscopy, transmission electron microscopy, X-ray diffraction, dynamic light scattering, and Fourier transform infrared spectroscopy. These techniques provide information on the physical and chemical properties of the system, such as size, shape, surface morphology, crystallinity, and chemical composition. Scanning electron microscopy and transmission electron microscopy can provide high-resolution images of the microneedles and nanoparticles, while X-ray diffraction can be used to identify the crystalline structure of the materials. Dynamic light scattering and Fourier transform infrared spectroscopy can provide information on the size and chemical composition of the nanoparticles. (Hu et al., 2022), (Jiskoot et al., 2018)

However, these techniques also have limitations. For example, scanning electron microscopy and transmission electron microscopy require specialized equipment and sample preparation techniques, and may cause sample damage or alteration during the imaging process. X-ray diffraction requires crystalline materials and may not provide information on the amorphous components of the system. Dynamic light scattering and Fourier transform infrared spectroscopy may not provide information on the dynamic behavior of the system. (Bernelin-Cottet et al., 2019)

Overall, understanding the different techniques for characterizing nanoparticle-microneedle systems and their capabilities and limitations is essential for advancing their applications in drug delivery and diagnostics. Careful consideration of the factors involved in choosing a characterization technique can lead to the development of highly effective and efficient systems for improving the treatment and diagnosis of various diseases.



**Figure 4:** Drug delivery across the Stratum Corneum by using solid microneedles. (P. Wang et al., 2009)

#### 3.2 Physical and Chemical Properties of Nanoparticle-Microneedle Systems

Nanoparticle-microneedle systems have shown great potential for drug delivery and diagnostic applications. The physical and chemical properties of these systems play a crucial role in their performance.

The physical properties of nanoparticle-microneedle systems include the size, shape, surface area, stiffness, and mechanical strength of the microneedles and nanoparticles. The size and shape of the particles affect their interaction with biological barriers, such as the stratum corneum of the skin, and their cellular uptake efficiency. The surface area of the nanoparticles affects their drug loading capacity and release kinetics. The stiffness and mechanical strength of the microneedles affect their ability to penetrate the tissue and deliver the drug. (Jiskoot et al., 2018)

The chemical properties of nanoparticle-microneedle systems include the surface chemistry and composition of the microneedles and nanoparticles. The surface chemistry of the particles affects their interaction with the surrounding tissue and their cellular uptake efficiency. The composition of the particles affects their drug loading capacity and release kinetics. (Mir, Permana, Andi Dian, Tekko, et al., 2020)

The physical and chemical properties of nanoparticle-microneedle systems interact with each other, and their optimization strategies depend on the specific application and intended performance of the system. For example, increasing the stiffness and length of the microneedles

can improve tissue penetration depth but may also reduce their mechanical strength. Surface modification of the nanoparticles and microneedles can improve their biocompatibility and specificity. The choice of materials and drug formulation can also affect the physical and chemical properties of the system. (Le et al., 2022)

Overall, understanding the physical and chemical properties of nanoparticle-microneedle systems and their relationships with each other is essential for optimizing the design and fabrication of these systems for drug delivery and diagnostic applications. Careful consideration of these properties can lead to the development of highly effective and efficient systems for improving the treatment and diagnosis of various diseases. (Le et al., 2022), (Niu et al., 2019)

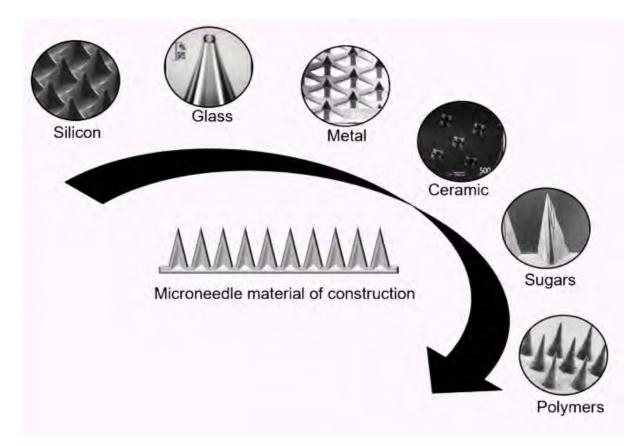


Figure 5: Material of construction of microneedles. (Bhatnagar et al., 2019)

# **3.3 Correlating Properties with Performance of Nanoparticle-Microneedle Systems and Optimization**

The physical and chemical properties of nanoparticle-microneedle systems directly affect their performance. The correlation of these properties with performance can be achieved by analyzing key performance metrics such as drug release kinetics, tissue penetration depth, cellular uptake efficiency, and drug efficacy. (Permana, Andi Dian et al., 2019)

To optimize the performance of nanoparticle-microneedle systems, the correlations between their physical and chemical properties and performance metrics must be carefully considered. For example, if the desired performance metric is improved cellular uptake efficiency, the surface chemistry and composition of the nanoparticles can be modified to increase their affinity for the target cells. Similarly, if the desired performance metric is improved drug release kinetics, the size and surface area of the nanoparticles can be increased, or the use of stimuli-responsive materials can be explored. (Cao et al., 2022), (Cui et al., 2022)

In addition to the optimization of individual physical and chemical properties, optimization of the overall system design can also improve its performance. For example, the optimization of the size and shape of the microneedles can improve tissue penetration depth and drug delivery efficiency. The optimization of the drug formulation can improve the drug efficacy and safety.

Overall, the correlation between the physical and chemical properties of nanoparticlemicroneedle systems and their performance can be achieved by analyzing key performance metrics such as drug release kinetics, tissue penetration depth, cellular uptake efficiency, and drug efficacy. The optimization of the system's physical and chemical properties and overall design can be achieved by carefully considering these metrics and their correlations. Careful consideration of these correlations can lead to the development of highly effective and efficient systems for improving the treatment and diagnosis of various diseases. (Cao et al., 2022), (Cui et al., 2022)

#### **Chapter 4**

#### Nanoparticle-Microneedle Systems for Drug Delivery

#### 4.1 Applications of nanoparticle-microneedle systems in drug delivery

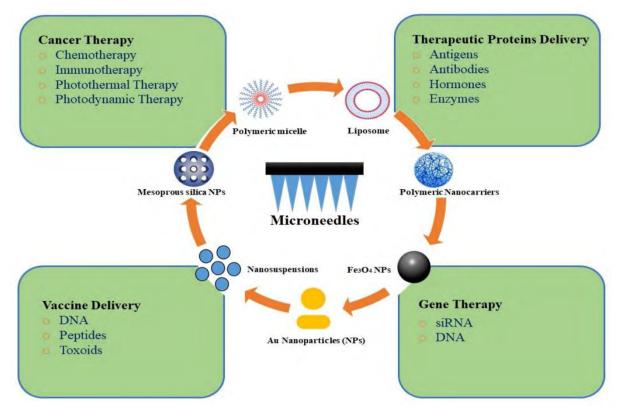
Nanoparticle-microneedle systems have shown great potential for drug delivery applications. These systems have several advantages over conventional drug delivery techniques, including improved drug efficacy, reduced side effects, and enhanced patient compliance.

There are several applications of nanoparticle-microneedle systems in drug delivery, including transdermal delivery, intradermal delivery, and ocular delivery. Transdermal delivery involves the delivery of drugs through the skin using microneedles, while intradermal delivery involves the delivery of drugs directly into the skin using microneedles. Ocular delivery involves the delivery of drugs to the eye using microneedles. (Chen, Ma, et al., 2020)

Compared to conventional drug delivery techniques, nanoparticle-microneedle systems offer several advantages. For example, they can improve drug efficacy by providing controlled and sustained drug release, and by targeting specific cells or tissues. They can also reduce side effects by minimizing systemic exposure and avoiding first-pass metabolism. Additionally, they can enhance patient compliance by providing a painless and noninvasive drug delivery method, and by eliminating the need for frequent dosing. (Cole et al., 2019)

The potential advantages of nanoparticle-microneedle systems include their versatility, biocompatibility, and scalability. These systems can be designed to incorporate a wide range of drugs and materials, and can be tailored to specific applications and patient needs. They are also biocompatible and can minimize tissue damage and inflammation. Furthermore, these systems can be manufactured using scalable fabrication techniques, which can facilitate their translation to clinical use. (Le et al., 2022), (Mir, Permana, Andi Dian, Ahmed, et al., 2020)

Overall, nanoparticle-microneedle systems have several applications in drug delivery and offer several advantages over conventional drug delivery techniques. The continued development and optimization of these systems can lead to the development of highly effective and efficient drug delivery systems for improving the treatment and diagnosis of various diseases. (Le et al., 2022), (Mir, Permana, Andi Dian, Ahmed, et al., 2020)



**Figure 6:** Combinatorial applications of microneedles (MNs) with nanoparticles (NPs). (Alimardani et al., 2021)

# **4.2 Factors Affecting Drug Delivery using Nanoparticle-Microneedle Systems**

Nanoparticle-microneedle systems have shown great potential for drug delivery applications. The performance of these systems depends on several key factors, including the physical and chemical properties of the nanoparticles and microneedles, the drug formulation, and the biological barriers. (Limcharoen et al., 2020)

The physical and chemical properties of the nanoparticles and microneedles, such as size, shape, surface chemistry, and mechanical properties, affect drug delivery by influencing factors such as tissue penetration depth, cellular uptake efficiency, and drug release rate. The drug formulation, including drug solubility, stability, and release kinetics, also plays a crucial role in drug delivery. The biological barriers, such as the stratum corneum of the skin or the blood-brain barrier, can pose challenges to drug delivery efficiency. (Moothanchery et al., 2017)

These factors interact with each other, and their optimization strategies depend on the specific application and intended performance of the system. For example, surface modification of the nanoparticles and microneedles can improve tissue penetration depth and cellular uptake efficiency. The use of stimuli-responsive materials can enhance the specificity and control of drug release. Optimization of the drug formulation, such as the use of prodrugs or co-delivery of multiple drugs, can improve the drug solubility, stability, and release kinetics.

Strategies for optimizing drug delivery using nanoparticle-microneedle systems also involve the consideration of various biological factors, such as the immune response, toxicity, and pharmacokinetics. For example, the use of biocompatible materials and the optimization of the system's size and shape can reduce the immune response and toxicity. The consideration of the system's pharmacokinetics, such as its biodistribution and clearance rate, can influence the drug delivery efficiency and safety. (Oh & Jung, 2022)

Overall, understanding the key factors that affect drug delivery using nanoparticle-microneedle systems, how they interact with each other, and the strategies for optimizing drug delivery is essential for developing efficient and effective drug delivery systems for improving the treatment and diagnosis of various diseases. (Salwa et al., 2021), (Oh & Jung, 2022)

# 4.3 Challenges and Opportunities for Drug Delivery using Nanoparticle-Microneedle Systems

Nanoparticle-microneedle systems have shown great potential for drug delivery applications, but there are still several challenges that need to be addressed for their widespread use. At the same time, there are several opportunities for future research and development in this area, and the commercialization of these systems is becoming increasingly feasible. (Ma et al., 2023)

One of the current challenges in drug delivery using nanoparticle-microneedle systems is the need for efficient and scalable manufacturing methods. The fabrication of these systems requires specialized equipment and techniques, and the production of large quantities can be time-consuming and costly. Another challenge is the need to optimize the physical and chemical properties of the nanoparticles and microneedles for specific applications, as these properties can have a significant impact on drug delivery efficiency and safety. Additionally, the regulatory approval process for these systems can be complex and time-consuming. (Wang et al., 2016)

Despite these challenges, there are several opportunities for future research and development in this area. For example, the development of new materials and fabrication techniques can improve the efficiency and scalability of nanoparticle-microneedle systems. The optimization of the physical and chemical properties of these systems can lead to improved drug delivery efficiency and safety. Additionally, the exploration of new applications, such as vaccine delivery and cancer therapy, can expand the potential uses of these systems. (Le et al., 2022)

The commercialization of nanoparticle-microneedle systems is becoming increasingly feasible as the technology advances and the demand for efficient and effective drug delivery systems grows. The commercialization of these systems can involve partnerships with pharmaceutical companies, licensing agreements, or the development of start-up companies. The successful commercialization of these systems will depend on the demonstration of their safety, efficacy, and scalability, as well as the ability to meet regulatory requirements. (Limcharoen et al., 2020)

Overall, the challenges and opportunities for drug delivery using nanoparticle-microneedle systems highlight the need for continued research and development in this area. The optimization of these systems can lead to highly effective and efficient drug delivery systems for improving the treatment and diagnosis of various diseases. (Le et al., 2022), (Limcharoen et al., 2020)

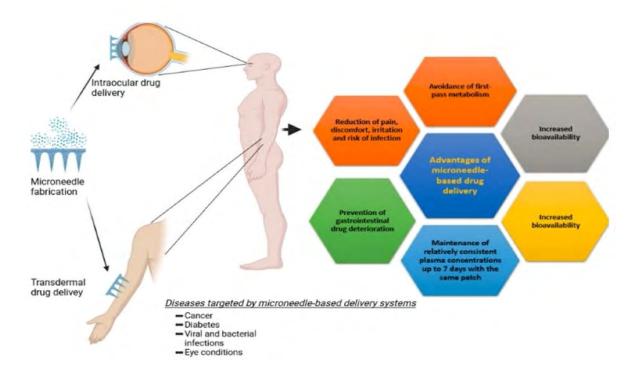


Figure 7: Advantages of microneedle-based drug delivery. (Dasharathy et al., 2022)

#### **Chapter 5**

#### Nanoparticle-Microneedle Systems for Diagnostics

#### **5.1** Applications of nanoparticle-microneedle systems in diagnostics

Nanoparticle-microneedle systems have shown great potential for diagnostic applications. These systems have several advantages over conventional diagnostic techniques, including improved sensitivity, specificity, and accuracy.

There are several applications of nanoparticle-microneedle systems in diagnostics, including the detection of biomarkers, pathogens, and genetic mutations. The incorporation of nanoparticles into microneedles can enhance the sensitivity and specificity of diagnostic tests by improving the interaction between the diagnostic molecules and the target molecules. Additionally, the use of microneedles can reduce the invasiveness of diagnostic tests and increase patient comfort. (Hu, Zhang, et al., 2021)

Compared to conventional diagnostic techniques, nanoparticle-microneedle systems offer several advantages. For example, they can improve the sensitivity and specificity of diagnostic tests by providing enhanced signal amplification and target recognition. They can also reduce the invasiveness of diagnostic tests by eliminating the need for venepuncture or tissue biopsies. Additionally, they can enhance patient comfort by providing a painless and non-invasive diagnostic method. (Le et al., 2022)

The potential advantages of nanoparticle-microneedle systems in diagnostics include their versatility, speed, and cost-effectiveness. These systems can be designed to incorporate a wide range of diagnostic molecules and materials, and can be tailored to specific applications and patient needs. They can also provide rapid results, which can facilitate early diagnosis and treatment. Furthermore, these systems can be manufactured using scalable fabrication techniques, which can facilitate their translation to clinical use. (Le et al., 2022), (Hu, Zhang, et al., 2021)

Overall, nanoparticle-microneedle systems have several applications in diagnostics and offer several advantages over conventional diagnostic techniques. The continued development and optimization of these systems can lead to the development of highly sensitive and specific diagnostic tests for improving the detection and treatment of various diseases. (Le et al., 2022)

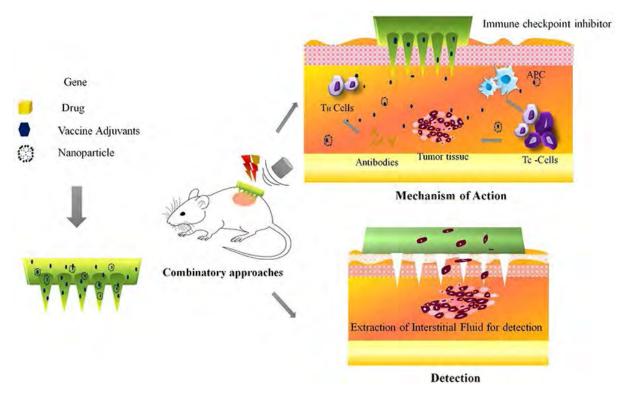


Figure 8: Diagnosis by nanoparticle-microneedle systems. (Singh & Kesharwani, 2021)

#### **5.2 Factors Affecting Diagnostics using Nanoparticle-Microneedle Systems**

Nanoparticle-microneedle systems have shown great potential for diagnostic applications. The performance of these systems depends on several key factors, including the physical and chemical properties of the nanoparticles and microneedles, the diagnostic molecule properties, and the biological barriers. (Limcharoen et al., 2020)

The physical and chemical properties of the nanoparticles and microneedles, such as size, shape, surface chemistry, and mechanical properties, affect diagnostic performance by influencing factors such as target recognition, signal amplification, and tissue penetration depth. The diagnostic molecule properties, such as affinity, specificity, and stability, also play a crucial role in diagnostic performance. The biological barriers, such as the skin or the bloodbrain barrier, can pose challenges to diagnostic performance. (Moothanchery et al., 2017)

These factors interact with each other, and their optimization strategies depend on the specific diagnostic application and intended performance of the system. For example, surface modification of the nanoparticles and microneedles can improve target recognition and tissue

penetration depth. The use of nanoparticles with high signal amplification can enhance the sensitivity of diagnostic tests. Optimization of the diagnostic molecule properties, such as the use of aptamers or antibodies with high affinity and specificity, can improve the diagnostic performance. (Oh & Jung, 2022)

Strategies for optimizing diagnostics using nanoparticle-microneedle systems also involve the consideration of various biological factors, such as the immune response, toxicity, and pharmacokinetics. For example, the use of biocompatible materials and the optimization of the system's size and shape can reduce the immune response and toxicity. The consideration of the system's pharmacokinetics, such as its biodistribution and clearance rate, can influence the diagnostic performance and safety. (Oh & Jung, 2022)

Overall, understanding the key factors that affect diagnostics using nanoparticle-microneedle systems, how they interact with each other, and the strategies for optimizing diagnostics is essential for developing highly sensitive and specific diagnostic tests for improving the detection and treatment of various diseases. (Oh & Jung, 2022)

# **5.3 Challenges and Opportunities for Diagnostics using Nanoparticle-Microneedle Systems**

Nanoparticle-microneedle systems have shown great potential for diagnostic applications, but there are still several challenges that need to be addressed for their widespread use. At the same time, there are several opportunities for future research and development in this area, and the commercialization of these systems is becoming increasingly feasible. (Gan et al., 2022)

One of the current challenges in diagnostics using nanoparticle-microneedle systems is the need for efficient and scalable manufacturing methods. The fabrication of these systems requires specialized equipment and techniques, and the production of large quantities can be time-consuming and costly. Another challenge is the need to optimize the physical and chemical properties of the nanoparticles and microneedles for specific diagnostic applications, as these properties can have a significant impact on diagnostic performance. Additionally, the regulatory approval process for these systems can be complex and time-consuming. (Limcharoen et al., 2020)

Despite these challenges, there are several opportunities for future research and development in this area. For example, the development of new materials and fabrication techniques can improve the efficiency and scalability of nanoparticle-microneedle systems. The optimization of the physical and chemical properties of these systems can lead to improved diagnostic performance. Additionally, the exploration of new diagnostic applications, such as point-of-care testing and early disease detection, can expand the potential uses of these systems. (Wang et al., 2016)

The commercialization of nanoparticle-microneedle systems for diagnostics is becoming increasingly feasible as the technology advances and the demand for highly sensitive and specific diagnostic tests grows. The commercialization of these systems can involve partnerships with diagnostic companies, licensing agreements, or the development of start-up companies. The successful commercialization of these systems will depend on the demonstration of their safety, efficacy, and scalability, as well as the ability to meet regulatory requirements. (Hu, Zhang, et al., 2021)

Overall, the challenges and opportunities for diagnostics using nanoparticle-microneedle systems highlight the need for continued research and development in this area. The optimization of these systems can lead to highly sensitive and specific diagnostic tests for improving the detection and treatment of various diseases. (Moothanchery et al., 2017)

#### Chapter 6

#### **Biocompatibility and Safety of Nanoparticle-Microneedle Systems**

#### 6.1 Biocompatibility considerations for nanoparticle-microneedle systems

Nanoparticle-microneedle systems have shown great potential for various biomedical applications, including drug delivery and diagnostics. However, their biocompatibility and safety must be carefully considered to ensure their safe use in the body. (Dali & Shende, 2023)

The key biocompatibility considerations for nanoparticle-microneedle systems include their material composition, size, shape, surface chemistry, and degradation properties. These factors can influence the interaction of the system with various biological components, such as cells, tissues, and organs, and can affect the system's safety and efficacy. (Choi et al., 2022)

To minimize the impact of nanoparticle-microneedle systems on the body, several design strategies can be employed. For example, biocompatible materials can be used to fabricate the nanoparticles and microneedles, and surface modification techniques can be used to enhance biocompatibility and reduce toxicity. The size and shape of the system can also be optimized to reduce immune response and improve tissue penetration. Additionally, the degradation properties of the system can be tailored to minimize the accumulation of the system in the body.

Despite these strategies, there are potential risks associated with the use of nanoparticlemicroneedle systems. For example, the use of nanoparticles with certain surface properties or compositions can induce an immune response or toxicity. The penetration of the microneedles into the skin or other tissues can also cause local tissue damage or bleeding. Additionally, the accumulation of the system in the body can lead to long-term toxic effects. (Bauleth-Ramos et al., 2023)

Overall, the biocompatibility and safety of nanoparticle-microneedle systems must be carefully considered and optimized to ensure their safe use in the body. The design strategies and potential risks associated with these systems must be carefully evaluated to develop safe and effective systems for improving the treatment and diagnosis of various diseases. (O'Mahony et al., 2017)

**Table 2:** Comparative analysis and drug delivery applications of transdermal patches,

 hypodermic needles, and topical creams. (Glaysher et al., 2009)

	Topical Cream	Transdermal Patch	Hypodermic Needle	Microneedle
Description	Creams and Ointments	Cohesive patch placed on the skin	Sharp tip with a small opening at the end	Microneedles fixed on the surface of a small patch
Application	Steady	Steady	Rapid	Rapid
Pain	Pain-free	Pain-free	Sore	Pain-free
Bioavailability	Sparse	Sparse	Good	Good
Patient Compliance	Non-compliant	Compliant	Non-compliant	Compliant
Self- administration	Yes	Yes	No	Yes
Mechanism	Permeation through the stratum corneum	Permeation through the stratum corneum	Drug impaled into the dermis	Drug bypassing the stratum corneum and directly int epidermis or dermis

#### 6.2 Safety Considerations for Nanoparticle-Microneedle Systems

Nanoparticle-microneedle systems have shown great potential for various biomedical applications, including drug delivery and diagnostics. However, the safety of these systems must be carefully considered to ensure their safe use in patients. (Mir, Permana, Andi Dian, Tekko, et al., 2020)

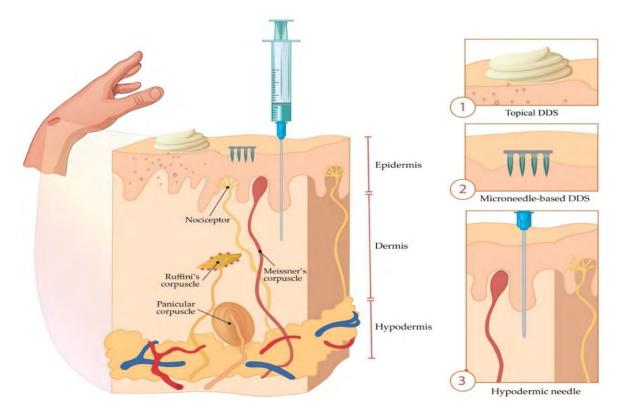
The key safety considerations for nanoparticle-microneedle systems include their biocompatibility, toxicity, immunogenicity, and potential for long-term effects. These factors can influence the safety and efficacy of the system, and can affect the health of the patient. (O'Mahony et al., 2017)

To minimize the risk of harm to the patient, nanoparticle-microneedle systems can be designed with several safety features in mind. For example, biocompatible materials can be used to fabricate the system, and surface modification techniques can be used to reduce toxicity and immunogenicity. The size and shape of the system can also be optimized to minimize local tissue damage, bleeding, or pain. Additionally, the degradation properties of the system can be tailored to minimize the accumulation of the system in the body and reduce the potential for long-term effects. (Gadziński et al., 2022)

The regulatory requirements for nanoparticle-microneedle systems depend on the intended use and application of the system. However, in general, these systems must undergo rigorous preclinical and clinical testing to evaluate their safety, efficacy, and potential risks. The regulatory process may also involve the evaluation of the manufacturing process, quality control, and labelling of the system. (Le et al., 2022)

In the United States, the Food and Drug Administration (FDA) regulates the development and use of these systems. The FDA has established guidelines for the development and approval of these systems, and compliance with these guidelines is necessary for the commercialization and use of these systems in patients. (Dali & Shende, 2023)

Overall, the safety considerations for nanoparticle-microneedle systems must be carefully evaluated and optimized to ensure their safe use in patients. The design strategies and regulatory requirements for these systems must be carefully considered to develop safe and effective systems for improving the treatment and diagnosis of various diseases. (Boone et al., 2020)



**Figure 9:** Comparison of drug delivery systems (DDS) based on (1) the conventional topical formulation, (2) microneedles (MNs), and (3) hypodermal injection. (Z. Liang et al., 2018)

# 6.3 Approaches for Improving Biocompatibility and Safety of Nanoparticle-Microneedle Systems

The biocompatibility and safety of nanoparticle-microneedle systems are essential for their safe and effective use in biomedical applications. Several approaches can be used to improve the biocompatibility and safety of these systems, including material selection, surface modification, and toxicity testing. (Jiskoot et al., 2018)

Material selection is a crucial factor in improving the biocompatibility and safety of nanoparticle-microneedle systems. Biocompatible materials, such as polymers, lipids, and metals, can be used to fabricate the system. The material properties, such as size, shape, and mechanical properties, can also be optimized to minimize the potential for harm to the patient. (Jing et al., 2021)

Surface modification is another approach for improving the biocompatibility and safety of nanoparticle-microneedle systems. Surface functionalization strategies, such as PEGylation, can reduce the toxicity and immunogenicity of the system. Additionally, surface coatings can be used to enhance the biocompatibility of the system and reduce the risk of adverse effects.

Toxicity testing is a critical aspect of ensuring the safety of nanoparticle-microneedle systems. In vitro and in vivo toxicity testing can be performed to evaluate the potential for harm to the patient. These tests can evaluate factors such as cytotoxicity, immunogenicity, and genotoxicity. (Hu et al., 2015)

These approaches can be integrated into the design and fabrication of nanoparticle-microneedle systems to improve their biocompatibility and safety. For example, biocompatible materials can be selected, and surface modification strategies can be employed during the fabrication process. Additionally, toxicity testing can be performed during the development process to ensure the safety of the system. (Hao et al., 2020)

There are trade-offs between biocompatibility, safety, and performance of nanoparticlemicroneedle systems. For example, the use of biocompatible materials may reduce the toxicity and immunogenicity of the system but may also reduce the mechanical strength and stability of the system. Similarly, surface modification strategies may reduce the toxicity and immunogenicity of the system but may also reduce the efficiency and effectiveness of the system. Therefore, the optimization of these factors requires careful consideration of the tradeoffs between biocompatibility, safety, and performance. (El-Sayed et al., 2020) Overall, the improvement of biocompatibility and safety of nanoparticle-microneedle systems requires a multidisciplinary approach that integrates material selection, surface modification, toxicity testing, and careful consideration of the trade-offs between biocompatibility, safety, and performance. (Hao et al., 2021)

## **Chapter 7**

## **Conclusion and Future Directions**

## 7.1 Summary of the thesis

This thesis has explored the use of nanoparticle-microneedle systems for biomedical applications, specifically drug delivery and diagnostics. The main findings and contributions of this research include the following:

- Nanoparticle-microneedle systems have shown great potential for improving drug delivery by enhancing drug absorption, reducing toxicity, and providing sustained release. (Abd-El-Azim, Heba M et al., 2022)
- Nanoparticle-microneedle systems have several applications in diagnostics, including the detection of biomarkers, pathogens, and genetic mutations. These systems offer several advantages over conventional diagnostic techniques, including improved sensitivity, specificity, and accuracy. (Alimardani et al., 2021)
- The biocompatibility and safety of nanoparticle-microneedle systems are crucial for their safe and effective use in biomedical applications. The key biocompatibility considerations include material composition, size, shape, surface chemistry, and degradation properties. (Z. Liang et al., 2018)

These findings contribute to the current state of knowledge in this field by highlighting the potential of nanoparticle-microneedle systems for improving drug delivery and diagnostics. Additionally, this research has identified the key biocompatibility considerations that must be carefully evaluated and optimized to ensure the safety and efficacy of these systems.

The key takeaways from this thesis are as follows:

- Nanoparticle-microneedle systems have the potential to improve drug delivery and diagnostics in various biomedical applications.
- The biocompatibility and safety of these systems must be carefully considered and optimized to ensure their safe and effective use in patients.

• The optimization of nanoparticle-microneedle systems requires a multidisciplinary approach that integrates material selection, surface modification, toxicity testing, and careful consideration of the trade-offs between biocompatibility, safety, and performance.

Overall, this thesis has highlighted the potential of nanoparticle-microneedle systems for improving drug delivery and diagnostics and has identified the key biocompatibility considerations that must be addressed to ensure their safe and effective use in patients. The continued research and development of these systems can lead to the development of highly sensitive and specific diagnostic tests and novel drug delivery methods for improving the treatment and diagnosis of various diseases.

#### 7.2 Key Findings and Contributions

The key findings and contributions of this research are as follows:

- Nanoparticle-microneedle systems have the potential to improve drug delivery by enhancing drug absorption, reducing toxicity, and providing sustained release. (Cao et al., 2022)
- Nanoparticle-microneedle systems have several applications in diagnostics, including the detection of biomarkers, pathogens, and genetic mutations. These systems offer several advantages over conventional diagnostic techniques, including improved sensitivity, specificity, and accuracy. (Bernelin-Cottet et al., 2019)
- The biocompatibility and safety of nanoparticle-microneedle systems are crucial for their safe and effective use in biomedical applications. The key biocompatibility considerations include material composition, size, shape, surface chemistry, and degradation properties. (Moothanchery et al., 2017)

These findings advance our understanding of nanoparticle-microneedle systems by providing insights into their potential applications, limitations, and challenges. The research has identified the key factors that can influence the biocompatibility and safety of these systems and has provided strategies for optimizing these factors.

The potential applications and implications of this research are significant. Nanoparticlemicroneedle systems can be used for drug delivery and diagnostics in various biomedical applications, including cancer treatment, vaccination, and infectious disease diagnosis. The development of safe and effective nanoparticle-microneedle systems can lead to improved patient outcomes, reduced healthcare costs, and increased accessibility to healthcare services.

Additionally, the findings of this research have implications for the development of other nanotechnology-based systems for biomedical applications. The biocompatibility and safety considerations identified in this research can be applied to the development of other nanotechnology-based systems, such as nanorobots, nano sensors, and nanoparticles, for biomedical applications.

In summary, the key findings and contributions of this research have advanced our understanding of nanoparticle-microneedle systems and their potential applications in drug delivery and diagnostics. The optimization of these systems can lead to improved patient outcomes and increased accessibility to healthcare services.

#### 7.3 Future Directions and Opportunities for Research

The research on nanoparticle-microneedle systems has provided valuable insights into their potential applications in drug delivery and diagnostics. However, there are still several opportunities for future research in this area.

- Optimization of biocompatibility and safety: Future research can focus on optimizing the biocompatibility and safety of nanoparticle-microneedle systems. This can include the development of new materials, surface modification strategies, and toxicity testing methods. (Anne et al., 2017)
- Exploration of new applications: Future research can explore new applications of nanoparticle-microneedle systems in other areas of medicine and healthcare. For example, these systems can be used for the delivery of vaccines and immunotherapies, as well as for the treatment of skin diseases and wound healing. (Wang et al., 2023)
- Development of new diagnostic techniques: Future research can focus on the development of new diagnostic techniques based on nanoparticle-microneedle systems. These systems can be used for the detection of various biomarkers and diseases, including cancer, infectious diseases, and autoimmune disorders. (Hu, Zhang, et al., 2021)

• Integration with other technologies: Future research can explore the integration of nanoparticle-microneedle systems with other technologies, such as microfluidics, biosensors, and imaging techniques. This can lead to the development of more advanced and sophisticated diagnostic and therapeutic systems. (Karim et al., 2022)

To expand and improve upon this research, future studies can focus on the development of more advanced and sophisticated nanoparticle-microneedle systems. These systems can be optimized for specific applications and can be designed to address the limitations and challenges of current systems. Additionally, future research can focus on the translation of these systems from the laboratory to clinical settings, including the development of scalable manufacturing processes and regulatory approval. (Karim et al., 2022)

The potential applications of nanoparticle-microneedle systems in other areas of medicine and healthcare are vast. These systems can be used for the treatment and diagnosis of various diseases, as well as for the delivery of vaccines and immunotherapies. Additionally, these systems can be used for cosmetic applications, such as skin rejuvenation and hair regeneration. (Boone et al., 2020)

In summary, the opportunities for future research in nanoparticle-microneedle systems are vast. The optimization of biocompatibility and safety, exploration of new applications, development of new diagnostic techniques, and integration with other technologies can lead to the development of more advanced and sophisticated systems with significant potential for improving medicine and healthcare. (Bauleth-Ramos et al., 2023)

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