

cvnwwo wgWqv I bviX: ev eZv Ges AvZvbgvY

kwn`v Bmjvg †Lv`Kvi I Avbgbv cq`kbX

RjvB 2011

Working Paper No. 04

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RjvB 2011

Published by:

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Website: www.bracdevelopmentinstitute.org

ISSN: 2223-0114

BDI publishes research reports, books, monographs, working papers and research briefs in English and Bangla.

Printed by BRAC Printers at Tongi, Gazipur, Bangladesh.

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BDI - BRAC Development Institute

DFID - Department for International Development

FGD - Focus Group Discussion

BRAC - Bangladesh Rural Advancement Committee

R‡K - Rg Bm‡_‡U · K‡D‡Ýj

NORAD - Norwegian Agency for Development Cooperation

gLeÜ

GB cWZte`bWU e`vK tWtfjc†g>U BbW÷WUD†Ui Ôcv_I†qR Ae DB†gÝ GáúvIqvi†g>U M†eLYv KvµgÔ KZK W†m†i, 2009 †_†K RjvB, 2010 chš cWiPwjZ ‘cvnWio WgWqv I bviXÔ kxIK M†eLYvi Ici wfWË K†i †jLv| cv_I†qR Ae DB†gÝ GáúvIqvi†g>U M†eLYv Kvµg GKWU AvšRwZK M†eLYv Kb†mvWUqv†gi Ask, hv h³ iv†R”i Dbqb mn†hWvMZv Znwe j WGDvBvW”Ôi AvW_K mnvqZvq we†ki cvPwU AÂ†j m†úb n†”Q| AÂj,†jv n†”Q `W¶Y Gkqv, ga”cvP”, cWđg AvvdKv, `W¶Y Av†gWiKv I h³ ivR”|

ÔcvnWio WgWqv I bviXÔ M†eLYvi gj M†eIK wdi†`šm AvRxg, Avbgbv wq`wkbx gvVchv†q M†eLYvU cWiPvjbv K†i†Qb| M†eLYvi wefb chv†q mv¶vrKvi MnY K†i†Qb Gj PvkGv I Rm⁻x PvkGv| GB M†eLYvU †bviW Z_v biI†qWRqv G†RÝ di tWtfjc†g>U †Kv-Acv†ik†bi AvW_K mnvqZvq m†úb n†q†Q| thme cvnWio bviX GB M†eLYvq AskMnY K†i†Qb, AKc†U Z_” w`†q†Qb Ges N†i Zv†`i m†½ e†m Avgv†`i Wwf †`LvI AbgWZ w`†q†Qb, Zv†`i I Zv†`i cWiev†ii cWZ Avgiv KZÁ | ab`ev` RvbvB wefb cWiPvjK, wkíx, WgWqv e”³Z Ges m`v†UjvBU K`vej †bUIqvK I WmW e`emvqx†`i| M†eLYvi wefb chv†q Zviv Z\_” w`†q Avgv†`i mnvqZv K†i†Qb|

მე მსტყე

GB მთელიYvi მPbv nq cv_IჟqR Ae DBჟგÝ GჟúvIqviჟg>U cჟiPჟjZ ÔჟgჟWqv I
bvixÔ kxIK MჟელიYv ჟ_ჟK| GB MჟელიYvi გj jჟ" ჟQj cveZ" PÆMჟგ emevmKvix
cvnჟო RbჟMvôxi bviჟ`i მჟ½ გjaviვი ჟgჟWqv i მჟúK ჟKgb Zv ჟეჟkIY Kiv;
ჟmLvჟb Ⴀvbჟqfvჟე ჟh ჟgჟWqv Mჟo DჟVჟQ, Zv Kxჟvჟე cvnჟო bvixi cჟZ"Qჟე ჟbgvY
Kჟi Ges bvixiვ ჟbჟRiv Kxჟvჟე GB ჟgჟWqvჟK ჟეჟkIY Kჟi, Zv ჟ`Lv| GB jჟ"
ჟbaviჟYi GKUv KviY, GB cvnჟო RbჟMvôx Ggb GK msNlგq ჟჟჟჟ evm Kჟi,
ჟhLvჟb Zvჟ`i Av_mvgჟRK-ivRჟbZK Rჟeb me mgq ivჟó i ჟეჟfb cჟZôvჟbi
chჟეჟY I ჟbqšჟY_vჟK|

G MჟელიYvq ჟ`Lv ჟMჟQ, cvnჟო bvixiვ ჟbჟRჟ`i AvაჟbK cჟiჟPჟZi Rb" გjaviვი
mჟvჟUjvBU ჟKej Pჟvჟbჟj AvაჟbK DbZ chჟ³ eჟenvi Kჟi ჟbჟgZ Abôvb ჟhgb
ჟ`LჟQb, ჟZგჟb ჟbჟRჟ`i HჟZn" I msႠZჟK აჟi ivLv i Rb" Ⴀvbჟqfvჟე Mჟo I Vv
ჟgჟWqv i მჟ½ ჟbჟRჟ`i mჟμqfvჟე h³ KiჟQb| AჟbK ჟჟჟჟ Ⴀvbჟq ჟgჟWqv cvnჟო
bvixi Rb" Lჟj ჟ`ჟჟQ მჟvebvi bZb `ჟivRv|

fᵛgKᵛ

GB Aᵗk Aᵛgᵛ AᵛᵗjᵛPbᵛ Kie ᵗKb Ges Kᵗfᵛᵗe GB MᵗeIYᵛi mîcᵛZ nᵗjᵛ,
MᵗeIYᵛi gᵗ cᵗ,ᵗjᵛ Kᵗ ᵛQᵗ Ges cᵛeZ" PÆMᵛᵗgi iᵛRᵗᵇᵛZK cUfᵛg mᵗúᵗK|

1.1 MᵗeIYᵛi ᵛelqē

bᵛixi Rᵗeᵗb ᵛgᵛWqᵛi fᵛgKᵛ Kᵗ Ges Kᵗfᵛᵗe evsjᵛᵗ`ᵗki kni-Dcknᵗii bᵛixiv
ᵗUᵛjᵛfkᵗb DcᵗᵛcZ I cᵛiᵗeᵗkZ ᵛelᵗqi mᵗ½ ᵛbᵗRᵗ`i h³ Kᵗib, Zᵛ ᵗeᵛSᵛi
Rb" Ôbᵛix I ᵛgᵛWqᵛô kᵗIK GKᵛU MᵗeIYᵛ cᵛiPᵛjbᵛ Kiv nᵗqᵛQᵗ| MᵗeIYᵛi Kᵛj
ᵛQᵗ 2008 mᵛᵗji RᵗvB ᵗᵗK 2009-Gi gᵛP chš| MᵗeIYᵛ Kivi mgq ᵗ`Lv
ᵗMᵗQ, gᵛᵇKMᵗÄi msLᵗvjN RbᵗMᵛôxi bᵛixiv evsjᵛᵗ`ᵗk ᵛgᵛWqᵛ Aᵗᵛᵗ ᵗUᵛjᵛfkᵗb
cPᵛiZ ᵛeᵛfb Pᵗᵛᵗbᵗji Abôᵛᵗbi mᵗ½ GKᵛZᵗZᵛ cKᵛk KiᵗZ cᵛᵗib bᵛ| Gi
GKᵛU cavb KᵛiY evsjᵛᵗ`ᵗk Pᵗᵛᵗbᵗj,ᵗjᵛᵗZ evsjᵛᵗ`ᵗk emevmiZ ᵛn>`ᵗ`i Rᵗeᵗbi
cᵛZ"Qᵛe aiv cᵗo bᵛ| GB Dcᵗjᵗä Aᵛgᵛᵗ`i gᵗb AᵛᵗiKᵛU cᵗki Rbᵗ ᵗ`qñ
evsjᵛᵗ`ᵗki Acivci msLᵗvjN bᵛixi mᵗ½ ᵛgᵛWqᵛi mᵗúK Zᵛnᵗj ᵗKgb?

evsjᵛᵗ`ᵗki Abᵗᵛᵇ" msLᵗvjN RbᵗMᵛôxi gᵗa" cᵛeZ" PÆMᵛᵗgi cᵛnᵛio RbMY cᵛiš
K RbᵗMᵛôx| Gᵗ`i mᵛgᵛRK-mᵛsᵗᵛZK KᵛVᵛᵗgᵛ msLᵗᵛMᵛiô evOᵛj msᵗᵛZ ᵗᵗK
ᵛfb| evOᵛj I cᵛnᵛioñ GB `B RbᵗMᵛôxi gᵗa" iᵛRᵗᵇᵛZK Uᵛbᵛᵗcᵛᵗob I ᵗᵗgZᵛi
fᵛimᵛgᵗᵛxbZᵛ iᵗqᵗQ| Zᵛi Ici cᵛnᵛio RbᵗMᵛôx GKᵛUv msNᵛZgq RᵛqMᵛq evm
Kᵗib| Zᵛᵗ`i Aᵛ_mᵛgᵛRK-iᵛRᵗᵇᵛZK Rᵗeb me mgq iᵛᵗói ᵛeᵛfb cᵛZôᵛᵗbi
chᵗeᵗY I ᵛbqšᵗY ᵗᵛᵗK| Gi" c ᵗcᵗᵗᵛcᵗU gᵗavivi ᵗUᵛjᵛfkᵗb cPᵛiZ
evsjᵛᵗ`ᵗk, fᵛiZxq I cᵗðgᵛ Pᵗᵛᵗbᵗji Abôᵛᵇ,ᵗjᵛ cᵛnᵛio bᵛixi Rᵗeᵗb Kᵗ Aᵗ
enb Kᵗi, Zᵛ ᵗeᵛSᵛi Rb" AᵛᵗiKᵛU bZb MᵗeIYᵛ cᵛiPᵛjbᵛi cᵛiKíᵇv Kiv nq|

cᵛkᵛcᵛk ᵛeᵛfb Zᵗᵗmᵗî ᵗ`Lv ᵗMᵗQ, cᵛeZ" AÂᵗji ᵛKQ cᵛnᵛio RbᵗMᵛôx
ᵛbᵗRᵗ`i mᵛsᵗᵛZK KgKᵛÊ ᵛmᵛW AᵛKᵛᵗi ᵗei KiᵗQb| G iKg GK cᵛiᵗᵗᵗZᵗZ
cᵛnᵛio bᵛixi Rᵗeᵗb gᵗavivi ᵛgᵛWqᵛ I Zᵛᵗ`i ᵗᵛbxq ᵛgᵛWqᵛi fᵛgKᵛ Kᵗ, cᵛnᵛio
bᵛix GB me ᵛgᵛWqᵛi mᵗ½ KZUᵛ GKᵛZᵗZᵛ ᵗeva Kᵗib cᵗᵗZ ᵛRÁᵛmᵛB Ôcᵛnᵛio
ᵛgᵛWqᵛ I bᵛixô kᵗIK MᵗeIYᵛUᵗK cᵛiPᵛjbᵛ KᵗiᵗQ|

1.2 M#eIYi gj ck

- tKvb mvgvRK-ivR%bWZK tcvvcU cvnwo wgwQv (bvUK, wmbgv, bvP, Mv#bi wmwW, wfwmW) Mto D#V#Q Ges Kx ai#bi e³e" I cWZ"Qwe (B#gR) G#Z cPwiZ n#Q?
- cvnwo wgwQv#Z cPwiZ e³e" I cWZ"Qwe#K cvnwo bvixiv Kxfv#e we#kIY K#ib? Kxfv#e GwU Zv#`i gj#teva Ges mEvi/mEvi aviYv#K Mto Zj#Q?
- GB wgwQv wK bvix#`i Rxe#b bZb tKv#bv m#vebvqg c#imi m#o K#i#Q, bvWk bvixi Rxe#b weivRgvb mxgve#Zv, #jv#K Avi I k³kjx Ki#Q?

1.3 ivR%bWZK cUfig I R#§ RvZxqZvev`

cveZ" P#Mv#gi Aw`evmx cvnwo Rb#Mv#xi cwi#KZv bZb ev m#acWZK tKv#bv weIq bq| 1666 mv#j tgvMj mvgvR" P#Mvg chš weZ nq| ZLb t#K GB A#jji RvWZ#Mv#xi ivR%bWZK vaxbZv #Y n#Z v#K| cieZxKv#j weWk kvmb cWZ#Z nIqvi ci weWk kvm#Kiv cveZ" P#Mv#gi wefb RvWZ#K mgZ#ji evOvj#`i KvQ t#K we"Qb K#i iv#L| Gi D#ik" wQj fvi#Zi RvZxqZvev`x Av#`vjb t#K Gme RvWZ#Mv#xi K`#i ivLv Ges G A#jji ebv#jji Ici kvmK#Mv#xi GKK AwacZ" cWZ#v Kiv<sup>1</sup>| cWvKvb kvmbvqj I tMv#x, #jvi GB Aa#bZv eRvq wQj| Gi Povš cKvk N#U KvBvB #jK #Zwii ga" w`#q| 1962 mv#j #j#Ki KvR tk#l t`Lv tMj, 54 nvRvi GK i Rwg cWbi w#P P#j tM#Q Ges t`o jvL Aw`evmx Rb#Mv#xi ev#niv n#q c#o#Q<sup>2</sup>| ivRbWZ#Zi cvnwo Rb#Mv#xi K cwi#K K#i ivLv nq| GKw`K cWvKv#bi kvmK#Mv#xi cWvKv#b emevmiz mgM Rbmavi#Yi Ici cWvKvb RvWZmEvi teva Av#ivc Ki#Z PvBZ, Abw`#K evOvj Zvi evsjv fvIv I ms`WZ#K Aeja#b K#i evOvj RvZxqZvev#`i D#šI NUv#Z m#Pó wQj| Dfq c#B w#R#`i RvZxqZvev`x teva#K cWZ#v Ki#Z wWq eRb K#i#Q cveZ" A#jji Rbmavi#Yi HwZn", ms`WZ I mgvR³|

¹ Mohsin, Amana (2002)

² wj DB#gY tdWw#ikb (2001)

³ Mohsin, Amana (2002)

evsjv`k vaxb nlqvi cil eR#bi GB aviv Ae`vnZ _v#K| ivR%bWZK wk#ei
 ÔevOw j eavg evsjv`kô weZK hZB Z#½ DVK, me mgq Zv cvnwio Rb#Mvôxmn
 me msL`vjN Rb#Mvôxi K#ó, ms`WZ I AvZ#cwiPq#K Gi evB#i ti#L#Q|
 GKw`#K evOw j RvZxqZvev` evsjv`#ki Acivci RvZmËv#K D#c¶v K#i Ges
 GK fvIv, GK ms`WZi K\_v e#j evOw j RvZmËvi aYRv enb K#i#Q, Ab`w`#K
 evsjv`k RvZxqZvev` evsjv`#k emevmiZ wfb a#gi gvb#li agxq ms`WZ I
 cwiwPwZ#K tnq K#i#Q; Bmjvg ag#K cWR K#i evsjv`#ki gmjgvg Rb#Mvôxi
 mváú`wqK cwiP#qi cZvKv D#o#q#Q⁴| d#j iv#ói evOvjxKiY ev BmjvgxKiY
 hv-B NUK bv #Kb, Dfq #¶#ÎB agxq I RvZZwËK msL`vjN Rb#Mvôxi cwiPq
 I ms`WZi Rb` #Kv#bv RvqMv ivLv nqwb| d#j cvnwio Rb#Mvôxi cvkvcwk
 Acivci msL`vjN máú`v#qi gvb| w#R#`i me mgq gjavivi RvZxqZvev`x teva
 I ivRb#Zi evB#i Av#e@vi K#i#Q|

Gi A_ GB bq th, Gme msL`vjN Rb#Mvôxi g#a` RvZxqZvev`x tev#ai Abcw`WZ
 WQj| RvZxqZvev` w#RiB AwacwZkxj Rb#Mvôxi cwZ c¶cvZ i#q#Q, hv Aaxb`
 #Mvôx, #jv#K wew`Qb I eRb Kivi ga` w`#q bZb RvZxqZvev`x tev#ai D#š§I
 NUvq (fgvnmxb, 2002)| `xNw`#bi eÂbv, wbcxob, vbP`WZ, evOw j emwZ vcb
 weKvkgvb cvnwio ga`weË #kYxi g#a` th #¶vf I Am#šv#li mÂvi NwU#q#Q|
 cieZxKv#j GB #¶vf cveZ` Av`evmx Rb#Mvôxi g#a` R#§ RvZxqZvev`i D#š§I
 NUvq⁵| GB R#§ RvZxqZvev` cveZ` AÂ#j emevmiZ #Z#iWU Rb#Mvôx#K GKWU
 mvaviY cvUvZ#b `vo Kiv#Z Pvq|

msL`vMviô evOw j Rb#Mvôxi RvZxqZvev`x tev#ai wecix#Z R#§ RvZxqZvev`
 GKWU Reve wntm#e KvR Ki#Z #P#q#Q| G Kvi#Y ia ivR%bWZK A½#b mxgve×
 bv #_#K GwU evOw j ms`WZi wecix#Z cvnwio #Mvôxmg#ni HwZn`, ms`WZ#K Z#j
 aivi ZwM` teva K#i Ges ÔR#ô ms`WZ#K Av`j #`Iqvi #Póv K#i| WKš GB
 RvZxqZvev`I mgm`v i#q #M#Q, Zv n#jv msL`vjNi cwZ eÂbv Kivi ceYZv|
 ZvB Acivci RvZxqZvev`i g#Zv G RvZxqZvev`I M#o I#V cvwšK Rb#Mvôx#K
 eRb K#i A#c¶vKZ m#eavcvß Rb#Mvôx A_vr PvKgv#`i w#q| d#j
 mvgwMKfv#e GwU cvnwio Rb#Mvôxi cwZw#aZ Ki#Z e`nq, Av#e`b nvivq
 Av`evmx cvnwio mac`v#qi Kv#Q (fgvnmwb, c#ev³)| ZvB me cvnwio Rb#Mvôx

⁴ Mohsin, Amena (2002)

⁵ Dewan, Aditya Kumar (1990), Bertocci, Peter j. (1984)

bq, eis PvkGv wkŕZ gaëE tkYB, Zv`i wKtoi Ašlvq nwiťq hvlvq
Rıgqv RxbťK bZb iťc Zťj AvbťZ _vťK Mvťb, KweZvq, wkíKťg⁶ |

mvs[—]WK A½ťbi GB Avť>`vjbŕUi mť½ cvnŕo bvixi mǎúK wK, Zviv GťK
Kxfvťe ř`LťQb, Zv ř`Lvı řPóv iťqťQ GB MťeIYvq| Zťe MťeIYvq mKj
mvs[—]WK KgKvÊťK RvqMv ř`lvq nqŕb| GB MťeIYvı Dťĭk" nťjv thme cvnŕo
bvUK, wmťbgv, řUŕjŕdjť ŕmŕW AvKvťi řei nť"Q, Zvı mť½ cvnŕo bvixi mǎúK
weťkIY Kiv|

MťeIYvq gjZ PvkGv řvlvq ŕbŕgZ bvUK, řUŕjŕdjť BZ"ŕ` weťkIY Kiv nťjı
Avgiv GB MťeIYvťK cvnŕo ŕgŕWqv ejŕQ| KvıY, gvM MťeIYvq Avgiv PvkGv
Qvovı Ab"vb" RbťMvôxi wkíxť`i (thgbŕ ŕĭciv, gıgv BZ"ŕ`) mvŕŕvrKvı
ŕbťqŕQ Ges AťbK řŕťĭ Zvť`i mť½ eťm ŕUŕf ř`ťLŕQ|

⁶ ŕĭciv, ckıš (2000)

2. MteIYv c×WZ

GB MteIYvq Kviv AskMnY KtiQtb, Zv`i wbtq Ges MteIYvi Rb` Z` msMtn e`enZ c×WZ wbtq| GB MteIYvi WKQ mxgve×ZvI WPýZ Kiv ntqQ G As+k|

2.1 MteIYvq AskMnYKvix bvix

2009 mvþji WWmþi t_K 2010-Gi tde`qwi chš GB MteIYvi gVKg Kiv ntqQ| MteIYvi Rb` LvMovQo I ivOvgwU AÂj evQvB Kiv nq| KvY, G `B tRjvqB cvnwio bvUK, tUwjwdjþ`Zwi ntqQ| MteIYv Kiv ntqQ G `wU tRjvi PvKg bvixi gþa`|

MteIYvi Z`vZviv WZbU K`vUvMwiZ wef³ Qtjb|

- gWqv e`<sup>3</sup>Z, thLvþb wefb RbþMvôxi bvix-ci`I AvþQb|
- cvnwio gWqi `kK: hviv cvnwio gWqv I Ab`vb` Abôvb wbgZfvþe t`LþQb|
- K`vej I mw e`emvqx: hviv mwWi t`vKvb AvþQ I hviv Wþki e`emvi mþ½ h³|

Gi GKwU QK wbtP t`Iqv ntjv:

GjvKv	`kK	mw/ Wk e`emvqx	gWqv e` ³ Z					tgvU
			MvqK	bZ`wkix	d`vkb	cwiPvjK	Awfbq/ cwiPvjK	
LvMovQo	bvix	42	4	1				47
	ci`I	10	2			2		14
ivOvgwU	bvix	50			1		5	56
	ci`I	16	2				5	23
								140

wefb tcvvcU Av`evmx bvixi (PvKgv) Ici wgwQvi cfve tevSvi Rb`
 MteIYvq 15 t_K 45 eQi eqm 103 Rb bvix wbevPb Kiv nqQ| Zv`i
 tckv, ^eevwnK Ae⁻v, eqm, wkVvMZ thvM`Zv wfb| gjZ ga`weE tkYxi bvix
 wbevPb Kiv nqQ, hv`i gta` wgwQv e`w<sup>3</sup>Z, MwnYx, PvKwiRxx, QvI` I
 MnkigK wQjbj| Gme bvixi cvq 61 kZvsk weevwnZ| 59 kZvsk bvix
 D`PwkVZ| AwaKvsk bvix Z`vZvi eqm 25 t_K 34 eQi| Aí eqmx bvix`i
 wbevPb Kivi KviY, eqmMvôx wn+mte Zviv wkVv A_ev tckvMZ KviY cveWjK
 cWimti metPq tewk AvmtQb Ges Zviv evOwj I cvnwo ms`Zi UvbvtcvtoB
 itqQb|

wbP Z`vZv bvix`i tkYx, eqm, ^eevwnK Ae⁻v, wkVv I tckv Zj aiv n+jv:

bvix Z`vZv : 103		
tkYxKiY	nvi	
tkYx	wbg AvqMvôx	6.79%
	ga`weE	65.04%
	D`PweE	28.15%
eqm	15-24 eqm	37.86%
	25-34 eqm	38.38%
	35-44 eqm	23.30%
^eevwnK Ae ⁻ v	AweevwnZ	38.83%
	weevwnZ	61.16%
wkVv	cv_wgK	13.59%
	gva`wgK	27.18%
	D`P gva`wgK I Zvi Ici	59.22%
tckv	kgRxx	1.94%
	KgRxx	31.06%
	MwnYx	33.98%
	e`emvqx	1.94%
	QvI	31.06%

bvix`i cvkvck wgwQv e`w³Z I `kK wn+mte 37 Rb ci`I wQjbj| bvix-
 ci`Imn tgvU Z`vZv wQjbj 140 Rb Ges G+`i gta` 63 kZvskB ga`weE
 tkYxi cwiPq enb Ktib Ges 67 kZvsk D`PwkVZ| wgwQv e`w³Z wQjbj 18
 Rb| bvix 11 Ges ci`I 7 Rb|

2.2 MteIYvq e'en/Z c×Z

Wbeo mv¶vrKvi

MteIYvq Z_ msM#ni GKU cavb c×Z ¶Qj Wbeo mv¶vrKvi MnY| GB
MteIYvq gjZ 18 Rb WgWqv e"³Zi Wbeo mv¶vrKvi tbiqv nq†Q| cvkvcwk
4 Rb Wk I WmW e'emvxi I mv¶vrKvi tbiqv nq†Q|

AvÇv t`lqv

mv¶vrKvi tbiqv m#hvM_vK†j I Gi GKU mgm"v ¶Qj | WbevPZ e"³ ZLb Le
mZK nq Z_ t`b| A†bK Z_ Gto†q hvb| GB mgm"v tgvKwejv Kiv nq†Q
Z_`vZv†`i m†½ AvÇv W`†q| AvÇvi mgq tiKWvi e'envi Kiv nq|b| c†iv
AvÇvi mgqU ¶Qj Le AcvZôwbK| d†j e³viv gb L†j K_v e†j†Qb| MteIK
c†i tmB Av†jvPbv t_†K c†qvRbxq Z_ Wj†L ti†L†Qb|

`jxq Av†jvPbv

MteIYvq Z_ msM#ni Rb" `jxq Av†jvPbv Kiv nq†Q| 5-6 R†bi GKU `j
t_†K 5U `jxq Av†jvPbv gva"†g Z_ MnxZ nq†Q|

WUwf t`Lv

MteIYvi GKU c×Z ¶Qj Z_`vZv†`i m†½ e†m WUwf t`Lv| bvixiv KLB
WUwf/fWmW t`L†Q, Kv†`i m†½ e†m t`L†Q, WUwf/fWmW t`L†Z W†q tKvb tKvb
W††qi m†½ Zv†`i tevSvcoV Ki†Z n"Q Ges ZLb Zv†`i Awe"³ tKgb
v†KÑ Gme Rbvi Rb" MteIKI Z`vZv†`i m†½ e†m WUwf t`L†Qb| GKU
Q†K Zv t†jLv nq†Q|

Mn~wj mv¶vrKvi

bvixiv GKv WUwf t`Lb bv, N†ii Ab"vb" m`m" (ci"l), GgbK KL†bv cWZ†ekxi
m†½ e†m Zviv WUwf t`Lb| GKU mvgW MK W† hv†Z Z†j aiv hvq, tmRb"
Mn~wj mv¶vrKvi tbiqv nq†Q|

bvUK I tUwj d j e k l Y

cvnwio wgwWqv A_vr bvUK I tUwj d j i wmwW, j v Z tKgb Mí c i t e k Z n t Q, ev Z v Z I B R b M v ô x i t K v b a i t b i c w Z Q e Z j a i v n t Q, Z v t e v S v i R b b q w U P v K g v f v l v q w b w g Z Q e t L v n t q t Q m x w g Z c h v t q t L v n t q t Q b v P - M v t b i w m w I l G m e b v U K, t U w j d j t k Y x I b v i x - c i t l i m v g w R K m a u K, t c v k v K, m v R m 3 4 v f v t j v / L v i v c b v i x - c i l c f w Z w e l q K x f v t e D c w c Z n t q t Q, Z v w e t k l Y K i v n t q t Q l

2.3 M t e l Y m x g v e x Z v

- g j a v i t h m e w g w W q v e w 3 Z c v n w i o R b t M v ô x w b t q Z _ w P l ^ Z w i K i t Q b, G B M t e l Y v q Z v t i m t 1 2 K _ v e j v n q w b l d j c v n w i o w g w W q v w e l t q G m e w g w W q v e w 3 t Z i w o f w 1 2 K x, Z v G M t e l Y v q e v c t o t M t Q l
- G M t e l Y w U g j Z P v K g v g a w e E t k Y x t K l d j A b t k Y x, t j v i w e t k l Y l g Z v g Z G L v t b t m f v t e D t V A v t m w b l

D c h 3 w e l q, t j v i m s t h v R b w b t m t n G M t e l Y v q A v i l w f b g v i v t h v M K i t Z c v i Z l

3. cɪnɪwɔ wɔgWqɪq bɪxɪ cɪZ"Qwe wbgvY I cɪiʔekbɪ

cɪnɪwɔ wɔwW,ʔjv mvgwRK mvs"ZK gj"tevaʔK Zʔj aɪvɪ gva"tg Kxfvʔe cɪnɪwɔ
bɪxɪ ʔbɪxmj fʔ mĚv I cɪiPwZi GKwU wɔb"ó aibʔK Av`j ʔ`q, Zv ʔ`Lvi ʔPón
Kiv nʔqʔQ G Asʔk| GB cɪμqWU ʔevSvi Rb" cɪnɪwɔ bɪP-Mvʔbi wɛlqē Ges
bɪUK I wɔmʔbgvi wɔwW,ʔjvʔZ cɪnɪwɔ bɪx-cɪ"ʔli mvgwRK mʔúK, ʔhšbZv,
ʔivgY, Nʔi-evBʔi bɪxɪ Dc"Zi aib cfwZʔK Kxfvʔe Zʔj aɪv nq, Zv
wɛʔkɪY Kiv nʔqʔQ|

Av"evmɪ cɪnɪwɔ wɔgWqɪ e"³Z I `kKʔ`i gʔZ cɪnɪwɔ bɪP-Mvb, bɪUK I
wɔmʔbgvi `wU aɪv iʔqʔQ| GKwU nʔjv AvawbK, Ab"U HwZn"evnɪ| wɔbʔP G,ʔjv
wɛʔkɪY Kiv nʔjv|

3.1 Mvb

cɪnɪwɔ Mvb, wɛʔkɪZ PɪKgv Mvʔbi G `wU aɪv "úó| HwZn"evnɪ aɪvbmʔi ʔa
Mvʔbi fvlvB PɪKgv ev Ab" cɪnɪwɔ fvlvq nq bv, Mvʔbi wɛlqē I mɪl nʔq_vʔK
cɪnɪwɔ| wɛʔcɪv (2000) `wU Mvʔbi wKQ PɪY :

1. ʔI ʔnvB ʔnvB ʔnvB ʔnvB RgZ ʔhes
Rgɔ ʔhʔb MBP"v mʔ`v Zwjes
MBP"v mʔ`v wɛwRʔbB U"vOv Kvʔges|ʔ

Abev`:

ʔIʔn Avgiv mevB wɔgʔj Rg ʔʔʔZ hve
RgʔʔʔZ wMʔq Kvcm Zje
Kvcm ʔeʔP UvKv Kvge|ʔ

2. ʔRʔwe, Kgʔj nww`ʔe g avMZ|ʔ

Abev`:

ʔRʔwe (cɪnɪwɔ ʔgʔq), Zwg KLB Avgvi cvʔk nvUʔe|ʔ

Gme Mvb HwZn"Fx| gjZ RgPvI, cvnvo, R½j, RgPvIiZ bvix Ges bvix†`i
HwZn"evnx `wqZ†K †K>` K†i Gme Mvb iWpZ nq| fv†jvevmvi MíI †mLv†b
_v†K wKš ZvI wb†R†`i HwZn" enb K†i|

Z†e ïa bi-bvixi cm½ bq, †`†ki cWZ, wb†R†`i ms¯WZ I Kóí cWZ
fv†jvevmvI d†U I†V Gme Mv†b| Ggb GKwU Mvb :

ÔAvgvn †`"Qvb GaK †`vj
wbZ" nWwS g
weR A³ZZ †KwMj `MiY
KD,KD, KD|Ô

Abev` :

ÔAvgv†`i †`k G†Zv m>`i
weSi mgq †KwKj Wv†K Kû Kû|Ô

G ai†bi HwZn"evnx cvnwio Mv†bi fvIv, welqe¯i cvkvchwK GLv†b cvnwio miI
e"envi Kiv nq cvnwio ev`hš ewk, †Xvj, ``K, †ns-†iis†qi gva"†g| †Kv_vI
†Kv_vI wK-†ev†Wi Dcw¯WZ †Pv†L c†o| wKš Mvb, †jv nq gjZ cvnwio miwbfi|
Gme Mv†bi weciXZ GKwU aviv †Pv†L c†o| Zv†Z evsjv Mvb I m†ii cfve ¯úó|
cvnwio Rb†Mvôx GwU†K ÔAvawbKÔ aviv e†j| ÔAvawbKÔ avivq ïa Mv†bi fvIvB
cvnwio fvIv| welqe¯, mi, ev`hš†i e"envi mewKQ†Z evOwvj avivi Av`j| G
avivi GKwU Mvb :

ÔAvgvi Pviw`†Ki djevMv†b e†m wQjvg `R†b
evi evi ¯†c †`wL †Zvgv†i ...
Zwg Avgvi n†e
GKv†š cve †Zvgv†i Avcb K†i|Ô

GB MvbwU†Z †Kv_vI †hgb cvnwio Rxe†bi cwIpq †bB, †Zgwb c†iv MvbB
A†bK, †jv †Pbv evsjv Mv†bi m†ii Ici fi K†i ^Zwi| me AvawbK MvbB †h
evsjv Mv†bi wiwg · ev evsjv m†ii bKj, Zv bq| Gme Mv†b e"en†Z ev`hš gjZ
wMUvi, Wvg, wK-†evW cfwZ| G, †jv cwđgv ev`hš| AvawbK evsjv Mv†b G, †jvi
Ô¯vfwekÔ e"envi i†q†Q|

3.2 bVP

bv†Pi †¶†† † †U aviv †úó| AvcvZ`wó†Z †a cvnwwo †cvkvK † miÄvg_vK†jB
 Zv†K cvnwwo bvP g†b Kiv nq| †KŠ g`vi †fbZvi Kv†Y Gi g†a` A†bK cv_K`
 _v†K| †KQ †KQ †¶†† cvnwwo bvP†K h_v_ K†i †Zvjvi Rb` bZb ai†bi g`v
 †hvM Kiv nq| G cm†½ GKRb bZ`wkíx Zv†`i Rvbvb, evOwj † †e†`wk†`i
 Av†qwiRZ †ewfb Abôv†b eû evsjv g`v †hvM K†i Avgv†`i bvP†Z nq| A_vr
 †ewfb Abôv†b (mv†c†ZK Kv†j Av†`evmx †g†jv, mvd †Mgm) cvnwwo bv†Pi †KQ
 †KQ g`v ôh_v ô K†i †Zvjvi gva††gB †Kej Zv cwi†ek†bi Qvocî cvq|

cvnwo bv†Pi g`v ôh\_v\_ô K‡i †Zvjvi Rb` miKwii wefb cWZôvb †hgbÑ wkÍKjv
GKv†Wgx Z`viwK Pvjq; temiKwifv‡e Av†qwmRZ wefb Abôv†b cvq evOwj
wk¶KI wb†qvm Kiv nq|

3.3 w m ‡ b g v I † U w j w d j ‡

cvnwio PvKgv bvUK, wm#bgv I tUwj#dj\$, #jvi welqe⁻ we#kIY K#i t`Lv tM#Q
th, bvP I Mv#bi g#Zv GLv#bI HwZn`evnx I AvarbK `wU avivB t`Lv hvqI
HwZn`evnx avivq PvKgv#`i we#fb i#cK_v, agxq Kvwmb A_ev HwZn`evnx Rxeb
Z#j aiv n#q#QI AciwU h_vixwZ ÔAvarbKÔ avivI GLv#b cvnwio cwi#ek, PvKgv
fvlv I K#qKwU `#k` cvnwio ev PvKgv tcvkK-cwi"Q` Qvov mewKQ#Z evOwj
ms⁻wZ I gi`tev#ai Qvc⁻úoI

HwZn`evnx wgwWqfZl `wU aviv| GKwU `ia PvKgv i|cK\_v ev wg\_,tjv†K †K>`
K†i AveiZZ| G iKg GKwU wm†bgv `†jv û†gvi|x| `†jv û†gvi|x gjZ eûj
cPwJZ PvKgv i|cK_v| G ai†bi wg†_i evB†i|l cvnwio Mv†gi mǎú`vqwfûEK
Mí†K †K>` K†i|l HwZn`evnx Ab` GKwU aviv Mto D†V†Q| GKwU D`vniY †`esKx
Ava| Kvjv _vev (A`k` nv†Zi Kv†jv _vev)| G Qwe†Z GKwU PvKgv Mv†gi `wU
†Q†j†g†qi fv†jvevmv †`Lv†bv nq| †Q†jwU kn†i cov†kvbv K†i G†j|l Mv†gi
HwZn`evnx RxebB te†Q †bq| GB `B bi-bvixi fv†jvevmv Mv†gi cfvekvjx †Mvôx
tg†b wb†Z cv†i bv| Zviv mwjm †W†K tg†qwu†K Ab` RvqMvq we†q †`lqvi
wm×vš †bq| tg†qwu AvZ`nZ`v K†i|

Gme Mííi ía Kwnwb ev welqe⁻B HwZn⁻evnx bq, eis c⁺iv Aven ^Zwi Kiv nq GKwU ÔmbvZbÔ cvnwio mgvRe⁻e⁻v I gj⁻teva⁺K tK⁺ K⁺i| i⁻Us nq tKv⁺bv cvnwio Mv⁺g, Sibv-R^{1/2}ji cv⁺k| cv⁺l-cv⁺l⁻x⁺ i ci⁺b⁻ v⁺tK HwZn⁻evnx tcvkvK| bvix⁺ i w⁻cbb-Lw⁻ Avi i⁻cvi Mqbv Ges tQ⁺j⁺ i awZ-dZqv ci⁺Z t⁻Lv hvq| c⁺iv w⁻m⁺bgv ev bvU⁺K w⁻efb⁻ v⁻bxq miÄvg e⁻en|Z nq| thgbÑ gPvi Ni, nvjs, nvqvËs, `vev, ev`j, devk cf⁻z| cvkv⁻wk⁻ v⁺tK HwZn⁻evnx cvnwio msMxZ| G ai⁺bi HwZn⁻evnx MvgY Rxeb I i|cK⁻vi Kwnwbi weci⁺x⁺Z ÔAva⁺bKô GKwU aviv i⁺q⁺Q| mgK⁺v⁺j cvnwio HwZn⁻ nwi⁺q t⁺d⁺j⁺Q G iKg m⁻c⁻v⁺qi Mí⁺K tK⁺ K⁺i G avivi KwnwbPÎ, j⁺v w⁻bgZ n⁺q⁺Q| G avivi GKwU bvUK t⁺nvPc⁺bv Z⁺Z⁻B (fv⁺j⁺vevmv t⁺Zvgi Rb⁻)| Gi Kwnwb tgvUvgU evsjv t⁺c⁺gi Q⁻ei g⁺ZvB|

G ai⁺bi Mííi Kwnwb ev welqe⁻ m⁻acwZK Kv⁺ji kû⁺i cvnwio Rxeb⁺K c⁻wZd⁺jZ K⁺i Ges cvnwio Rxebhv⁺lvi c⁻wie⁺Z A⁺bK t⁻ek Z⁺j a⁺i evO⁻wj gj⁻teva I Rxebhv⁺l⁺KB| ía Kwnwb⁺ZB bq, eis tcvkvK c⁻wi⁻Q⁻, ccm, msMxZÑ meiKQi IciB evO⁻wj cfve m⁻úó| cv⁺l-cv⁺l⁻x⁺ i evO⁻wj ev c⁻w⁻ðgv tcvkvK ci⁺Z t⁻Lv hvq| w⁻ekl w⁻KQ⁻ k⁻ cv⁺l-cv⁺l⁻x⁺ i ci⁺b⁻ w⁻cbb-Lw⁻ P⁺v⁺L c⁺o| HwZn⁻evnx avivi m⁺1/2 Gi D⁺jL⁺h⁺vM⁻ cv⁻K⁻ n⁺jv, Gme KwnwbPÎ bvix⁺ i w⁻m⁻vš MnY-c⁻w⁻μqvq Ask w⁻b⁺Z t⁻Lv hvq| GLv⁺b c⁻wi⁻ekZ msMxZl c⁻w⁻ðgv, fv⁺z⁺xq ev evO⁻wj ms⁻«Zi Av⁻ j⁺ w⁻bgZ| KL⁺bv KL⁺bv w⁻n⁻» Q⁻ei MvbI mivmwi e⁻envi Ki⁺Z t⁻Lv hvq bvUK-w⁻m⁺bgv, j⁺v⁺Z| w⁻gWqvq bvix⁺ K Dc⁻v⁻c⁺bi aib (bvU⁺Ki m⁻vR tcvkvK, Mvb BZ⁻w⁻ j⁺Z) A⁺bK mgq e⁺j t⁻q, GwU Ava⁺bK Av⁺1/2Ki bw⁻K HwZn⁻evnx avivi| Z⁺e Aek⁻B bvU⁺Ki Kwnwb I mil gL⁻ f⁻gKv cvjb K⁺i|

3.4 cvnwio w⁻gWqvq bvix-ci⁺li f⁻gKv w⁻PÎvqY

cvnwio bvUK ev tU⁻wj⁻dj⁺Ñ Ava⁺bK t⁺nvK ev HwZn⁻evnxÑ bvixi w⁻PÎvqY t⁺mLv⁺b Zvi Aa⁻bZv⁺KB Z⁺j a⁺i|

w⁻eq, thšbZv, t⁺ivgY, bvix-ci⁺li mvgw⁻RK f⁻gKv w⁻el⁺q mvgw⁻RK gj⁻teva Z⁺j aivi gva⁺tg Dfq avivi bvUK I w⁻m⁺bgv ôfv⁺jvô bvix-ci⁺li weci⁺x⁺Z ÔLvivcô bvix-ci⁺li P⁻wi⁻ÎK ê⁻ekó⁺K Av⁻ j t⁻q| ÔAv⁻kô bvix I ci⁺l tevSv⁺Z HwZn⁻evnx I evO⁻wj X⁺0 ^Zwi Ava⁺bK bvUK I w⁻m⁺bgvq GKB ai⁺bi w⁻PÎ Z⁺j

aiv nq| ôfvþjvð gv/x, tçwgKv/tevb wntmte cavbZ Zþj aiv nq cwiievþii cWZ
 `wqZevb, ^ahkxj, AvZiZ`vMx, cwikxwJZ, tmngqx, bg, f`, wek`bvixPwiîþK|
 bvixi t¶¶î G , YvejþK Dch³ wntmte Zþj aiv nþjI ci`þli t¶¶î G , þjvi
 meUv h_v_ bq| eis DcvRb¶g, `qvj, KþVvi bxwZgvb ci`IB tmlvþb ôfvþjvð
 `vgx| fvþjv ci`þli Rb` wek`ZvþKI GKwU wbgvgK wntmte t`Lvþbv nq| fvþjv
 bvix I ci`þli , Yvej Zþj aivi t¶¶î AvaibK avivi wk¶vþKI h³ Kiv nq|

Lvivc bvix wntmte tþvfx, ciKxqvq wjß, SMovþU bvixþK Dc`vcb Kiv nq|
 tþvfx ci`lþK bvixi gþZv Lvivc wntmte Zþj aiv nþjI teiki fvm t¶¶îB
 ciKxqvq ci`lþK jaúU wntmte t`Lvþbv nq bv, eis ci`þli weevneWnfZ
 mæúþKi Rb` Zvi `xi `wqZ cvjþb e`_Zv ev th bvixi mþ½ tm tçgi mæúþK
 Ave×, tm bvixi QjPvZixþK `vqx Kiv nq| ÔgWqv I bvixð kxIK AvþMi MþeLYvq
 cvlqv Zþ_ t`Lv hvq, evsjvþ`k I fviþZi wgvWqvþZI ôfvþjvð gv/x,
 tçwgKv/tevb wntmte gjZ cwiievþii cWZ ô`wqZkxjð, ^ahkxj, AvZiZ`vMx, wek`
 bvixPwiîþK Zþj aiv nq| GKB aiþbi ceYZv tPvþL cþo cvnwio wgvWqvþZI|
 GLvþbI bvixi cwiPwZ Ggbfvþe wbgZ nq, thLvþb bvix AþbKUvB mgvR I
 cwiievþii gj`þeva tþb Pþj| cvnwio bvixi Ggb Dc`vcbv wczZwšK
 mgvRe`e`vþKB Zþj aþi| cvnwio bvixi cWZ`Qwe i mþ½ evOwj bvixi cWZ`Qwe
 cv_K` nþjv, cvq me cvnwio bvUK I wmtbgvq bvixþ`i Aeva hvZvqvZ t`Lv hvq
 eþb, evBþi| GgbwK wbþRi mgvþRi ci`lþ`i mþ½ cvnwio bvixþ`i mvejxj mæúK
 itqþQ, hv evsjvþ`þki gjavivi wgvWqvq t`Lv hvq bv|

Zþe AþbK bvixi AbþhvM KþiþQb, mvgwiK ewnbxi cZ`¶ DcW`wZ bvixi
 wbiwcËvnxZvi KviY nþq `vovþ`Q| mvgwiK teóbx cvnwio bvixþ`i MwZkxjZvi
 t¶¶î cWZeÜKZv nþq `woþqþQ, hw`I Rxeþbi cþqvRþb Zv cþivcwi nwiþq
 hvqwb| Avi HwZn`evnx wgvWqv i Abb`Zv nþjv, GwU bvixi tmB MwZkxjZvþK Zþj
 aiþQ| cvnwio mgvRe`e`vq wmvš tblqvi t¶¶î Aí eqmx bvixþ`i gZvgZþK
 , i`Z t`lqv bv nþjI weewwZ I mšvþbi Rš`vZv bvixþ`i gZvgZþK , i`Z
 t`lqv nq| mwjwm cWµqvq Zvþ`i cZ`¶ AskMnY bv\_vKþjI eq` bvixþ`i
 gZcKvþki mþhvM_vþK| GB wPîB dþU IþV HwZn`evnx wgvWqvq| GgbwK Aí
 eqmx bvixþ`i wmvš tblqvi t¶¶î mwµqvþe Ask wbþZ t`Lv hvq AvaibK
 wgvWqvq| GwU eZgvb cRšš i bvixþ`i ev`eZvi cWZwbaZ Kþi|

Dch³ Av†jvPbvq †`Lv hv†"Q, HwZn"evnx aviv cvnwo ms⁻«Z†K Z†j ai†Q,
 evOwj Av†½†K wbigZ AvawbK avivq _vK†Q cvnwo ms⁻«Z I HwZ†n"i c†ie†Z
 AvacwZkxj evOwj ms⁻«Zi m⁻úó cfve| `B aviv†ZB †kYx, c†ievi, we†q,
 †hšbZv we†q wb⁻ó gj"†eva Z†j aivi ga" w††q GKw`†K cvnwo mgv†Ri
 cPwjZ (nq†Zv GKmg†qi) e"e⁻v†KB c†ZdjZ Kiv nq, Ab"w`†K mgmv†g†qK
 mg†q cvnwo ms⁻«Z I mgvRe"e⁻vi Ici evOwj ms⁻«Z I mgvRe"e⁻vi
 Avac†Z"i Kvi†Y evOwj gj"†eva mgwšZ we†fb PPv I e"e⁻vi c†Zdjb N†U|
 `wU aviv†ZB bvixi c_vMZ c†Z"Q†ei cvkvcw†k BwZevPK c†Z"Q†ei aiv c†o|

4. $c_{vw} w_{gWq} m_{oi} t_{c\pi vcu}$

cɪnɪwɔ ɪgɪWqvi D™e nɪjv Kxfvte, Gi AbɪciYv, ɪjv Kx, Zv ɪ`Lvi ɪPón Kiv
 nɪqɪQ; AvɪjvPbv Kiv nɪqɪQ cɪnɪwɔ ɪgɪWqvi gj `B avivÑ HɪZn`evnx I AvavbK
 aviv wɪqɪ

4.1 H₂Zn²⁺evn_x av i v

HwZn`evnx aviwUi gj wbbvgK Rø§ RvZxqZvev`i D†š§I| G avivi c†hvRK I
 ci iPvjK†`i KvQ †\_†K Rvbw hvq, MZ kZ†Ki Awki `k†K G avivi mPbv|
 ZL†bv wmwW tei nqwb, wKš wefb RvqMvq gÂbvUK cwitek†bi gva`tg GwU
 GwM†q P†j| G †¶†Î ÔRvKÔ (Rg Bm†_wU · KvDwÝj) AMYx fwgKv cvjb K†i|
 c†i, beYB†qi `k†Ki †k†li w`†K ivOvgwU I LvMovQwo AÂ†j AwaBK chw³
 †cŠQv†Z `ii“ Ki†j Zviv wmwW tei Ki†Z `ii“ K†i|

gÂbvUK †nvK Avî wmwWB †nvK, cvnwwo ms⁻QZ I HwZn⁻ wb†q GB bvUK-wm†bgv, HwZn⁻evnx avivî Kv†Q GUv wQj jovB†qi GK nwiZqvî| ciwPvjK wkîki PwKgv e†jb, ÔAvgv†`î Aw<sup>-</sup>Z hLb wecb wQj, ZLb A†b†KB ivRbxwZi gw te†Q wb†qwQj, nv†Z Z†j wb†qwQj A<sup>-</sup>| Avgiv Avgv†`î h×Uv K†iQ wfbfv†e| bvUKB n†q D†VwQj Avgv†`î Aw<sup>-</sup>Z wUwK†q ivLvî A<sup>-</sup>| Avgiv bvU†Ki ga<sup>-</sup> w`†q Avgv†`î ``kv dU†q Z†j mîmwî ciZev` Rvbv†Z cwiwb| wKŠ Avgiv bvUK w`†q †`LvB th Avgv†`î ms⁻QZ i†q†Q, Avgiv mf⁻ZweewRZ qvbl bB|Ô

A†b†KB e†j†Qb, kvmK†Mvôxi Kv†Q †b†R†`i c†w†Pq | Aw¯Z Z†j aivi Rb¯B
 ïa GB HwZn†PZbvi `iKvi †Qj bv, eis †b†R†`i Rb†Mvôxi gvb†li Kv†Q
 Ô†b†R†`i ô†kKo†K Z†j aivi Rb¯I GwU Ri“wi †Qj| cvnwwo RbMY †hb f†j bv
 hvq, Zvi c†w†Pq Kx| †b†R†`i AvZ†c†w†Pq Z†j aivB ïa bq, eis AvZ†c†w†Pq
 MvB KivI †Qj GB avivi j††| G Kv†YB HwZn†evnx cvnwwo mgvR, m†c`vq,
 kvmbe¯e¯v, A_†bwZK e¯e¯v, bvi†x-ci††li Av`k Pwi† d†U I†V GB avivi ga¯
 w`†q|

Aw`evmx wgwQvmgþn engvb HwZn`þK Zþj aivi tPóv bZb wKQ bq| c`_exi
 wefb t`þki Aw`evmx RbþMvôxi wgwQvq GB tPóv m`úó| Uvbi (2002) t`Lv
 th, Aþ÷wjvq Aw`evmx, KvbWwQvb BbDBU Ges A`vþgvþRwbqvb Bûqvbiv
 wBR` wgwQvq Zvþ`i HwZn`gq ms`wZþK Zþj aþi| gjZ wbþRþ`i mgvR-
 ms`wZi HwZn`F× welq,þjvþK wgwQvi ga` w`þq wUwKþq ivLvi Rb` G aþbi
 HwZn`gLZv j` Kiv hvq| GKB aþbi cþPóv tPvþL cþo PvKgv
 wgwQv,þjvþZ|

4.2 AwaþK aviv

Ab`w`þK AwaþK avivi cwipvjþKiv gþb Kþib, ia cþivþbvþK aþi _vKþj Pjþe
 bv, eZgvþKI wgwQvq c`ZdwjZ KiþZ nþe| Zviv gþb Kþib, evOwj c`ðgv
 ms`wZi Øviv cfweZ, tmme Zþj aiv A`ckZ ev`eZvþK Zþj aiv| G KviþY
 G avivi Mí, Kwnwb, bvP-Mvþbi gþa` evOwj l c`ðgv tcvkvK, Mí, gj`þeva,
 mi, cwitekbþkjxi cavb` _vþK| bvixi fwgKv GLb cvþë tMþQ eþj l Zviv gþb
 Kþib| wk`þZ bvixiv GLb mgvþR ci`þli gþZv Ae`vb ivLþQ; Zvþ`i wBR`
 gZvgZ AvþQ| G,þjvþK Zþj bv aþj mevB fveþe, Avgvþ`i tgþqiv GLþbv
 wcwQþqB AvþQ|

HwZn`evnx avivi KþqKRb wgwQv e`w³þZi gþZ, AwaþK aviv Zvþ`i ms`wZþK
 ûgwKi gþL tþdjþQ| Zviv gþb Kþib, AwaþK avivq hviv Qwe wbgvY KiþQb,
 Zvþ`i ôkwíK i`wPô þbB, ôRwZmËvô c`wZ þbB k×vþeva|

GB `wU aviv Mþo DþVþQ wfb tciYv t`þK| Gþ`i wfb j` l gj`þeva iþqþQ|
 Ze `wU aviviB GKwU eo wgj nþjv, Gme Mí-KwnwbþZ ia PvKgv mþc`vþqi
 wbþRþ`i Mí iþqþQ, tKv_vl evOwj Awfevmb Ges tm KviþY DTMZ mwnsmZv,
 eÂbvi K_v Avþmwb| Gi cavb KviY cvnwwo RbþMvôxi mve`þYK wþivcËvxbZv|
 cveZ` AÂþj cvnwwo-evOwj mþúK cwZwbqZ th Uvbvþcvþoþbi gþa` iþqþQ ev
 tmLvþb th ivRwbwZK Aw`iZv weivR KiþQ, Zv bvUK ev wmtbgvq Zþj aivi
 e`vcþi GKwU AwjwLZ wbþlavÁv iþqþQ| dþj Zvþ`i Mí AvewZZ nq HwZn`evnx
 Rxb A_ev ôAwaþKô wk`þZ RxbþK tK` Kþi| tmLvþb cwnievniK mþúK,
 tkYxØØ, weþq, tþgB gL` welq| G cmþ½ GKRb cwipvjK eþjb, ô80-i`kþK
 AþBK RvqMvq Avgiv gÂbvUK Kivi tPóv KþiwQ, wKŠ KiþZ cwi bvB| Avgiv

KiþZ t`qwb|... ïa Awgiv bv, ` c¶B Avgv`i evav w`j| kwišewnbx| evav
w`j| Iiv ejþQ Awgiv Avmþe| Awgiv ejþQ kwišewnbx AvmþZ cvþi| mg⁻
c⁻wZ mæúb Kivi cil `ôc¶¶i gþa" cþo Avgiv Avi bvUK cwiþekb KiþZ
cwi bvB|ô

`wU avivi Avi I GKwU wggj nþjvÑ cPÊ A_Kó Ges chw³MZ mxgve×Zvi ga"
w`þq Gme wmwW tei KiþQ| `wU avivB tKvþbv aiþbi Aw_K mnþhwMZv Qvov ïa
wbþRþ`i mxwgZ chw<sup>3</sup> e`envi Kþi bvUK I wmbgv ^Zwi Kþi| AþbþKB ôRvKô-
Gi gþZv wKQ cWZôvþbi m`m"| Zviv cWZgvþm wKQ UvKv Rgv t`b Zvþ`i
Znweþj| Znweþj wKQ UvKv Rgv nþj Gi cvkvcwk m`m"iv avi-t`bv Kþi I Avi I
wKQ UvKv tRvMvo Kþi ïi" Kþib bvUK I wmbgvi KvR| GþKKwU bvUK I wmbgv
^Zwi KiþZ Zviv LiP KiþZ cvþib 25 t_þK 40 nvRvi UvKv| GZ Kg UvKvq
wmwW ^Zwi Kiv mæe nq bvUK I wmbgvi KjvKkjx, tþjLK, cwiPvjK mevi
HKwŠK cþPóvq| Giv tKDB tKvþbv cwikwgK tbb bv| mvaviY gvþbi
tnwÔK`vþgi mvnvþh" `k" aviY Kiv nq, tm,þjv KjvKkjxiv wbþRivB mæúv`bv
Kþib wefb GwWUs mdUIq`vi w`þq| AZ`š Kg UvKvq Gme bvUK-wmbgv ^Zwi
nþ"Q eþj G,þjvþZ AþbK î"U-weP`wZ t\_þK hvq| Zv mþËI `wU avivB cvnwO
RbþMvôxi weþbv`þbi Pvn`v wgwUþq PþjþQ|

5. gjavivi wgwWqv I cwnwo Abôvb welq Aw`evmx bixi wekly Ges cwnwo wgwWqvq bixi Ae`vb

GB Aa`vq gjavivi wgwWqv m $\frac{1}{2}$  cwnwo bixi m $\acute{u}$ K Kx, Gme P`v $\dot{b}$ j cPwiZ Abôvb, $\dot{b}$ jv $\dot{K}$ Zviv Kxfvte wekly K $\dot{i}$, Zv tevSvi tP $\acute{o}$ v Kiv n $\dot{q}$ qQ| $\overline{v}$ bxqfvte $\acute{Z}$ wi cwnwo bUK, w $\dot{m}$ $\dot{b}$ gv ev Mv $\dot{b}$ i wfWl $\dot{K}$ Zviv Kxfvte wekly K $\dot{i}$ Ges G, $\dot{b}$ jv m $\frac{1}{2}$ cwnwo bixi m $\acute{u}$ KI Av $\dot{b}$ jvPbv Kiv n $\dot{q}$ qQ| gjavivi wgwWqv ej $\dot{Z}$ m $\dot{v}$ tUjvB $\dot{U}$ cPwiZ evsjv, w $\dot{n}$ $\dot{v}$ I Ab $\dot{v}$ P`v $\dot{b}$ j, $\dot{b}$ jv $\dot{K}$ tevSv $\dot{b}$ v n $\dot{q}$ qQ|

5.1 cQ>`bxq P`v $\dot{b}$ j/Abôvb

gv chvq MteIYvKvxb mgq Avgiv t` $\dot{L}$ Q, bixiv m $\dot{v}$ tUjvBU P`v $\dot{b}$ j cPwiZ Abôv $\dot{b}$ i g $\dot{a}$ gjZ fviZxq evsjv Ges w $\dot{n}$ $\dot{v}$ w $\dot{m}$ iqvj, w $\dot{m}$ $\dot{b}$ gv, c $\dot{Z}$ h $\dot{v}$ MZvgjK I d $\dot{w}$ j $\dot{b}$ bUP-Mv $\dot{b}$ i Abôvb, Lei Avi tLjvajv t` $\dot{L}$ $\dot{v}$ Kb|

bix $\dot{v}$ i Av $\dot{m}$ gvRK cwiPwZ, eqm, A $\acute{A}$ jMZ Ae $\dot{v}$ b I wk $\dot{v}$ MZ thvM $\dot{v}$ Zv QvovI Acivci wKQ welq, thgb RvZmg $\dot{n}$ i ga $\dot{K}$ vi $\dot{v}$ gZv m $\acute{u}$ K, c $\dot{w}$ SKZv, AvawBKZv, RvZxqZvev`welqK mvgwRK-mv $\dot{s}$  $\dot{v}$ ZK gj $\dot{v}$ eva wUf t`Lvi e $\dot{v}$ cv $\dot{t}$ i bixi wBR $\dot{v}$ cQ>` I Dcj $\dot{a}$ $\dot{K}$ cfweZ K $\dot{i}$ |

P`v $\dot{b}$ j cQ>` Kivi t $\dot{v}$ $\dot{t}$ $\dot{v}$ bix $\dot{v}$ i Av $\acute{A}$ jK Ae $\dot{v}$ $\dot{b}$ i, i $\dot{v}$ ZcY fwgKv $\dot{v}$ $\dot{K}$ | LvMovQw I ivOvgwU tRjvi bix $\dot{v}$ i Avjv`v cQ $\dot{v}$ ` i P`v $\dot{b}$ j Av $\dot{q}$ | LvMovQw i bixiv AvKv evsjv,  $\div$ vi Drme, m $\frac{1}{2}$ xZ evsjv,  $\div$ vi Rjmv, wR w $\dot{m}$  $\dot{b}$ gv cfvZ P`v $\dot{b}$ j tewk t` $\dot{L}$ b| A $\dot{v}$ r LvMovQw $\dot{v}$ Z w $\dot{n}$  $\dot{v}$  Abôvb Le Kg t`Lv nq| KviY w $\dot{n}$ $\dot{m}$ te GbRI Kgx cYqv PvKgv e $\dot{b}$ j, $\acute{O}$ NR evsjv, BwUf evsjv Avi w $\dot{n}$ $\dot{v}$ w $\dot{m}$ iqvj, $\dot{b}$ jv tewk AvwUd $\dot{v}$ qvj, tewk SMOV, ciKxqv t`Lvq| Avgvi G,  $\dot{b}$ jv fv $\dot{b}$ jv jv $\dot{M}$  bvl $\dot{O}$  wecix $\dot{Z}$  Zviv thme P`v $\dot{b}$ j t` $\dot{L}$ b, tm,  $\dot{b}$ jv tKb cQ>`? G welq cYqv PvKgv e 3 e $\dot{v}$, $\acute{O}$ wn $\dot{v}$ $\dot{t}$ i Rxe $\dot{b}$ i A $\dot{b}$ K PPv Avgv $\dot{v}$ i m $\frac{1}{2}$ tg $\dot{b}$ j, Gme P`v $\dot{b}$ j tm,  $\dot{b}$ jv t`Lv hvq| $\dot{O}$ ev $\dot{v}$ weKB Gme P`v $\dot{b}$ j w $\dot{n}$  $\dot{v}$  civY, thgb $\acute{N}$   $\acute{O}$ ivgvqY $\dot{O}$ ,  $\acute{O}$ gnv fviZ $\dot{O}$ ,  $\acute{O}$ te $\dot{u}$ jv jwL $\dot{v}$  i $\dot{O}$  BZ $\dot{v}$  Kwnwb w $\dot{b}$ q bUK ev avive $\dot{v}$ wnK bUK t`Lv $\dot{b}$ v nq| Ab $\dot{v}$ w $\dot{m}$ iqvj, $\dot{b}$ jv $\dot{Z}$ I w $\dot{n}$ $\dot{v}$ civYi Kwnwb I w $\dot{n}$ $\dot{v}$ m $\acute{u}$ $\dot{v}$ qi RxebPi $\dot{b}$ i

bvbv cZxKi DcW Z _vK A+bK tēk| Zv`i g+bvRMZi m½ ZjbvgjKfvte
tēk wj _Kvi KviY A+bKB Gme P`vbj t`L _vKb|

wecixZ iOvgwUz mwb, wRwUf, ÷vi cvm, ÷vi tMvì, tmU g`v., wR evsjv,
BwUf evsjv cfwZ fviZxq P`vbj tēk t`Lv nq| KviY, PvKwRex i/cv PvKgvi
gZ, ÔG, jv A+bK Q-úó, GKUv cvPh t`Lv hvq Gme P`vbjji
wmiqvj, jvZ|Ô SKS+K AaibK wēbv`b tēZ iOvgwUz evsjv P`vbjji
cvkvcwk wnw` P`vbj t`Lv nq|

t`Lv hvQ, `B tRjvZB fviZxq evsjv P`vbj t`Lv nji P`vbj, jvi gta`
wfbZv i+qQ| thme P`vbj wn`agxq Mí I KwnwbfwEK PjwPÎ, bUkMn
Ab`vb` Abôvb t`Lv bv nq, tmme P`vbjji cWZ LvMovQoi bvix`i tēk AvMn
t`Lv tM+Q| LvMovQoZ wîciv Rb+Mvôx tēk, Zviv wn` agejx| Acivci
Rb+Mvôxi m½ Zv`i mvgwRK-mvs`ZK thvMv+hvM i+qQ| G KviY LvMovQoi
cwnwo Rb+Mvôxi GKUv eo Ask wUfZ wn`ag+K`K wēlq, jv t`LZ Af`
nq DVZ cv+i| wecixZ iOvgwUz i+qQ wēfb RvZxq I AvšRwZK
GbRIi Ae`vb; GLv+b cwnwo I evOwj ms`Zi wgw`qv N+U A+cVvKZ
tēk| Gme KviY GB AÂ+jj gvb|`i Z_vKw_Z ÔAaibKô nq Ivi cWZ
tSvK ^Zwi Ki+Q| d+j Gme ÔSKS+Kô P`vbj Zv`i cQ+`i P`vbjji cwiYZ
nq+Q|

wnw` P`vbj, jv evQvB Kivi tVtÎ AvÂjK Ae`vbi cvkvcwk bvixi eqm I
tkYxI GKwU cfveK wntmte KvR K+i| MtelYvq cvlqv Z+` t`Lv hvq, wnw`
Abôvb, jv gjZ ga`wē tkyx+K`K| wecixZ wbgwē I wbgga`wē tkyxi
cwnwo bvixi Kv+Q evsjv I cwnwo Abôvb, jv tēk wq| GB `B tkyxi cwnwo
bvix wnw` fvlvi m½ cwiwPZ bb e+j I Zv`i evsjv I cwnwo Abôvb, jv tēk
fv+jv jvM| ga`wē cwnwo Rb+Mvôxi Kv+Q wnw` fvlv Rvbv tm A+ ghv`vi
`šviK bv nji I wnw` Abôvb t`LvUv Zv`i Kv+Q AaibKZvi cwiPvqK|
iOvgwUi i/cvjx PvKgv thgbwU e+jb, ÔGUv AaibK hM| AaibKZvi m½ Zvj
tgjvZ tM+j c+ivbv wRwbm t`Lvi tP+q wnw` P`vbj t`Lv A+bK mēavRbK|Ô

5.2 cwnwio bvixi wgwqvw weþkiY: RvZxqZv, iwóK mĚv?

KLþbv RvwZMZ cwiŠKZv I AwacwZKxj tMvôxi mvþcþŋ Amg ŋgZv mǎúK, KLþbv wkŋZ I evsjvþ`wk nþq lVvi ev̄e Pvwv`v, KLþbv ev wþRþ`i RvZxqZvþeva I t`kvZþeva wUwf t`Lvi tŋŋî cwnwio bvixi wþR̄ cQ>` I Dc jwäþK cfweZ Kþi|

MþelYvq cvlqv Zþ_ t`Lv hvq, cwnwio bvixiv Le KgB evsjv bvUK ev wþbgv t`þLb| mvŋvrKvþi AþbK bvix hw`I eþjþQb, Zviv evsjvþ`wk bvUK t`þLb, wKŠ bvUþKi bvg ev tm,þjvi Kwnwb AþbþKB ejþZ cvþibw| GgbwK Zvþ`i mþ½ wUwf t`Lvi mgq vbxq MþelþKiv jŋŋ KþiþQb, AþbþKB evsjvþ`wk bvUK I wþbgv tmfvþe t`LþQb bv| nþZ cvþi th Gme bvix Le AwbqwgZfvþe evsjvþ`wk bvUK-wþbgv t`þLb| GB wPî mgZþji tþK weþQb wKQ bq| KviY wnmþe evOwj bvixþ`i gþZv ivOvgwUi AþbK cwnwio bvix eþjþQb, evsjvþ`wk bvUK I wþbgv,þjv Le tewk PUK`vi bq A_ev cwiþekb%kix fvþjv bq eþj G,þjv Zvþ`i fvþjv jvþM bv|

wKŠ Qwe ev bvUþKi cwiþekb%kixi gvb GKUv KviY nþjI evsjvþ`wk bvUK I wþbgvi ciZ Zvþ`i Abxnv GZ mnþR tevSvi welq bq| evOwj I cwnwio RbþMvôxi Amg ŋgZv mǎúK Ges cwnwio RbþMvôxi cwiŠKZvi KviþYI AþbþK evsjvþ`wk bvUK I wþbgv t`þLb bv| G cmþ½ AþbþKB eþjþQb, ôevOwjþ`i Mþí Avgiv tKv\_vI tþB| Iþ`i ms̄wZ, Iþ`i fvlv Avgvþ`i lci Pwcþq Avgvþ`i,þjvþK tkl KþiþQ| Iþ`i ms̄wZi wKQ Avi t`LþZ fvþjv jvþM bv|ô hw`I Zviv fviZxq P`vþbj,þjv t`þLb, wKŠ Gme fviZxq P`vþbjþK wþRþ`i ms̄wZi Rb` ûgwK eþj gþb Kþib bv| A\_vr evOwjþ`i mþ½ Amg ŋgZv mǎúK Ges ivR%bwZK UvbcþobB gjZ cwnwio bvixþ`i evsjvþ`wk bvUK I wþbgv eRþbi gj KviY| Avevi fviZxq P`vþbj cPwiZ Abôvþbi mþ½ Zviv Zvþ`i wþRþ`i ms̄wZi wgj tLvRvi tPóv Kþib| Zviv gþb Kþib, Gme Abôvþbi ga` w`þq AvaþbK cw\_exi mþ½ Zvþ`i thvMvþhvM NUþQ| A_vr, Abôvb cQ>` Kivi tŋŋî ivR%bwZK cwiŠKZv thgb weþkl fwgKv ivLþQ, tZgwb Gi tþQþb wekvqþbi cfveI KvR KþiþQ|

MtēlYvq Ask t̄blqv c̄tZ̄t̄KB ētj̄t̄Qb, Zviv c̄vnw̄o w̄gWqv A_vr c̄vnw̄o b̄vP-Mvb I b̄vUK-w̄m̄t̄bgv t̄`L̄t̄Z c̄Q>` K̄t̄ib| t̄Kb G,̄t̄jv t̄`L̄t̄Z c̄Q>` K̄t̄ib? DĒt̄i cvq me Z_`vZv ētj̄t̄Qb, ÔGUv Avgv̄t̄`i Hw̄Zn̄ I ms̄`w̄Z̄t̄K Z̄t̄j āt̄i|Ô t̄KD t̄KD ētj̄t̄Qb, Ôn̄t̄Z cv̄t̄i, G,̄t̄jvi w̄bgvY%kjx fv̄t̄jv bq, Ze G,̄t̄jv Avgvi, Avgv̄t̄`i w̄elq|Ô ÔAvgvi ev Avgv̄t̄`iÔÑ GB t̄h m̄w̄s̄w̄jZ t̄eva, Gi b̄vgB nq̄t̄Zv c̄vnw̄o RvZxqZvev`| ĩa ivRbXw̄Zi gv̄t̄V bq, m̄vs̄`w̄ZK c̄w̄im̄t̄iI Gi A\_w̄Z īt̄q̄t̄Q| G RvZxqZvev` evOw̄j RvZxqZvev` t̄\_t̄K w̄fb| Gw̄U evOw̄j ms̄`w̄Z I evsjv fv̄lvi w̄eciX̄t̄Z R̄s̄ Hw̄Zn̄t̄K D`hvc̄b K̄t̄i|

w̄Kš Gi A_ GB bq t̄h, GB RvZxqZvev`x t̄eva m̄áYfv̄t̄e evsjv̄t̄`k b̄vgK fLĒ t̄_t̄K Z̄t̄v̄t̄`i w̄b̄t̄R̄t̄`i w̄ew̄Qb f̄vevq, eis Āt̄bK b̄vixi ē³t̄e` t̄`k̄t̄eva D̄t̄V Av̄t̄m| D`vniY w̄n̄t̄m̄t̄e 32 ēQi eqm̄x GKRb P̄vK̄wiR̄xex b̄vixi K\_v D̄t̄jL Kiv hvq| w̄Zwb̄ m̄vaviYZ t̄Kv̄t̄bv evsjv̄t̄`k b̄vUK I w̄m̄t̄bgv t̄`t̄Lb b̄v| Zvi fv̄lvq G,̄t̄jv ÔevOw̄j̄t̄`i Rb̄` ^Zwi w̄elq̄| w̄Kš Zvi c̄w̄iev̄t̄i w̄KQ mgq KvUv̄t̄Z w̄M̄t̄q GKRb M̄t̄elK w̄fb aīt̄bi w̄PĪ t̄`L̄t̄Z cv̄b| M̄t̄elK Zvi ev̄mv̄q ēt̄m w̄Uw̄f̄t̄Z f̄viZ-evsjv̄t̄`t̄ki w̄μ̄t̄KU t̄L̄jv t̄`Lw̄Q̄t̄jb| f̄viZ ē`vU Kīt̄Q, evsjv̄t̄`k ej Kīt̄Q| f`ḡw̄njv Av̄i Zvi `vgx D`M̄xe n̄t̄q t̄L̄jv t̄`L̄t̄Qb| f̄vīt̄Zi GK t̄L̄t̄jvqvo Av̄DU n̄t̄j Av̄t̄>` w̄PrK̄vi K̄t̄i Īt̄Vb w̄Zwb̄ I Zvi `vgx| t̄L̄jvi GKw̄U ch̄v̄t̄q M̄t̄elK R̄vb̄t̄Z P̄vB̄t̄jb, evOw̄j̄t̄`i b̄vUK-w̄m̄t̄bgv Zviv t̄`t̄Lb b̄v| w̄μ̄t̄KU t̄L̄jvq GZ Av̄b>` cv̄t̄`Qb t̄Kb? Zviv R̄vb̄v, ÔhLb b̄vUK t̄`w̄L t̄m̄B b̄vUK evsjv̄t̄`t̄ki c̄w̄Zwb̄aZ K̄t̄i b̄v| w̄Kš t̄L̄jvq t̄Zv evsjv̄t̄`k R̄vZxq `j evsjv̄t̄`t̄ki c̄w̄Zwb̄aZ K̄t̄i| ZLb Iiv hZ b̄v evOw̄j, Zvi t̄P̄t̄q t̄ew̄k Iiv Avgv̄t̄`i t̄`t̄ki t̄Q̄t̄j|Ô G cm̄t̄½ Lei t̄`Lv̄i K_vI ejv hvq| w̄b̄t̄Ri t̄`t̄ki Lei R̄vb̄vi Z̄w̄M̄` t̄_t̄K c̄vnw̄o b̄vixiv w̄bq̄w̄GZ evsjv̄t̄`t̄ki Lei t̄`t̄Lb|

mZivs t̄`Lv hv̄t̄`Q, GKw̄`t̄K Zviv evOw̄j t̄n̄w̄R̄ḡw̄bi w̄ēt̄iwaZv K̄t̄ib, Ab̄w̄`t̄K GB t̄n̄w̄R̄ḡw̄b̄t̄ZB Zviv w̄bgw̄¾Z nb| M̄t̄elYvq cv̄lqv Z̄t̄_` t̄`Lv hvq, c̄vnw̄o R̄b̄t̄M̄vÔx evsjv̄t̄`k b̄vP-Mv̄t̄bi c̄w̄Z̄h̄w̄MZv,̄t̄jvi w̄bq̄w̄GZ `kK| t̄Kb Zviv b̄vUK-w̄m̄t̄bgv Kg t̄`t̄L G aīt̄bi c̄w̄Z̄h̄w̄MZvḡjK Ab̄ôvb t̄`L̄t̄Qb? Rev̄t̄e b̄vix̄t̄`i Āt̄b̄t̄KB ēt̄j̄t̄Qb, M̄vb w̄ēt̄kl K̄t̄i iex̄`ms̄M̄xZ w̄kL̄t̄j evsjv Āt̄bK fv̄t̄jv nq, hv Z̄v̄t̄`i ḡjav̄i m̄t̄½ w̄Ūt̄K \_vK̄t̄Z m̄vn̄h` K̄t̄i| b̄vP cm̄t̄½ GKRb b̄Z`w̄kíx ēt̄jb, Ôm̄vs̄`w̄ZK Āt̄½b _vK̄t̄j Āt̄bK gv̄b̄t̄li m̄t̄½ t̄P̄b̄v̄t̄kv̄b nq| ĩa w̄îc̄iv b̄vP w̄kL̄t̄j f̄w̄el̄t̄Z w̄kíx w̄n̄t̄m̄t̄e w̄Ūt̄K _vK̄v hv̄t̄e b̄v| Z̄v̄B evsjv b̄vPI w̄k̄w̄L, w̄Uw̄f̄t̄Z t̄`w̄L|Ô

d†j GK`†K ÔchvßÔ we†bv`b w`†Z e`_ nIqvi Kvi†Y A_ev evOwj cWZ”Qwe†K
 Gto†q hvIqvi Rb” Zviv evsjv†`wk bvUK I w†bgv t†fv†e †`L†Qb bv, Ab”w`†K
 wb†R†`i evsjv†`wk w†m†e ciZôv Kivi Rb” Zviv evOwj ms`WZ I fvlv wKL†Z
 evsjv†`wk bvP-Mv†bi Abôvb †`L†Qb|

5.3 cvnwo wgwWqv I bvix

Aevi cvnwo wgwWqvq th ^ewPÎ”gq Mí I B†gR Z†j aiv nq, Zvi mv†c†¶
 cvnwo bvixi wbR` Ae`vb i†q†Q| bvix Gme M†íi wbQK MnxZv bb, eis cPwiZ
 HwZn`evnx mvgwRK gj`†eva†K wb†Ri Rxe†bi ev`eZvi m†½ tgj†bv, bZb
 gj`†eva MnY Ges †Kv†bv wPšv eR†bi ga” w`†q bvixiv mwµq fwgKv cvjb
 K†ib|

HwZn`evnx I Awa†K wgwWqv mv†c†¶ bvix†`i wfb wfb e³e” i†q†Q| A†bK bvix
 Z_”`vZv Rwb†q†Qb, HwZn`evnx bvUK-w†bgv, bvP-Mvb Zv†`i tewk fv†jv
 jv†M| KviY, ÔGB wgwWqv Avgv†`i HwZn`†K eRvq ivL†Q|Ô VvKigvi g†L c†iv†bv
 w`†bi thme i†cK\_v Mí GZ w`b Zviv i†b G†m†Qb, GLb tm,†jv c`vq †`L†Z
 †c†q Le Avb>` cvb †KD †KD| Aevi Kvi I Kv†Q GB HwZn`evnx aviv wK¶vi
 GKUv gva”g| A†bK bvix Z_”`vZv Rwb†q†Qb, Gme Qwe †`†L Zviv A†bK bZb
 wKQ wKL†Qb, wb†R†`i HwZn`†K Rvb†Qb, †`L†Qb c†iv†bv bKkvi †cvkK I
 Mqbv, th,†jv GLb Rv`N†i Avkq wb†q†Q| cvnwo HwZn`F× wgwWqvi Kvi†Y
 ÔR`bÔ, ÔwKiËÔ, Ô`†jvÔ, Ô†gRvsÔ, ÔnvowjÔ, ÔDRMPWÔ, ÔteRÔ cfiZ kã GLb ia
 bvix bq, eis bZb cR†šš†i Kv†QI cwiwPZ n†q DV†Q|

Aevi A†bK bvix e†j†Qb, Gme bvUK wewfb `v†b bvixi Aeva hvZvqvZ Ges
 Zv†`i `vaxb Pjv†divi w`†K `wó †`q, hw`I mvgwiK evnbxi Dcw`WZi Kvi†Y
 Pjv†divi `vaxbZv Zviv †fvM Ki†Z cv†ib bv| A†b†K e†j†Qb, HwZn`evnx bvix
 PwiÎ,†jvi e`w³Z Zv†`i Avi I mvnmx n†q IVvi †ciYv †`q|

HwZn`†K Z†j aivi Kvi†Y GB wgwWqvq thme bvix Ask wb†”Qb, wb†R†`i
 m†c`vq Zv†`i m†šv†bi †Pv†L †`L†Q| cZwZ PvKgv Rvbvb, ÔAvgvi Zvcmx†i
 (bwqKv) Awfbq Avi Ii e`w³Z Le fv†jv jv†M| Avgv†`i Kv†Q Giv ia
 Awfbqkíx bb; Gi †P†q eo wKQ| KviY, Avgv†`i RvwZmËv, ms`WZ, HwZn`

GbvivB wUwKtq ivLtQb, Ztj aitQb|ô bvix-`kKt`i gtZv bvix Awfbqwkíxivl
wbRt`i Ae⁻vb m³úK GKBfvte wPšv Ktib| Awfbqwkíx miYx PvKgv etjb,
ôAvgvi Kv⁺Q fv⁺jv jv⁺M GUv tft⁺e th, Awg Le Aí ntj| Avgvi wBR mac⁻v⁺qi
Rb⁻ wKQ Kitz cvi⁺Q| Awg LeB ZB|ô

HwZn⁻evnx Kwnwb I GB avivi wkíxt`i wecixtZ AvabK aviv wel<sup>+</sup>qI bvixt`i
wBR⁻ e³e⁻ itqtQI AtbtK gtb Ktib, GB avivq ev⁻eZvi cWZdjb NtU|
mgwB PvKgv etjb, ôHwZn⁻evnx wgwWqvq bvixt`i wbtRt`i Kx e³e⁻, Zv t⁻Lv⁺bv
nq bv| AvabK wgwWqvi AtbK mgm⁻v⁻ vKtjI GB bvUK, t⁺jv⁺Z t⁻Lv hvq th,
bvixiv we⁻fb wel⁺q w⁻xvš wbt⁺QI G, t⁺jv⁺ Avil tek Kti cPwiZ ntj bZb
cRšš bvixi w⁻xvš Mn⁺Yi mv⁻g⁻ t⁻t⁻L Drmwv⁻nZ nte|ô

hw⁻I AvabK avivi Gme Kwnwb wetbv⁻tbi im⁻ tRwvq Ges GLv⁺b ev⁻eZv⁺K
Ztj aiv nq, Ze AtbtKB gtb KtitQb, GB avivq t⁺Lvi gtZv wKQ⁻ v⁺K bv|
AvabK avivi bvUK wbtq wiUbv PvKgvi gše⁻, ôhw⁻I GwU mwZ⁻ th AvRKvjKvi
cRtššI Ici evOvj ms⁻qZi cfve AtbK wKš t⁺mUv⁺K hw⁻ w⁻mbgvq Gfvte
t⁻Lv⁺bv nq Ges GBUv⁺KB⁻ v⁻fweK etj cPvi Kiv nq, Zvntj t⁺Zv GK⁻b
Avgv⁻t⁻i me⁻wKQ nwi⁺q hvte|ô

Zte AtbK cvnwo bvix Rvbvb th Zviv AvabK I HwZn⁻evnx avivi GK wgy
Pvb|

5.4 wgwWqvq bvixi Ae⁻vb: cvnwo evOvj wetf⁻

t⁻Lv hv⁺Q, cvnwo wgwWqvq bvixi AskMnYtK⁻ vMZ Rvbv⁺bv ntjI HwZn⁻evnx
aviv⁺ZB bvixi f⁻gKv⁺K tek evnev t⁻lqv nt⁺QI Gi gj KviY HwZn⁻-Avkqx
wgwWqvq bvixt`i HwZn⁻evnx⁻, Yv, Y Ztj aiv nqI G avivq ci⁺ti t⁺cvkvK, tckv
AtbKUvB HwZn⁻evnx ntq⁻ v⁺KI Zte GwU AvabK avivi m⁺½ AvKv⁻c⁻Zvj
cv⁻K⁻ enb Kti bv Ges AvabK avivqI t⁺Kv⁺bv t⁺Kv⁺bv mgq ci⁺ti⁻i HwZn⁻evnx
mv⁺R t⁻Lv⁺bv nqI wKš HwZn⁻evnx avivi bvixi m⁺½ AvabK avivi bvixi tek
cv⁻KI HwZn⁻evnx avivq bvixiv me mgqB wcb⁻b-Lw⁻, i⁻“cvi Mqbv c⁺i, Rg-
R⁺½j Avi c⁻ievi⁺K t⁺K⁻ Ktib Zvt⁻i Rxb Ave⁻ZZI KL⁺bv ev bvixt`i cvnwo
bZ⁻-MxZ c⁻itekb KitzI t⁻Lv hvqI GLv⁺b cv⁻iewiK, mv⁻gvRK I mv⁻s⁻qZK

fvegWZ bvixt`i gva`tgB dUq tZvjv nq| G KviY bvixiv HZn`evnx bUK-
 m#bgv t`L#Z thgb cQ>` K#ib, tZgwb m#v#bi tPv#L t`#Lb GB avivi m#½ h³
 bvixt`i||

Z#e m#v#bi me#P#q te#k NvU#Z c#o, cvn#o Rb#Mv#xi tKv#bv bvix hw` cvn#o
 #gWqvi cvkvcwk evO#j #gWqv#Z h³ nb| KL#bv KL#bv tLv` #b#Ri m#c`vq,
 mgvR, Ggb#K c#iev#i nv#Z| Zviv Acgv#bZ nb| LvMovQ#oi KÉ#k#x i“gv
 PvKgv Rvbvb, #PvK#i K#i, Mv#bi Ab#vb K#i, #UDk#b K#i Avgv#K msmvi Pvjv#Z
 nq| fvB#evb#`i cov#Z nq| d#j Av#g evO#j | cvn#o `B iK#gi Ab#vbB
 Mvb K#i| #KQ#`b Av#M Avgv#B c#i#PZ GK tQ#j evO#j Ab#vb Mvb MvB#Z
 tM#j Avgv#K #g#K t`q Ges tmLv#b t_#K #b#q Av#m| A_P Av#g tmB tQ#j
 evO#j eÜi Ab#vbB Mv#Qjvg| Avgv#K tm e#j#Q, tQ#j #n#m#e Avgiv
 evO#j#`i m#½ #gk#Z c#i| #KŠ GKgvÎ Lvivc tg#qivB evO#j#`i m#½ bv#P,
 Mvq|# c#iv cveZ” A#t#j GB ai#bi GK#U g#bv#ve t`Lv hvq|

m#Z” th Kg#e#k `B tRjv#ZB #e#fb A½#b evO#j#`i m#½ cvn#o ci“l#`i
 Aeva #ePiY Av#Q| #KŠ KL#bv KL#bv m#c`vq #b#Ri bvixt`i Rb” K#Vv
 c#imxgv te#a t`q| d#j bvixiv A#bK mgq B”Qv \_vK#j| mvs`#ZK KgKv#Ê h³
 n#Z cv#ib bv| Mv#qKv g#qv #îciv e#jb, #G t#t#î gj fq KvR K#i, hw`
 tg#qUv evO#j#K #e#q K#i e#m| KviY, PvKgv tQ#j hw` evO#j tg#q#K #e#q
 K#i, Zvn#j tZv tg#qUv#K Zvi Kj t_#K GLv#b Avbv n#jv| GUv tZv t#W#Ui
 #elq| #KŠ evO#j tQ#j hw` PvKgv tg#q#K #e#q K#i, Zvn#j tZv tmB tg#qUv
 m#c`vqP”Z n#jv, m#c`vq GKRb#K nvivj|# bvix#K c_vMZfv#eB m#c`v#qi
 c#i#PvZ | i#xZvi evnK #n#m#e t`Lv nq, tm KviY #b#Ri m#c`v#qi A#Z |
 gvb#m#v#b i#t#i `v#qZ bvixi lciB G#m c#o| d#j cvn#o bvixiv mn#R evO#j
 ms`#Z#Z h³ n#Z cv#i bv| evO#j ms`#Z#Z Aev#a h³ n#Z cvi#j| cvn#o
 bvix Le mn#RB Zv cv#i bv|

bvixt`i GB Ae`vb KZUv m#e`bkxj, Zv beYB#qi `k#K #e#U#f#Z cP#iZ #Bg
 eve# bvU#Ki NUbvq `úo n#q l#v| bUK#U ^Z#i n#q#Qj cvn#o-evO#ji
 ms#gk#Y, kni#K#`K R#eb | cvn#o R#eb #b#q| c\_g #`#K G#U cveZ”
 P#EMv#gi Av#`evm#`i Kv#Q Rb#cq #Qj| ax#i ax#i evO#j tQ#j Bg | GKRb
 cvn#o tg#qi g#a” fv#jve#v M#o l#v| m#úK#U #e#qi #`#K t#vo #b#Z _vK#j

c#iv ivOvgwU-LvMovQwo t¶v#f td#U c#o| c#i GB Rb#Mvôxi Pv#ci g#L
c#v#o t#jLK l evOvj c#iPvjK bvUKwUi K#v#b e`jv#Z eva`nb|

GB NUb#U ´úó K#i, Kxfv#e bvU#Ki Mí, c#i#ekb#kjx Ges evOvj P#i#îi
Dc#Z c#v#o wgvWqvq c#v#o bvixi AskMnY#K bvRK K#i t#Z#j|

5.5 c#ZeÜKZv A#Zµ#g c#v#o bvixi m#µqZv

Z#e me t¶t#îB G ai#bi c#ZeÜKZv Av#Q A_ev bvixiv GB evavi Kvi#Y w#Q
nU#Q, Zv bq| eis Gi wei#x c#v#o bvixiv cvqB t#v#Pvi n#q DV#Q| GiB
cKvk N#U i#g#v PvKgv K_vq, ôia PvKgv bvix e#j A#g Abôvb Ki#Z cvie bv,
GUv n#Z c#i bv| ...Avgvi c_ A#gB t`Le|ô A#bK bvix Avei t#v#Pvi bv
n#j l c#iev#i A#b#Qv m#Ël w#b#Ri g#Zv K#i m#v#ZK A½#b h³ i#q#Qb|
thgbÑ KÉ#kíx jZv g#igv| w#b Rvbvb, Zvi A#ffve#Kiv GKmgq jZvi Mvb
Mvlqv cQ>` Ki#Zb bv| KviY, Zv#K evOvj w#k¶K#`i Kv#Q Zvjg w#b#Z n#Zv|
w#Kš mevi w#b#la Agvb` K#i jw#K#q w#b Mvb w#L#Z \_v#Kb| c\_g w`#K Abôvb
Ki#Z mgm#v n#j l GKmgq Mvb t#M#q hLb mbvg ARb Ki#jb, A#ffve#Kiv
Zvi cv#k G#m `vov#jb|

t`Lv hv#Q, mxgve#Zv \_vK#j l A#bK bvixB w#b#R#`i g#Zv K#i Zv tgvKwejv
Ki#Qb Ges wgvWqvq h³ n#Qb| Gi ga` w`#q bvixi lci wgvWqv B#ZevPK
cfvel co#Q| th avivi wgvWqv e#w³ZB t#vb, wgvWqvq c#v#o bvixi Dc#Z
m#vebvi A#bK `iRv L#j w`#Q| A#bK bvix wgvWqv e#w³Z Rwb#q#Qb, GwU
Zv#`i AvZ#bfikxj K#i Z#j#Q| bZ#wkíx n#m wîciv thgb n#q#Qb, ôAí eqm
nIqv Kvi#Y Avgvi A#bK eÜ QvîRxe#bi cvkvcwk tKv#bv KvR Ki#Z c#i bv|
w#Kš Avgvi eqm l w#k¶vMZ thvM#Zv Zv#`i g#Zv nIqv m#Ël A#g bvP w#L#q
w#KQ Avq Ki#Q| Avgvi t#jLv cov eÜ n#q th#Z cviZ, w#Kš Avgvi Avq w`#q A#g
Avgvi w#k¶v w#b#Z Ki#Q|ô ia AvZ#bfikxjZv nIqv bq, wgvWqvq h³ n#q
A#b#K c#iev#i `w#qZ w#b#Ri nv#Z Z#j w#b#q#Q|

ia A_ DcvRb bq, Kvi l Kvi l Kv#Q wgvWqv L#wZ cvIqv l GKwU Drm| MvqKv
jZv g#igv Rvbvb, ôAvgvi Mvb i#b t#jv#K Avgv#K t#P#b, Avgv#K GK bv#g Rv#b|
A#g iv_vq tei n#j t#jvKRb w#d#i ZvKvq| A#g GUv Dc#fvM Kwi|ô d#j t`Lv
hv#Q, A#bK c#ZeÜKZvi g#a`l m#vebvi w#KQ c#imi ^Zvi n#Q|

6. mævebi bZb †¶Î

M†eIYvq cvlqv Z_ we†kIY K†i †`Lv hv†”Q, cvnwo wgvWqv bvixi Rb” GK bZb cwiimi L†j w`†q†Q| bvix GLv†b †a `kK bq| we”Qb †\_†K bvixiv cvnwo bvUK- w†bgv, bvP-Mvb †`L†Q bv| eis GB wgvWqv cvnwo bvix†K GK mμq mËvq cwiYZ K†i†Q| Zviv cvnwo wgvWqv cwi†ekZ Mí†K evQvB I wePvi Ki†Z, GgbK cZ`Lv Kivi mvg\_ iv†L| GB wgvWqv H†Zn”F× Av`evm Rxeb, mgvRe`e\_v I gj`†eva†K Z†j ai†Q| Ab`w`†K wefb ai†bi Z_ cwi†ek†bi ga” w`†q †a bvix bq c†iv Rb†Mvôxi Áv†bi mxgvbv†K we`Z Ki†Q GB wgvWqv| wb†R†`i Rv†Z†Mvôx I ms`wZ wel†q Rv†Z †c†i A†bK bvixB AvR wb†R†K ÔcKZÔ wk¶Z e†j Dcjä Ki†Qb| wefb eq†mi bvix-ci”I cwiPZ n†”Qb nwi†q hvlqv cvnwo kã, mvrmiÄvg, wkKv†ii A` I ev`h†ši m†½|

H†Zn`evn bvUK I †Uwj†dj† MwZkxj, AvZ†cZ`qx I mvmx bvix-PwiÎ Z†j aivi ga” w`†q wb†R†`i Rxe†bi cwi†a evov†bvi Rb” cvnwo bvix†`i†K Drmw†Z K†i Zj†Q| Ab`w`†K Av†bK bvUK w†xvš MnY-cμqvq bvixi AskMnY†K Dc`vcb K†i bZb cR†š†i bvix†`i v†x†v†e gZvgZ cKv†ki †ciYv RvMv†”Q|

bvix wgvWqv e`w³†Zi Rb”I bZb c\_ L†j w`†”Q GB wgvWqv| A†bK bvix wkíx GLb cvnwo wgvWqv h³ nIqv† ga” w`†q AvZ†bfikxj n†q†Qb, wkíK†gi cvkv†k Zviv Zv†`i wk¶v†KI wb†ðZ Ki†Z cv††Qb| †KD †KD `wqZ wb†”Qb wbR cwi††ii| Kv†I Rb” G†U c†Zfv† xKwZ ev L`wZ cvlqv† GK†U †¶Î n†q n†q†Q|

m†evcwi, GB wgvWqv cvnwo Rb†Mvôxi we†bv`†bi GK†U cavb gva”g w†m†e KvR K†i hv†”Q| cvnwo Rb†Mvôxi Ô†bRÔ fv†qv Ô†bRÔ H†Zn”, ms`wZ, m†ii cwi†ekbv GKgvÎ GB wgvWqv†ZB m†e n†”Q| gj†v†vi wgvWqv cvnwo Rb†Mvôxi Rxeb D†V Av†m bv| ZvB Zviv cvnwo wgvWqv† c†Z SK†Qb|

cvnwo wgvWqv† A†bK mxgv†xZv Av†Q| KL†bv UvKv† Afv†e GB wgvWqv _g†K hvq, chw³MZ Amvg_ I cwk¶†Y† Afv†e GB wgvWqv† ÔgvbÔ gj†v†vi mgvb n†q

I†V bv, KL†bv Avevi ¯vaxbfv†e †b†R†`i `tL-eÂYv,†jv cKvk Kivi m†hMl
 GLv†b _v†K bv| †KŠ G K_v ejv hvq, Dch³ ivóxq mn†hMlMZvi gva†g gjavivi
 †g†Wqv† m†½ cvn†o †g†Wqv†K h³ Kiv mæ, mæ bZb Kg†¶†† M†o †Zvjv|
 cvn†o bvixi Avb>`-†e†bv`†bi m†ú†K †g†Wqv e`†<sup>3</sup>Z I c†hvRK†`i ¯úó aviYv
 †`Iqv`iKvi| c_vMZ`†óf†½ Z`vM K†i eis bvixi Rb` B†ZevPK †`K,†jv †ek
 K†i Z†j aivi ga` †`†q GB †g†Wqv GK`b bvixi Rxe†bi cvkv†k mvg†MKfv†e
 cvn†o Rb†Mvôxi Rxe†b B†ZevPK c†ieZ†bi mPbv NUv†Z cv†i|

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Kíbv Pvkqvi Wvqwi, (2001), nj DBtgY tdWv+ikb (máúv`bv)|

Îciv, ckvš (2000), *Rggqv t_#K Rqš : cveZ'' PÆMv+gi RgPvl-ıbf i Rb#Mvôx+`i Jcıb+ekK i|cvš+ii BıZnvm| bıeÁvb cıÎKv, msL`v 5|*

http://www.bbs.gov.bd/dataindex/hies_2005.pdf

cwkwó

†Uwej-1

bviX Z_""vZv : 103		
†kYxKiY		nvi
†kYx	wbg Avq†Mvôx	6.79%
	ga"weË	65.04%
	D"PweË	28.15%
eqm	15-24 eqm	37.86%
	25-34 eqm	38.38%
	35-44 eqm	23.30%
^eevwnK Ae ⁻ v	AweevwnZ	38.83%
	wweevwnZ	61.16%
wk¶v	cv_wgK	13.59%
	gva"igK	27.18%
	D"P gva"igK Gi I ci	59.22%
†ckv	kgRxeX	1.94%
	KgRxeX	31.06%
	MwnYx	33.98%
	e"emvqx	1.94%
	QvÎ	31.06%

Table-2

		Respondent's profile															
		Age			Marital Status		Class			Education			Occupation				
		15 - 24	25 - 34	35 - 45	Married	Un-married	Lower Class	Middle Class	Upper Class	0 - 5	6 - 10	11 - Higher	Student	Job	Home maker	Business	worker
Female	Number	39	40	24	63	40	7	67	29	14	28	61	32	32	35	2	2
	Percentage	37.86	38.83	23.30	61.16	38.83	6.79	65.04	28.15	13.59	27.18	59.22	31.06	31.06	33.98	1.94	1.94
Male	Number	4	13	20	29	8	2	21	14	0	4	33	6	23		8	0
	Percentage	10.81	35.13	54.05	28.15	21.62	5.40	56.76	37.83	0	10.81	89.18	16.21	62.16		21.62	0
Total	Number	43	53	44	92	48	9	88	43	14	32	94	38	55	35	10	2
	Percentage	30.71	37.86	31.42	65.71	34.28	6.42	62.86	30.71	10	22.86	67.14	27.14	39.28	25	7.14	1.42

Household Viewing Pattern Guideline											
Time	Channel	Programme	Programme Content	Viewer's relationship	Who left/join	Remote control	Interruption	Interaction/ Reaction/ Concentration level	Activities while watching Tv	Detailed comments	

†Uej-4 ‖gWqv e''³ ‡Zi ZvjKv

GjvKv	‖j½ ciiPvZ	bvg	‖gWqv i th gva''†gi m†½ h ³ i†q†Qb
LvMovQvO	bviX	Bvibv PvKgv	Mvb Mvb
		Sgv PvKgv	Mvb
		†gšmgx ‖Îciv	Mvb
		μv†qvix gvigv	Mvb
		Avkv ‖Îciv	bvP
ivOvgvU	ci"l	†c†g>` ‖eKvk PvKgv	bvUK ciiPvjbv
		‖jUb PvKgv	Mv†bi ‖mW i c†hvRK
	bviX	‖b†iv` evjv	bvUK/‖m†bgv
		†` lqv	
		gnvZ PvKgv	bvUK/‖m†bgv
		Z>`v PvKgv	bvUK/‖m†bgv
		Zvcmx PvKgv	bvUK/‖m†bgv
		mÂbv PvKgv	bvUK/‖m†bgv
		gÄvj Kv Lxmv	eiUK
	ci"l	Zi"Y PvKgv	bvUK/‖m†bgv ciiPvjbv, Aifbq
		gvËKv PvKgv	bvUK/‖m†bgv ciiPvjbv, Aifbq
		‖SvGZ PvKgv	bvUK/‖m†bgv ciiPvjbv, Aifbq
		‖kiki PvKgv	bvUK/‖m†bgv ciiPvjbv, Aifbq
		g†bvR evnv` i	bvUK/‖m†bgv ciiPvjbv, Aifbq

†Uej-5

†hme bvUK I †m†bgv †e†kiY Ki v n†q†Q Zi Z††jKv

msL`v	bg	aib
1	†Pv†M cni	†U†j†d j † (H†Zn`evnx)
2	A†`jZ cni	bvUK (H†Zn`evnx)
3	`j û†gvi x	†U†j†d j † (H†Zn`evnx)
4	gb-A AvSv c†iB†q`	†U†j†d j † (H†Zn`evnx)
5	†`e0††m Avnai Kv j v Qvev (1)	†U†j†d j † (H†Zn`evnx)
6	†`e0††m Avnai Kv j v Qvev (2)	†U†j†d j † (H†Zn`evnx)
7	L†Uvbx	†U†j†d j † (Av††bK)
8	n†e a†e	†U†j†d j † (H†Zn`evnx)
9	†nvPc†bv Z†Z`B	bvUK (Av††bK)