

Report On
Internship at Triple Apparels Limited
A 100% Export Oriented Forward-thinking Manufacturer

By
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Post Graduate Diploma in Knitwear Industry Management (PGD-KIM)
Executive Development Center, BIGD
BRAC University
March 2026

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An internship report submitted to the Executive Development Center, Brac Institute of Governance and Development (BIGD), Brac University in partial fulfillment of the requirements for the degree of
Post Graduate Diploma in Knitwear Industry Management (PGD-KIM)

Executive Development Center, BIGD
Brac University
March, 2026

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Declaration

It is hereby declared that

1. The internship report submitted is my own original work while completing degree at Brac University.
2. The report does not contain material previously published or written by a third party, except where this is appropriately cited through full and accurate referencing.
3. The report does not contain material which has been accepted, or submitted, for any other degree or diploma at a university or other institution.
4. I/We have acknowledged all main sources of help.

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Academic Supervisor's Full Name & Signature:

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BRAC Institute of Governance and Development (BIGD), BRAC University

Letter of Transmittal

Md. Karimul Islam

Senior Research Associate

BIGD, Brac University

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Subject: Submission of Internship Report on Triple Apparels Limited.

Dear Sir,

This is my great pleasure to place my internship report on Triple Apparels Limited, which I was appointed by your direction.

I have attempted my best to finish the report with the essential data and recommended proposition in a significant compact and comprehensive manner as possible.

I trust that the report will meet the desires.

Sincerely yours,

Ishrat Zahan Esha

1000055577

Executive Development Center, BIGD

Brac University

10th March, 2026.

Non-Disclosure Agreement

This page is an agreement between Triple Apparels Limited and the intern student at EDC, BIGD, and BRAC University Ishrat Zahan Esha.

There is no repudiation of the fact through my internship period, I have come across a lot of in-depth information that is related to the management, production, operation and many other aspects of the organization which is strictly forbidden to share with unauthorized personnel. I have decided not to reveal any confidential information, both verbal and written, to anyone else unless the individual is approved by the respective authority.

I am also aware of the fact that any violation of this confidentiality might lead to penalties or legal action being taken against me.

I admit all the terms and conditions of the organization regarding its confidentiality policy and am ready to take responsibility in case of any violation of the privacy policy due to my actions.

Student's Full Name & Signature:

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Acknowledgement

This report is based on the Triple Apparels Limited. I am very grateful to my academic supervisor, industrial supervisor, colleagues and peers who have supported me at every stage to successfully complete this project.

First, I would like to express my sincere gratitude to Almighty Allah who gave me the strength to perform my duties as an intern and complete the report within the stipulated time. Then I would like to express my gratitude to my industrial supervisor **Ahmed Syem Syed**, Assistant Manager (Marketing Department). Triple Apparels Limited.

I am also indebted to my academic supervisor **Md. Karimul Islam**, Senior Research Associate, BIGD, BRAC University.

I would like to express my special thanks to the Government of the People's Republic of Bangladesh and the Ministry of Finance for establishing the Executive Development Center (EDC) at BRAC University, which offers the Postgraduate Diploma in Knitwear Industry Management (PGD-KIM), and to the Asian Development Bank (ADB) for providing financial support for the Skills for Industry Competitiveness and Innovation Program (SICIP).

Executive Summary

This report is based on a three-month professional internship in six departments at Triple Apparel Limited. The departments are Commercial and Accounts; Human Resources and Compliance; Industrial Engineering and Planning; Cutting, Sewing, and Finishing Section; Marketing and Merchandizing; and Supply Chain Department. This internship allowed me to gain a deeper understanding of the function of the different departments and their interrelation.

The report outlines the following sections: Chapter one highlights the overview, vision and mission and goals and objectives of the company. The report describes my tasks, activities, and responsibilities in the six departments during my internship, outlined in Chapter Two. In Chapter Three, I critically evaluated the internship activities by comparing the course outcome in PGD-KIM and examining the importance of specific functions of the respective departments, followed by the areas of improvement in the respective departments based on the internship experience. Chapter four concludes the report.

This internship report also emphasizes that it enhanced my analytical skills and the potential to execute sample management, fabric sourcing and inventory more effectively. I believe this report also contributes to the positive change of the company's various department, where necessary.

Keywords:

Internship, PGD KIM, Readymade Garments (RMG), Opportunity, Contribution.

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List of Acronyms

DPU	Defects Per Unit
HR	Human and Resource
CAD	Computer –Aided Design
IT	Information Technology
C/A	Chief-Executive
SVP	Senior Vice President
U.S	United State
LC	Letter of Credit
DGM	Deputy General Manager
IE	Industrial Engineering
ERP	Enterprise Resource Planning
KIM	Knitwear Industry Management
FOB	Free on Board
FCA	Free Carrier
CFR	Cost and Freight
CIF	Cost, Insurance & Freight
DDP	Delivery Duty Paid
RMG	Ready Made Garments

DAP	Delivery at Place
SMV	Standard Minute Value
PMTS	Predetermined Motion Time System
GSD	General Sewing Data
SSDM	Standard Sewing Data Management
TPM	Total Production Maintenance
BGMEA	Bangladesh Garment Manufacturers and Exporters Association

Chapter 1

About Organization

1.1 Overview of the Industry

Triple Apparels Limited is a prominent garment manufacturing company based in Bangladesh. Established in 2017, it operates as a sister concern of the **Partex Star Group**, one of the largest private-sector organizations in the country. The organization is a forward-thinking manufacturer specializing in lingerie and athleisure. Built on the belief of being incomparable in everything we do strategically.

The company specializes in high-quality knitwear and undergarment apparel, focusing on innovation and specialized textile techniques. Triple Apparel is primarily a 100% export-oriented manufacturer. Its product portfolio focuses on comfortable and functional garments including lingerie and undergarments, active wear and essentials and specialized clothing.

It has 200-line facility designed for efficient and high volume output in the lingerie and athleisure segments. Cutting-edge infrastructure to meet global standards. Final phase of a large-scale project with full high-tech integration. Triple is an innovative design manufacturer, geared to develop innovative products across multiple industries expanding our product offerings and providing our customers high value added services.

The head office is situated in Tejgao Dhaka and the factory is in Gazipur with total employee of 830. The BGMEA Registration number is 6344 (BGMEA, 2024). The company produces approximately 6000000 units on 480 machines.

Table 1: Company at a Glance

Name of the Factory	Triple Apparels Limited
Company Logo	
Factory Address	Kewa, Sreepur , Gazipur, Bangladesh
BGMEA REG No.	6344
Total Employee	830
No. of Machine	480
Capacity	600000 pieces per day

1.2 Vision & Mission

The vision of the company is to lead as a globally diversified, sustainable enterprise, committed to excelling in customer satisfaction and stakeholder value creation. The aim is to be a “globally preferred business associate” by constantly upholding the benchmark. More specifically, the vision can be achieved by:

- i) consistently delivering innovative, high-quality products and services at competitive prices.

- ii) fostering efficiency and continuous improvement through LEAN manufacturing and advanced textile technologies.
- iii) providing a safe rewarding and dynamic work environment to reduce their ecological footprints.

The mission of the company is as follows:

- i) expanding the adaptable clothing line for people with mobility challenges.
- ii) maintaining 100% compliance with ethical labor and environmental standards.
- iii) shifting from low-margin basics to high-margin technical intimate wear.
- iv) continue to prioritize and invest in breakthrough technologies.
- v) driving industry-leading innovation that redefines product performance and consumer expertise.

1.3 Goals & Objectives

The company's goal is to connect globally, inspire locally and empower individually by producing good quality products. The specific goals are specified as follows:

- i) To redefine the boundaries of the garment industry of Bangladesh with international standard production.
- ii) To establish a research-intensive environment to develop new textile technologies.

- iii) Achieving the right first-time production standards to ensure cost-effectiveness and customer satisfaction.
- iv) To craft elegance with precision in every stitch.
- v) Being incomparable in what the company does, styling ahead & on the front line of the game.
- vi) To initiate a one-stop shop inside the factory (Triple Apparels, 2026).
- vii) Being partnered with subject matter, expertise in the global market on bilateral investment schemes.

1.4 Organizational Structure, Organogram, Branches and Departments

Triple Apparels Limited is a subsidiary of the Partex Star Group, uses a multipurpose organizational structure to support its export and clothing production operations (Partex Star, 2025). The entire company operates in different units. The business units of Triple Apparels Limited are:

Departments:

1. Admin & HR
2. Marketing and Merchandising
3. Purchase
4. Compliance
5. Printing
6. Embroidery
7. Inventory

8. CAD (Computer Aided Design)

9. Security & Fire Safety

10. Commercial

11. Research and Development

12. Cutting

13. Quality

14. Planning

15. Industrial Engineering

16. Sewing

17. Store

18. Internal Audit

19. Finishing

20. Quality Assurance

21. Maintenance

22. IT

23. Finance and Accounts

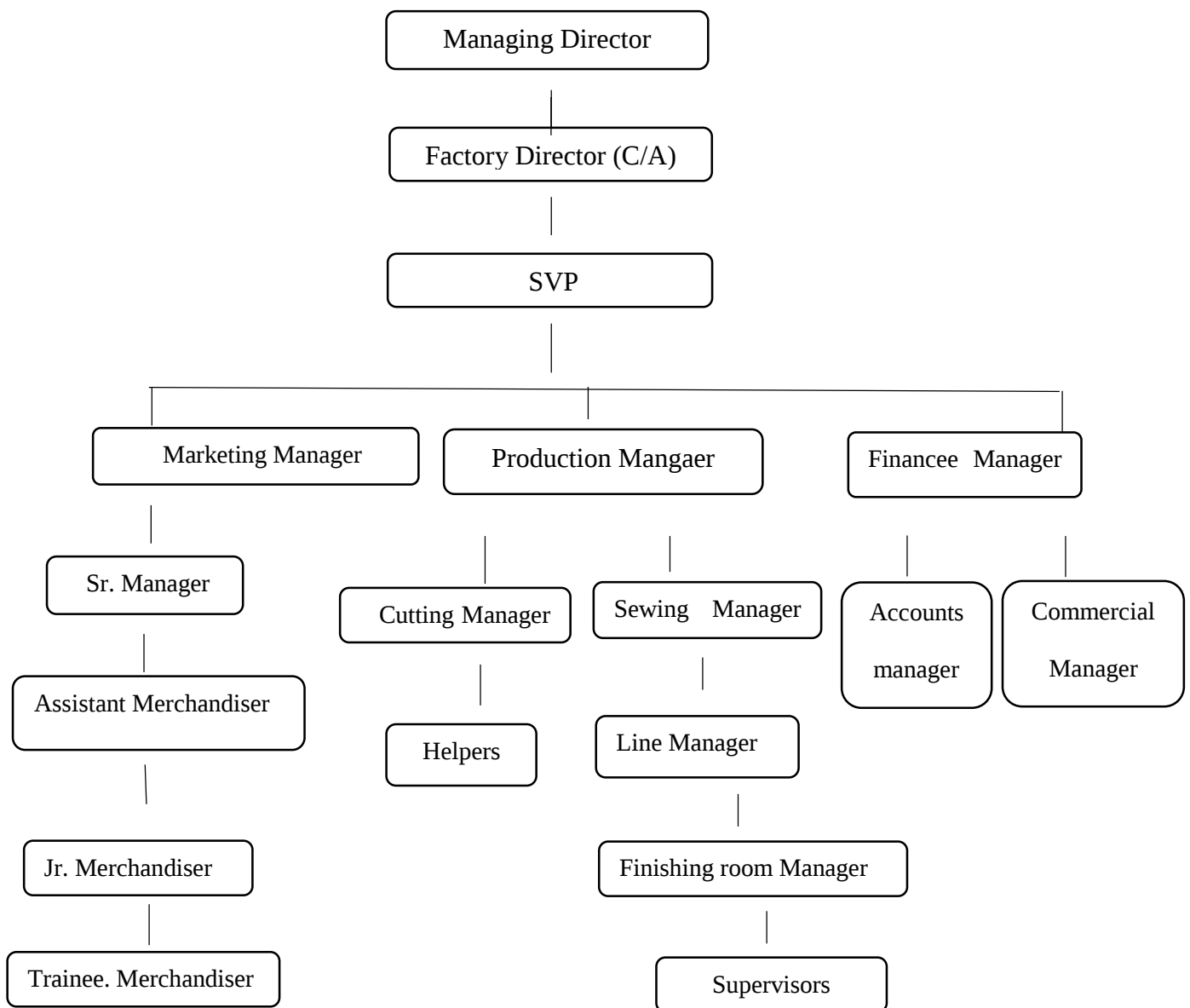
24. Garments Leftover

25. Waste Management

26. Shipping & Export

27. Design and Development

1.5 Organogram of Triple Apparels Limited Departments



1.6 Products/Services Produced by the Industry

Buyers:

The company exports clothing all over the world and has numerous well-known buyers. The majority of buyers are from the United States, Sri Lanka, and India. We also export activewear products to a few more nations.

The following are Triple Apparels Limited's buyers:

Table 1.2: Buyers List

Origin of Buyer	Buyer's Name
India	Aditya Birla Lifestyle
U.S	Fullbeauty Brands
United States, India, Sri Lanka	Global Retailers

Products

Undergarments for men, women, kids, boys, and girls are produced and exported by Triple Apparels Limited. It also produces activewear and versatile apparel. Nearly every fiber on the market is covered by its intricate weaves. Lingerie and athleisure production are the company's areas of expertise. It guarantees high-quality goods and a seamless production procedure for bulk goods. The following are:

1. **Lingerie & Innerwear**
2. **Athleisure & Activewear**
3. **Adaptable Clothing**
4. **Shapewear**
5. **Knitwear & Casuals**

The organization purchases fabrics and other accessories from suppliers based in Asia and Europe (Exporter Database, 2024). The strong supply chain team collaborates closely to keep lead time and quality under control. Every product undergoes laboratory testing in compliance

with client specifications. The business has an internal fabric inspection team. To guarantee on-time delivery, sewing production is meticulously scheduled. A strong and independent quality control team guarantees that the requirements of buyers are met by the quality standards.

Chapter 2

Description about Task Accomplishment

During my internship, I worked in several departments. Among these, to complete my internship program I was assigned in the HR & Compliance, Accounts and Commercial, Production, Industrial Engineering & Planning, Marketing & Merchandising and Supply Chain departments. I mainly focused on six departments mentioned in Table 2.1. Under the six departments, I worked in 13 sub-departments.

Table: 2.1 Internship Action Plan

SL. NO.	Department Name	Working Day
1	HR & Compliance	12
2	Accounts and Commercial Department	13
3	Production Department	12
4	Industrial Engineering & Planning Department	08
5	Marketing & Merchandising Department	12
6	Supply Chain Department	13
	Total	70

2.1 HR & Compliance Department

This division oversees a wide range of activities including recruitment, training and development, administration, compensation and benefits and employee relations. Human resources (HR) refers to the guidelines, practices and systems that train employees' activities and performance (Noe, 2006). Additionally, this department maintains a positive and healthy work environment, prevents discrimination and harassment, and promotes diversity and inclusion. The HR & Compliance team plays a key role in ensuring Triple Apparels Limited operates efficiently and effectively.

During my internship at Triple Apparels Limited, I had the chance to work in the HR & Compliance division, which was in charge of making sure that the company's policies and procedures were followed. Creating and maintaining employee records, running background checks on applicants, helping the team to make sure firm policies and procedures are current and effectively interacting with all employees were all part of my job description. Additionally, I attended new employee orientation, which helped me understand how important it is to have a friendly workplace culture that puts safety, diversity, and inclusivity first.

I now have a better understanding of the vital role that HR and compliance play in fostering a productive and long-lasting workplace that benefits the business and its employees as a result of this experience.

2.2 Accounts and Commercial Department

During my internship, I had the opportunity to work in the accounts and finance department. Here I learned about the company's financial services and gained insight into financial management. Maintaining financial records which included creating invoices, receipts, and

payments, was one of my primary responsibilities. I gained knowledge of how to prepare financial statements, reconcile financial statements, and generate financial reports using accounting and other financial tools. In order to evaluate financial data and produce financial forecasts, I collaborated closely with economists.

In addition, I gained a deeper understanding of commercial analysis, financial planning, and forecasting, which are essential aspects of financial management. I was also involved in budgeting and budgeting for future projects. I had the opportunity to work in the marketing department. Learned a lot about topics such as opening LC, shipping and posting, shipping and delivery, and other related tasks. Overall, working in the commercial, accounts and finance department at Triple Apparels Limited has improved my skills in Finance and Accounting.

2.3 Cutting, Stitching and Finishing Section

Triple Apparels Limited has its own cutting department. A production unit works on readymade garments using their own sewing and cutting equipment's (P, Sarkar, 2015). The cutting department is in charge of measuring and cutting clothing according to specifications in order to prepare it for production. It is a crucial step in the production process because the end product's quality can be greatly impacted by the fabric's quality.

Cutting Section:

During my internship in the cutting department at Triple Apparels Limited I learned how to cut fabrics accurately and to the proper standards after spending three days observing the cutting machines in action. This involved learning how to read and comprehend patterns and drawings as well as creating cutting instruments to guarantee an accurate cut. In addition to preserve the quality of the cuts, I collaborate closely with the cutting department in addition to teaching how

to cut. This included inspecting fabric for defects, adjusting cutting tools to improve quality, and ensuring that all fabric cuts met specifications.

Stitching Section:

This department is responsible for joining the cut fabric pieces into finished products such as garments. During my internship in the sewing department, I learned many skills like operating different types of sewing machines, using scissors and covering sewing machines. I also learned how to follow the instructions carefully to match each garment correctly and well. I also observed the quality control process in the sewing department and became adept at checking finished garments for any defects, making necessary adjustments to sewing machines to improve accuracy and ensuring that each garment met the required quality standards.

While working in the sewing department, I also learned the importance of teamwork. I worked closely with other team members and shared responsibilities to ensure that each garment was completed on time and met the required quality standards.

Overall, my experience in the sewing department gave me valuable skills in machine operation, quality control, communication and teamwork, which will surely help me in my future career in the industry.

Finishing Section:

Finishing is the final stage of the head production process. This department is responsible for finishing the caps and preparing them for shipment to the customer. Finishing operations may include washing, ironing and packaging. Additionally, you learn how to recognize various types of fabric and select the appropriate finish for each style. I also discovered how crucial it is to be consistent when doing tasks. I also learned how important it is to constantly complete

tasks. I work closely with the Quality Assurance team to ensure that equipment meets specifications and is free of defects.

Additionally, I also learned how to repair clothes such as changing buttons and fixing frayed edges. To do this, cooperation and efficient communication were just as important as technical expertise. I collaborate closely with other employees to guarantee that every task is finished on schedule and satisfies requirements.

All things considered, working in the cutting, stitching, and finishing department at Triple Apparels has equipped me with useful skills in machine operation, quality control, teamwork, and communication that will surely help me in my future career in the field.

2.4 Industrial Engineering & Planning Department

Triple Apparels Limited has a strong Engineering and Industrial Planning Department which plays a vital role in ensuring efficient production processes and optimum resource utilization. This department is responsible for planning, designing and implementing various production processes and systems to increase productivity, reduce costs and improve quality (Anderson,2020). The DGM (IE & Planning) leads this team. This department has a total of 36 members in various positions including Industrial Engineer, Planning Manager, Production Coordinator and Quality Control Officer.

During my internship, I had the chance to work on a number of engineering and industrial planning-related projects. Creating production schedules that guaranteed the best use of resources and assisted the company in effectively achieving its production objectives was one of my duties. In order to balance the burden on the production line, timetables were created, production capacity was analyzed, and possible bottlenecks were identified.

In addition to production planning, I was also responsible for overseeing the production process and pinpointing areas that needed improvement to production planning. I was able to find ways to boost productivity, save waste, and enhance quality by closely collaborating with the production team and evaluating production data. In order to reduce equipment downtime and guarantee that preventative maintenance was finished on time, I collaborated closely with the maintenance crew.

2.5 Marketing & Merchandising Department

The role of Marketing and Merchandising team is to get buyer and acquire their requirement to consistently doing business with other organization (K.F Antu, 2018). The factory and head office of this company employ merchandisers who work in coordination with the marketing team to effectively negotiate prices with domestic and international buyers and, in most cases, secure orders at maximum profit. After receiving orders, the marketing team works and coordinates with other departments, including the sample section, fabric department, production department, supply chain department, store, quality department, and others, as needed to ensure on-time production and shipping. They also look for accessories suppliers and confirm that all necessary accessories are available internally on time. Triple Apparels Limited is expanding its business day by day with its strong marketing team, ensuring timely shipments while meeting the required quality. The company has achieved almost 90% on-time shipments to all existing buyers. The team always focuses on global fashion and current trends and updates its exhibition center accordingly. This is a great team made up of young, energetic, dedicated, and experienced members.

During my internship in the marketing department I gained hands-on experience in various aspects of Merchandising such as product development, pricing, material booking, time and

action plans, and negotiating with buyers. I worked closely with the production team to ensure orders were fulfilled on time and quality standards were met. I was also involved in coordinating and monitoring the production process, ensuring that raw materials were ordered and delivered on time and that products were manufactured according to customer specifications. I was also doing product development and sampling during my internship.

2.6 Supply Chain Department

The readymade garment industry has some important processes, which differentiate it from other sectors (Hasan, M, 2017). Supply chain is the most important feature of this industry. The supply chain process of garments is complex due to high demand, short deadlines, and picky merchants. The major phases of a garment supply chain include planning, sourcing, quality control, distribution, and returns.

I've worked in supply chain management for ten days, and I've learned a lot. The demand for high-quality items, short deadlines, and picky merchants further complicates the garment supply chain's intricate web of interdependent activities of Triple Apparel Limited.

I used to work in the supply chain department, where I could explain in simple terms how the supply chain management department of Triple Apparel Limited works. I would receive an order from a merchant in the ERP system, then check the price and quality with several suppliers, and then negotiate the price of each item. I met the supplier and discussed the lead time, product quality, price, and payment options. After confirming with the supplier, I took the price approval from the senior management on the supply chain sheet and maintained the relevant records in the ERP system. Occasionally, I used to arrange meeting with the supplier to place the order (if a new product needed approval, I would take a sample from the supplier

through the merchant). After placing the order, I created an official work order in the ERP system and provided it to the supplier. Then monitor or track the goods reserved for express delivery, verified from the store and confirmed via email. I informed the supplier about any types of shortage, requested for the remaining amount and finally approved the documents for final payment and checked the due date after the letter of credit is issued. Planning, sourcing, production, distribution and returns are the five most important stages of supply chain management that I have had the opportunity to work in.

Chapter 3

Critical Assessment of Internship Work

During my internship at Triple Apparels Limited, I had the opportunity to obtain practical experience in a knitwear factory's production process. I also learned more about administrative, commercial, and financial works. I had the chance to work in six departments during my internship, including Merchandising and Marketing, Production, IE and Planning, HR and Administration, Commercial and Accounts and Finance and Supply Chain. This gave me the opportunity to watch the department's production procedures, negotiation strategies and working practices, which improved my understanding of how all that department operates.

While I appreciated the opportunity to learn new skills and gain experience, some aspects of my internship could have been improved. For example, I found it difficult to understand the organization's goals and expectations because the internship program lacked a clear framework and training strategy.

Because of this, I frequently had to rely on my own initiative and seek advice from my coworkers, which would have been more effective if I had a defined internship plan.

Overall, I learned a lot about the knitwear factory's production process and improved my skills in a variety of sectors, thanks to my internship. To guarantee clear direction and helpful criticism, there is potential for development in terms of offering a more structured and planned internship program as well as improving channels of communication and feedback between interns and supervisors.

3.1 Application of Generic and Industry-Specific Courses During Internship

During my internship I was able to apply the knowledge I had learned in both general and specialized production classes to a variety of areas, including marketing and merchandising, planning, production, human resources, administration, supply chain, commercial and accounting.

Human Resources and Administration Department

In the Human Resources and Administration department, I applied knowledge of labor laws and regulations, which helped me understand the company's policies and procedures and ensure compliance with legal requirements. My analytical, team-building, and business communication skills have all increased. As a result, I've also mastered accurate forecasting. Working in this department improved my analytical abilities to accomplish several goals for the company's long-term success as well as my own professional development. Working in the RMG industry has improved my forecasting skills. I have the ability to speak clearly when

exchanging different types of information. Having the ability to speak clearly, effectively, and efficiently is an essential and useful skill, even though I might use these abilities frequently in my daily job.

I can convey and receive a wide range of information with effectiveness. I can definitely contribute to my efforts to accomplish a range of personal and professional goals by actively exercising ways to enhance my communication over time and paying attention to the excellent communicators around me. Working with the personnel in this area has taught me the importance of empathy, speaking, paying attention, and watching.

The necessity of effective communication has been studied in KIM 101, where I learned the importance of teamwork and leadership, which helped me to follow the team leader's instructions and complete group tasks within the deadline. Active listening and empathy helped me to listen carefully which reduces misunderstanding in workplace.

Commercial and Accounts Departments

In the Commercial and Accounting & Finance departments I used the fundamentals of accounting and finance to better comprehend the financial statements and the company's financial statement. I was able to evaluate manufacturing expenses and recommend ways to cut them thanks to this knowledge. Additionally, I have contributed to the company's ongoing process development for the commercial department.

Basic business operational learnings were included in courses KIM 104 and KIM 102. In these courses I learned about the financial statistics, graphs and other reports. These courses' insight and instruction were very helpful. The LC, FOB, FCA, CFR, CIF, DDP, DPU, DAP all this term was introduced in the course KIM 204 and KIM 203. Thus, I could easily understand the

financial activities of the company. Overall I enhanced my decision-making power by making decisions in different emergency cases in export or import-related cases. I have learned about advanced excel proficiency, financial reporting which improved my budgeting and forecasting skills while working in Commercial and Accounts department.

Production Department

In the Production department, I acquired practical knowledge and skills in fabric manufacturing, dyeing, cutting, sewing, and finishing processes related to production and quality. I was able to apply the basic and specific manufacturing knowledge acquired in my courses in a practical environment. In the weaving department, I used my knowledge of thread count and weave type to suggest the appropriate machines and weaving techniques for a specific product.

I applied my understanding of cloth cutting and spreading methods in the cutting department to increase the precision and productivity of the cutting procedure. I saw the various sewing machines, stitching methods, and quality control procedures in the sewing department. Lastly, I gained knowledge of various finishing, quality assurance, and packaging methods in the finishing department.

KIM 201 helped me understand how production works are divided into different sections. The whole process helps to understand the quality of production and the efficiency of the workers while working in the Production department.

Marketing & Merchandising Department

In the Merchandising department, I was able to use my knowledge of marketing and product development, which helped me understand customer needs and preferences. This knowledge

helped me suggest new product ideas to the team analyze sales data to improve the product line, and prices and negotiate with buyers. Overall, applying basic and manufacturing-specific courses during my internship, helped me gain a comprehensive understanding of the manufacturing process. An event initiates a process that changes over time. The perspectives of the two parties clash. Uncomfortable or hostile feelings arise. A conflict can involve: one party opposing another One party opposing another, a department or group opposing another, or an organization against another are all examples of conflicts. Conflicts within an organization might be related to relationships, work, or processes. The following are the levels of conflict that exist inside an organization: When there is no conflict at all, people become apathetic and lazy, which feeds conflict. Motivation, creativity, originality, and initiative are all enhanced by an ideal degree of conflict (medium level). Resolving excessive conflict takes a lot of time and work.

KIM 203 is designed for marketing and merchandising departments. The course learning from KIM 203, especially costing, fashion trends, seasonal calendar, negotiations with buyers, product development guidelines helped me to achieve my targets on time.

Industrial Engineering Department

Industrial Engineering plays a vital role in ensuring efficient production and maintaining lead time (Das, 2024). The production process will improve and employees will be able to develop their talents if this department runs smoothly. In order to accomplish team objectives, time management is equally crucial. This department's ability to assess each employee's daily productivity and efficiency is one of its main advantages.

Additionally, the production department is immediately impacted by its performance. Each worker has their own level of efficiency and skill. In critical situations, planning and mathematical problems are mainly addressed and solved by the department heads.

KIM 202 is the main elementary course for Industrial Engineering. In this course, I learned about the planning and mathematical concepts used in factory operations. Terms such as SMV, PMTS, GSD, SSDM, and TPM are commonly used to monitor production performance and worker efficiency. During my internship, I was able to relate some of these concepts to practical situations. However, in many cases, the factory followed its own internal methods to evaluate worker efficiency and production quantity.

Supply Chain Department

Supply chain management involves controlling costs, keeping expenses under control, avoiding shortages, and making sure that customers have the best possible time, location, and convenience. Strategies to optimize capacity and establish network synergies are necessary for effective, efficient, and sustainable management. Alliances and partnerships are used to manage the complete supply chain as a single entity.

In supply chain management we convert raw materials into finished goods and services, concentrating on producing competitive and sustainable clothing items to increase long-term client satisfaction. Involves information systems, production, sourcing, logistics, and product development in order to manage and preserve an effective supply chain. Due to increasing demand, tight deadlines, and discriminating retailers, the clothing supply chain process is complicated. Planning, sourcing, quality control, distribution, and returns are the main stages of a clothing supply chain.

KIM 204 helped me understand product development and raw material sourcing, as well as the importance of delivering goods on time. Ensuring that all materials are supplied to buyers on schedule while maintaining the required quality is the main goal of a supplier, as evidenced by working in this department. This course, thus, has provided a priori learning that I can exactly relate to the internship activities in the supply chain department

3.2 Suggestion for Industry Improvement

As an intern at Triple Apparels Limited I observed some areas where the industry could improve. They are discussed below:

Focus on Sustainability and Environmental Impact

Businesses may lessen their environmental impact and help create a healthy planet by emphasizing sustainable practices. This involves utilizing eco-friendly materials, implementing recycling and waste management systems, adopting cleaner industrial technologies, reducing energy and water usage, and integrating renewable energy sources. Adopting sustainability promotes innovation and creativity in the sector in addition to enhancing company reputation and drawing in ethical customers.

Implementing Advanced Technology and Automation Systems

The use of advanced technology and automation systems in the manufacturing process is a valuable recommendation for the industry. With the rapid advancement of technology, automation integration can significantly improve efficiency, productivity, and overall operations. Automation reduces human error, improves accuracy, and speeds up production cycles. It simplifies repetitive tasks, allowing employees to focus on more demanding, value-added activities. Advanced technology allows for real-time data monitoring and analysis,

providing valuable insights for process optimization and decision-making. By adopting automation, manufacturers can achieve higher production volumes, meet tight deadlines, and maintain consistent quality standards.

Encouraging Innovation and Creativity in Product Development

Innovation and creativity are crucial to product development. By fostering a culture of innovation, companies can stay ahead of the competition, meet new customer needs, and accelerate business growth. Innovation creates unique and distinctive products that capture market attention and retain customers. It allows companies to introduce new features, materials, designs, and technologies that improve product performance, functionality, and aesthetics. By fostering creativity, organizations can tap into the diverse perspectives and ideas of their employees, leading to breakthrough innovations and new approaches to problem solving. Innovation also opens up new market opportunities and expands a company's product portfolio. It can increase a company's long-term success.

Investing in Employee Health and Safety Measures

Investing in employee health and safety measures guarantees the workers' well-being and protection from the production department, which is an essential duty of any firm. Businesses demonstrate their commitment to their employees' well-being by providing a safe and healthy work environment and cultivating a positive and supportive work culture. Prioritizing the health and safety of employees boosts productivity and efficiency. When workers feel safe at work, they are more likely to be engaged, motivated, and focused. As a result, productivity rises, job quality improves, and absences declines.

Encouraging a positive work environment, increasing productivity, lowering risks, and improving the company's reputation all depend on investing in employee health and safety

measures for the manufacturing department. This investment benefits the organization's overall performance as well as its employees.

Investing in Workers' Training

Staff training expenses are essential to an organization's success. Reduces hiring costs and turnover, encourages a culture of continuous learning and development, increases employee excitement and morale, increases productivity and work performance, and welcomes creativity and adaptability. When everything is taken into account, it is a wise investment that fosters long-term success.

Offering a Development Program for Employees

Offering an employee development program is essential for their professional growth as well as the success of the company as a whole. By taking part in this kind of program, employees can enhance their knowledge, skills, and competences by taking on progressively challenging positions and responsibilities. By investing in employee development, organizations can improve job satisfaction, increase employee engagement and retention, promote a culture of lifelong learning, and produce a skilled workforce. The organization's strong talent pool, which ensures a collection of capable people for future leadership positions, is another benefit of development activities.

3.3 Learning for Self-Improvement

During my internship at Triple Apparels Limited, I wanted to think about the areas I got the opportunity where I can further improve my skills and knowledge. One of the most important lessons I learned was how to be effective in a professional environment. Importance of communication and teamwork. Through working closely with colleagues and team members,

I came to understand that smooth Clear and concise communication is essential for collaboration and successful project completion. I have improved my ability to convey ideas, instructions and feedback effectively, Resulting in a more efficient and productive work environment.

Additionally, my internship experience exposed me to the challenges and demands of a fast-paced industry. Emphasis on the importance of problem solving skills and critical thinking .I have encountered many situations where I had to think quickly, anticipate potential obstacles, had to guess and create innovative solutions. Experience in analyzing complex problems, identifying core issues, and remaining alert under pressure. Strengthened my decision making abilities.

In addition to improving my interpersonal and problem-solving skills, my internship helped me Provide valuable practical experience using industry-specific software and tools .Through practical application, I developed software for the textile and knitwear industry. I have increased my skills in using applications, which helps me understand the processes. Enables you to optimize, effectively analyze data and optimize productivity.

Overall, my internship at Triple Apparels Limited was a transformative learning experience. Experiences that provided me with valuable insight and prepared me for real-world challenges. Confronted. Emphasis on effective communication, problem solving and technical skills keeps me professional provided a strong foundation for development. I am sure that these acquired skills and experiences will help me in my future work for continuous self-improvement. And will serve as a strong platform for success.

Chapter 4

Conclusion

In conclusion, my internship at Triple Apparels Limited was a valuable and learning experience. I got the opportunity to use your knowledge in a practical environment, learn from industry professionals and develop skills that will help me in my future career. During my internship, I gained in-depth knowledge of the textile and knitwear industry, including production processes, supply chain management and customer relationships. I got the opportunity to work with experienced professionals who have chosen the industry and have seen themselves working hard and putting in the hard work to succeed.

I am grateful for the guidance and support I received from my supervisors and colleagues, who provided valuable information, feedback and guidance during my internship. Your experience and willingness to share your knowledge was very good for my personal and professional growth.

Furthermore, this internship has strengthened my ability to adapt to a dynamic work environment, the importance of teamwork and effective communication. I look forward to working with people in different departments to meet the deadlines and organizational targets.

I feel that the time and skills I have gained from my internship will serve as a strong foundation for my future projects. I would like to know and understand that I can make a significant contribution to your chosen field. Please give me this valuable opportunity and give me a good opportunity for my personal and professional development. I am grateful to Triple Apparels Limited. I hope that I can use the experience I have gained to contribute to the industry and make a successful career.

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