### Journey As a Central Desk Intern at *Dhaka Tribune*

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An internship report submitted to the Department of English and Humanities in partial Fulfillment of the requirements for the Degree of Bachelor of Arts in English

Department of English and Humanities

BRAC University

DECEMBER 2021

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# **Declaration**

It is hereby declared that,
1. The report submitted is my/our own original work while completing Degree at BRAC
University.
2. The report does not contain material previously published or written by a third party, except
where this is appropriately cited through full and accurate referencing.
3. The report does not contain material that has been accepted or submitted for any other
degree or diploma at a university or other institution.
4. I/We have acknowledged all main sources of help.
Student's Full Name & Signature:
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#### **Approval**

The report titled "Journey as a Central Desk Intern at *Dhaka Tribune*" submitted by Anamika Dey (16203016) of Fall 2021 has been accepted as satisfactory in partial fulfilment of the requirement for the Degree of Bachelor of Arts in English and Humanities.

Examining Committee.						

Evamining Committee:

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**BRAC** University

# **Dedication**

To my father, *Manoj Kumar Dey* and my uncle, *Bhuban Kumar Dey*.

#### Acknowledgement

First of all, I am thankful to The Almighty for everything. Secondly, I would like to thank my parents, uncle, aunt, and sisters for their constant love, support, and encouragement. In the last two years, I have lost two most important people in my life. More importantly, I had lost my father due to Covid-19.

Then, I would like to thank my friends, Ador, Sumu, Arpita, Naushin, Ashique, Proma, Khadim, Farah and Amreen, for always being there.

I am truly grateful to the faculties of the Department of English and Humanities and BRAC University as a whole for providing me with the opportunity and scope to learn and explore new things. I would also like to thank *Dhaka Tribune*'s Editor, Mr. Zafar Sobhan, for granting my internship and giving me such an opportunity. I would like to thank My on-site supervisor Anando Mostafa (Head of DT-Bangla), and the whole DT-Bangla Team for encouraging me and helping me to acquire knowledge.

Last but not least, I would like to thank and express my gratitude to my supervisor and Teacher Anika Saba. Without her supervision and support, it was quite impossible for me to conduct the study.

#### **Anamika Dey**

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#### Introduction

In today's world, media plays an important role in keeping us updated with the changing world. The whole world is connected through electronic media, print media, and web media. The media keeps us updated with various issues around the globe. Not only that, the media gives us immense knowledge and information about different issues, events, and what is happening around us and all over the world.

Media broadcasts, prints and updates various information from time to time to the common public- who should stay aware of the issues and what is going on in the country, even outside of our country. It is very important to be aware of such things about our surroundings and keep updated with the recent issues that are happening. Television News Broadcasting and Newspapers are the main sources that keep us more up to date with the current world.

In this modern time, there are different types of news readers; everyone is not searching for national news or political news. There are many more news topics like international, economic, business, sports, weather forecasts, entertainment, technology, features, lifestyles, literature, career opportunities, etc. Every newspaper has different sections for different news; it also has obituaries, op-ed, editorial cartoons, comics, poems, stories, crossword puzzles, etc. Newspapers are not only for the nation's older generation; the younger generation is also readers of a news portal or newspaper. So, a news agency always tries to keep the news for all ages of people. The new generation people are not that much attracted to national or political news. They are mostly looking for features, entertainment, technology or lifestyles-based news.

From the very beginning, I was always fascinated with this kind of work where I could connect with common people and explore the whole world. After finishing my Higher Secondary School, I wanted to study Journalism. I have always had a fascination with writing. Writing something related to my thoughts and emotions makes me light and happy. I love to express my emotions and feelings through my writing. I always try to speak up by writing content on social media platforms about current social issues, events, discriminations, and even such vulnerable emotions of people that they cannot express easily to someone. I started writing on social media platforms in 2014. I believe that writing has the power to touch anyone's heart and to make a connection between people. So, I decided to work in a newspaper or a news portal, and it can be the best way to prove my skills. That is the main reason for majoring in Media and Cultural Studies. In the last four years of my Bachelor's Degree at BRAC University, I have come across many courses from ELT, Literature, Media and Cultural studies. These courses help me to broaden and extend my thoughts and knowledge. After choosing my area of concentration, the first media course I took was ENG 404: Copywriting. In this course, I have learned the creative way of writing text, copy, marketing or promotional content, advertisements, etc., for electronic and print media. Then I took ENG 401: Editing and ENG 465: Translation Studies. The editing course helped me a lot while I worked as a sub-editor. From this course, I have learned how news should be formed from a given report, how it should be arranged in a newspaper, how newspapers are formatted, and how they are published before reaching people. From the translation studies course, I have learned the theories and the techniques of translating, in both English to Bangla and Bangla to English. This course's lessons and contents help me learn doing translate easily and accurately. And as a sub-editor, the most common thing that I needed to do daily was translate news from different sources.

Lastly, I took *ENG 333:* Globalization and the Media and *ENG 440:* English for the Print Media. In the Globalization course, I got the chance to explore current affairs, different news articles, and important events which are happening all around the world, which helped me a lot to see the world in broadened eyes and as a journalist. The English for the print media course helps me to learn the different sections of a newspaper, like editorials, op-eds, features, sports, obituaries, books, events and movie reviews, etc. All of the courses which I have done for my major enhanced my knowledge and helped me to become a journalist. After finishing all of my major courses, I decided to start my internship programme. And I dropped my resume in some well-known news channels and newspapers. From them, I got responses from *DBC News* and *Dhaka Tribune*. Then I joined the *Dhaka Tribune* as a Central News Desk Intern.

Truly, I am honoured and glad that I got the opportunity to become a part of one of the most prestigious and influential newspapers in our country. I was very fortunate to get a chance to do my internship at *Dhaka Tribune* and explore the whole system of a newspaper agency. Also, I had the favourable circumstance to look over a newsroom where the reports from all over the world formed into news stories and which are published online and as well as in printed form to reach readers. This opportunity made me really proud and happy.

#### A Brief History of - "Dhaka Tribune"

# DhakaTribune

Dhaka Tribune is an English daily newspaper. It was first launched on April 19, 2013. Kazi Anis Ahmed is the publisher of the Dhaka Tribune newspaper. Zafar Sobhan is the founding editor of the Dhaka Tribune. The owners of the Dhaka Tribune are Gemcon Group and Kazi Farm Group. Besides the traditional printed newspaper vision, Dhaka Tribune also has online versions. It has both English and Bangla news sites. The Dhaka Tribune-Bangla is the only online platform for news. It has a similar kind of pattern to Dhaka Tribune's main site. The main motto of the Bangla news site of Dhaka Tribune is to reach out to more readers of our country. The Dhaka Tribune-Bangla site was launched on June 2, 2018. Anando Mostafa is The Head of Dhaka Tribune-Bangla.



Figure 1: Dhaka Tribune's Homepage

The main object of the *Dhaka Tribune* newspaper is to provide the readers' interest to continue to read on. Their main concern is writing news in a fair and non-judgmental way. *Dhaka Tribune*'s tagline is - "*The news you want. No more, no less*". At first, *Dhaka Tribune* began as a broadsheet format, and later it moved to compact format on March 1, 2015. The newspaper covers weekly and biweekly different sections like Fashion, Sports, Lifestyle, Showtime, Wellness, Teen, Food, Relationship, Art and Culture. The *Dhaka Tribune* newspaper covered the major news about Rana Plaza Disaster on April 24, 2013; the reporters and photographers got a chance to cover many of the major news on this incident.

Dhaka Tribune created a platform for both older and younger generations of our country by giving them a new voice to show their perspective and creativity toward the country. Dhaka Tribune often raises its voice through news and goes deeper into the issue to provide fair information to the reader. Also, they provide in-depth stories of the minority group or the voiceless people of our country. The best example can be the Rohingya refugee crisis issue news coverage. They are not only focusing on the Rohingya crisis issues but also on murder, drug abuse, sexual assault against women and children, etc. Even they also raise their voice in international issues like American Black Rights, Israel-Syria murder, Taliban-Afghanistan issues, Terrorist attacks etc.

Dhaka Tribune always promotes Equal Gender Rights in Bangladesh. They update detailed information about the news topics on the emerging crisis of the nation to generate people's interest. In both print and online media, their vision is to create interest among both old and young generations of our country. They always try to bring some new vision through the news to attract more young readers of our country.

Dhaka Tribune has been a partner with the Dhaka Literary Festival since 2015. They are the main media partner of the Dhaka Literary Festival. Dhaka Tribune is also well-known for award-winning marketing campaigns- Glad to be Bangladeshi, and I am made in Bangladesh.



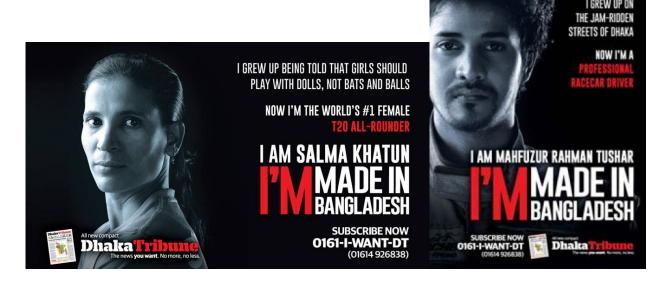


Figure 2: Different Campaigns and Events

*Dhaka Tribune* became the most visited news site, and Bangladesh's second-highest circulated English newspaper.

#### Organizational structure

Every newspaper has different sections, like national and international news, entertainment, sports, business, advertisement, features, lifestyle etc. *Dhaka Tribune* has several departments, including the Central desk, Avenue T, D 2, Dhaka Tribune Bangla, Showtime, Business, Sports, and so on. Subsequently, each department of the Dhaka Tribune covers diverse kinds of news. *Dhaka Tribune* offered me an internship opportunity at their online Bangla site's Central Desk (International). As I have already mentioned, *Dhaka Tribune* has a Bangla version site, which is similar to their main site. So, it has almost similar kinds of news sections. Besides that, *Dhaka Tribune Bangla* has the authorization to do other news besides their main site. It also contains breaking news and other hard news which are related to politics, crime, education, environment, lifestyle, Laws and rights, entertainment, opinion, op-ed, PR, and so on. Each department has staff sub-editors, sub-editors, apprentice sub-editors, and reporters.

As in today's fast-forward world, online platforms play a vital role in spreading the news earlier. In today's world, people are not waiting for the next day's morning to read out the news from the newspaper. They want all kinds of news just in one tap; they want to keep updated with time. So, the newspaper's online sections are very much crucial to spread the news as soon as possible.

In this world, currently, most people are using the internet and social media for all kinds of

information and news. They are connected with different social media platforms by using

Twitter, Facebook, YouTube and so on. So, to reach out to the readers, different social media

platforms are being used to spread the news all over the world. Social media platforms give

people the opportunity to interact with people. It is also easier to hear people's perceptions and

thoughts. Common people have the opportunity to share the news, and also, they can comment on their thoughts on social media. Besides that, the online newspaper is less time-consuming, and it reaches the readers early.

On the other hand, the traditional printed newspaper is more time-consuming to reach the readers. The news editors uploaded different news on-site, and at the same time, they posted that news on social media to get shared more spontaneously among the active users.

On both websites of *Dhaka*, *Tribune* news is always being updated. During the Covid-19 pandemic situation, people relied more on online news. *Dhaka Tribune* Central Desk covers all detailed topics on the emerging crisis of our nation and international. It also covers rape cases, murder, weather news, education, politics etc.

#### My Journey as an Intern

I started my internship on June 1, 2021. I was quite fortunate to get the chance to be a part of the Central News Desk as an Editor. This department covers everything, from national news to



Figure 3: Offer Letter

international, politics, law and order, economics, lifestyles, entertainment culture and all.

I had to work six days a week for eight hours a day. There are two shifts, morning and evening.

As I had my classes so, I worked in both shifts considering my class routine.

A team of 7 members works in the Dhaka Tribune Bangla team. There are two sub-editors and four assistant editors. In the first phase of my internship, I was introduced to official rules and regulations; they guided me with the news format, writing style, forming headlines and specific spelling choices, which I had to follow to maintain Dhaka Tribune's writing standard. Also, they gave clear instructions about the Do and Don'ts of the newspaper.

I had to read a lot of news articles from different online portals, as it was a new experience for

DT-Bangla Daily Roster - From 1 July						
Days	9am to 4pm	1pm to 8pm	4pm to 11pm	Day off		
Saturday	Prottasha, Rafid	Monalisa	Marouf, Shuvo, Anamika			
Sunday	Prottasha, Monalisa, Anamika		Marouf, Rafid	Shuvo		
Monday	Monalisa	Rafid, Marouf	Shuvo, Anamika	Prottasha		
Tuesday	Prottasha, Monalisa, Anamika		Marouf, Shuvo	Rafid		
Wednesday	Marouf, Shuvo	Rafid	Prottasha, Monalisa, Anamika			
Thursday	Rafid, Anamika	Prottasha	Shuvo, Monalisa	Marouf		
Friday	Marouf, Rafid		Prottasha, Shuvo	Monalisa, Anamika		

Figure 4: Daily Roaster

me to work in the media. So, I had to be conscious about writing and structuring a story.

When I started working, I had to give an entry to our group to keep track of my duty time; this is monitored by my seniors and the HR teams. While I started doing a story, I had to

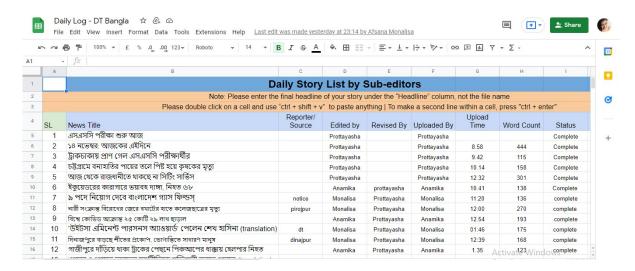


Figure 5: Daily Story List / Log

Maintain an excel sheet named 'Daily Story List,' which keeps all the records of the daily stories which editor is editing which story, at which time which story is being uploaded to the website.

This very important list comprises columns labelled: Headline, Source/Reporter, Edited by, Revised by, Uploaded By, Uploaded Time, Word Count, and Story Status.

As I am an intern and new so, I only worked on those stories which were given by my supervisor or seniors. My senior colleagues also helped me a lot and guided me to edit articles. After my editing the story, before publishing, a revised sub-editor was used to check my work. My supervisor and seniors helped me to point out mistakes that I was making. And provide me with the guidelines on how to avoid them in future. Most of the time, I mainly edit different news articles from our district's reporters and various news sources. I had to keep an eye on different national and international websites, news portals and Twitter to find different news stories, also some trendy news that went viral or some news that attracted readers.

My regular work at the Central Desk was executed around breaking news, translating news from English to Bangla, rewriting news, editing news, publishing news. Also, I had to write headlines and picture captions. When I was editing a story, I had to keep in mind a few things like the style guide, structure, format, sentence making, use appropriate words which Dhaka Tribune follows, and avoid the words or addressing in the stories. Mainly, I worked on articles based on country news, international news, accident, technology, daily Covid-19 updates, entertainment etc.

As I worked on many national and international news, most of the country news we received from our local correspondents through email, and if they missed any important news which must be published, we collected them from our main English site or from different authentic media

sources. Also, we follow some international sites like BBC, Reuters, the New Works times, Agence France-Press (AFP) to collect international news.

During my internship period, the knowledge which I gained from my main media courses helped me a lot to edit stories, write stories, write headlines and translate stories. Before working on a story, I had understood and ensured that the story had news value factors.

During the internship period, as a part of the team integration process, I was added to the Facebook private group, the messenger group by my supervisor and was also added in "DT (Dhaka Tribune) Reporters," "DT (Dhaka Tribune Sub Editors)" and "DT (Photography Group)." This is how the whole team was connected and discussed current things, issues, mistakes, errors and important notices.

#### **Working on Agency News**

Working on different agency news was one of my regular tasks. Dhaka Tribune follows two national news agencies for national news. *Dhaka Tribune* is subscribed to *United News*Bangladesh (UNB) and Bangladesh Sangbad Sangstha (BSS). Outside of the country correspondent, *Dhaka Tribune* follows these two sites for national news.



Figure 6: BSS's & UNB's Website

I had to keep an eye on these news agencies for different kinds of national news. Dhaka Tribune gives proper credits for taking news from these agencies by maintaining proper copyright law. I had to edit those stories which I took from these agencies by following Dhaka Tribune's style

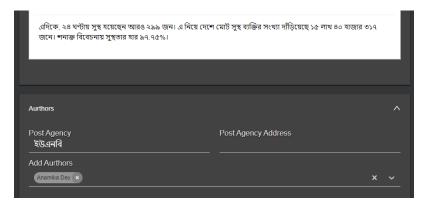


Figure 7: UNB's By line

guideline. Also, I had to put the respective news agency's name in the bylines.

These two news agencies have wide and vast news coverage in the domestic news perimeter. We also need to attribute the source, such as "Prime Minister Sheikh Hasina on Monday said her government wants to maintain friendly relations with all countries in order to continue Bangladesh's socio-economic progress, reports UNB/BSS."

Besides that, Dhaka Tribune is also subscribed to two of the largest international news agencies of today's world, *Reuters* and *Agence France-Press (AFP)*.

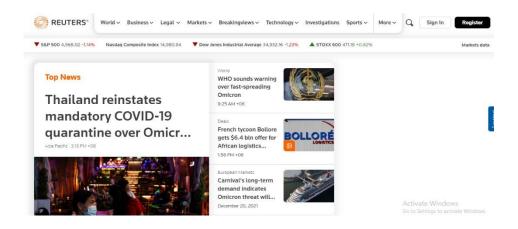


Figure 8: REUTERS's Webpage

Reuters is a UK-based, internationally-acclaimed and global news agency. Established in 1851, it deputizes news in English, French, Russian, German, Italian, Spanish, Portuguese, Urdu, Arabic, and Chinese.

Agence France-Press (AFP) is an international news agency. It is the third-largest news agency in the modern world after the Associated Press (AP) and Reuters. AFP, founded in 1835, publishes stories in Spanish, Arabic, French, German, Portuguese, and English

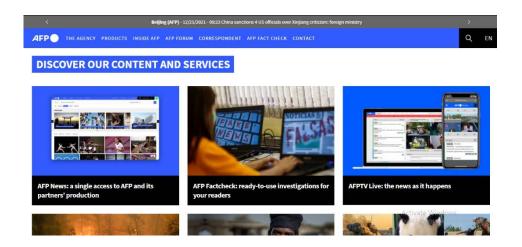


Figure 9: AFP's Webpage

#### **Editing Stories**

Dhaka Tribune has its own unique style of editing stories or news. On my very first day, I received a PDF file that included the Style Guideline of the Dhaka Tribune. In the guideline, the proper instructions for editing and uploading news online are given. They produced their news by following the style guide. All kinds of news are produced by the same style guideline.

Dhaka Tribune makes their news stories in simple language. So, their news is easy to read and understandable to the readers. Structure a sentence, spelling, word selections, headlines, subheads, standfirst and so on; they maintain every detail in an organized way.

According to *Dhaka Tribune* style guidelines and rules, generally, any short stories should be written within 300 words. On feature news or any special circumstances, if the word limit exceeds more than 600 words, then the news editor should be informed. Also, the long stories should not exceed more than 1200 words.

After writing a story by a sub-editor, the staff sub-editor rechecks the news story before uploading it online. Throughout my internship journey, I was able to apply my academic knowledge to practice. While editing stories, I had to keep in mind the 5 news value factors, which are proximity, prominence, timeliness, consequence, and oddity. So, I need to ensure that the edited story has all the news value factors.

During the internship, I learned to write headlines; while I started to write headlines, my academic knowledge helped me a lot.



Figure 10: Headline & Homepage Title

I had to keep in my mind that the headline should be short and attractive at the same time. The headline should draw the reader's attention. Also, the headline should be honest and accurate.

After the headline, I have learned to write standfirst for the news. Standfirst is mainly the mainstream of the news, which complements the headlines.

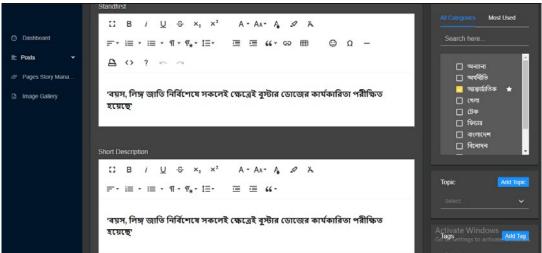


Figure 11: Standfirst & Short Description

Besides that, Dhaka Tribune follows some basic rules for all stories. For instance, headline, standfirst, short description, description, byline, home title and photo caption. Every story should consist of all of these components.

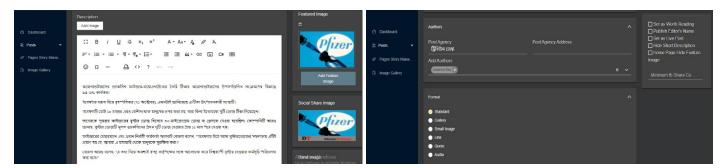


Figure 12: Description & By-line

I edited both national and international agency stories. Also, I translated international agency news from English to Bangla (See Appendix 1). In case of some news, I had to rewrite and edit them by following our guidelines from other news sites.

#### **Translation**

Dhaka Tribune is subscribed to two of the largest international news agencies of today's world, Reuters and Agence France-Press (AFP). Besides that, they follow some other international sites, like Times of India, BBC News, NDTV, Hindustan Times, Ananda Bazar, Guardian, AS, Marca and others. They also follow twitter for international news.

Translating is equally important as editing news. So, it is necessary to know how to translate.

Translating news was an important part of my daily job. I needed to translate 3-4 news on a daily basis; it varied from business stories to feature stories; sometimes, I had to translate some sports and technology-based stories.

While translating any piece of the story, it is important to understand the meaning of the sentences and the whole story. In terms of translating, my learning in ENG 465: Translation Studies course helps me a lot. In this course, I had learned that we should not translate word for word (literal), rather translate stories in terms of their sense for sense (free). It means we should translate the given information by using our senses. Author Jeremy Munday in his book *Introducing Translation Studies: Theories and Applications*, mentioned that "The sense for sense approach [...] allowed the sense or content of the ST to be translated" (20). So, I used the sensefor-sense method for translating news. Also, I had to make sure that the information of ST remained intact in my translated version. (See appendix 2)

On the other hand, I also had to use the translation shift approach. The translation shift approach occurs with a shift from grammar to lexis. As we know, all languages have a different structure, so translation shifts are necessary. I had to be very careful regarding translation to the target

language. The Target text (TT) sentence arrangements often vary from the Source Text (ST). Even selecting the accurate word meaning of the content is really important. As a word has a different meaning for different situations, we should select the accurate word meaning to remain the content meaning the same. After being assigned to translate an article, first, I read the whole story at least 2-3 times to understand what it was trying to convey and the main message of the story and then I started translating it (See appendix 3). Dhaka Tribune follows different news agencies for maintaining news flow and news variety.

#### **Uploading News**

As a Central Desk Inter, I also had to upload or publish edited stories. After joining, I was introduced to Dhaka Tribune's Backend Manager Website. Also, I learned to use different tools and software for editing. On a daily basis, we needed to use Photoshop, Bijoy to Unicode Converter and an Online dictionary.

During my internship period at Dhaka Tribune, I got the opportunity to upload stories through the Backend manager of the Dhaka Tribune website. I was also learned to use Photoshop for editing photos, resizing and making photo collages according to preferences.

Our whole team uses a particular id and password to access the backend manager. To upload a story, I had to go to Dhaka Tribune CMS (Content Management System) and select the "Add post" option, where we input the headline, standfirst, content, byline, add tags, select news category and add photos.

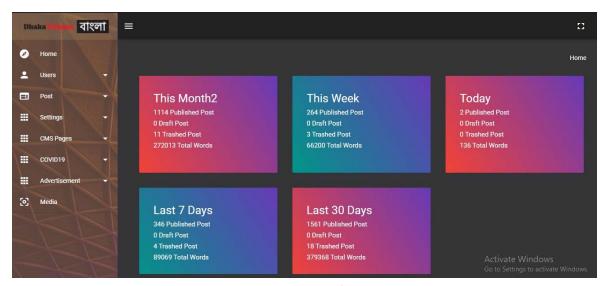


Figure 13: Dhaka Tribune's Backend 1

In terms of selecting "News Category," I need to choose a relevant category for my assigned news, such as: If the assigned news is international news, I need to select the international

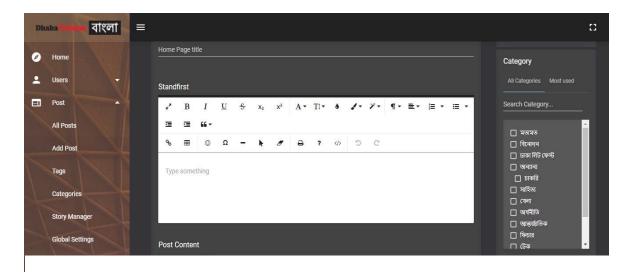


Figure 14: Dhaka Tribune Backend 2

category.

Uploading photos was challenging work sometimes; we needed to be very careful about choosing an appropriate photo for the content. Also, there are some restrictions that we need to



Figure 15: Uploading Pictures

follow while choosing a photo for content. Like as, Dhaka Tribune does not use a photo of the victim if the victim's age is below 18; photos that contain blood are also restricted. Dhaka Tribune's CMS does not support photos that are larger than 500KB. They also maintain a constant photo size of 1024\*650 and resolution 72 for news.

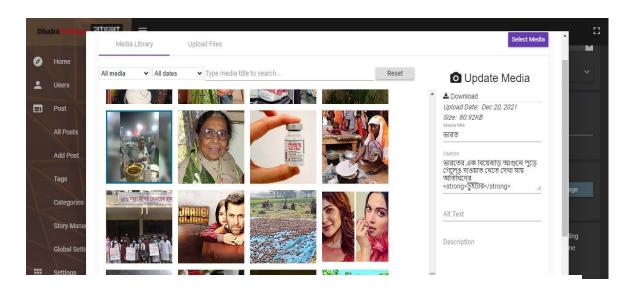


Figure 16: Media title & Captions

According to the news story, I had to add tags which are mainly the keywords from the main story. It helps the users of our website to search for a story. Dhaka Tribune always gives proper attributes for taking stories from other sources.

Lastly, I had to set the "Byline" according to the author of the story. If the story was compiled from other sources, then it should be the "Tribune Desk" byline. On the other hand, when a particular reporter sends a story to the central desk, then he/she gets his/her name in the byline.

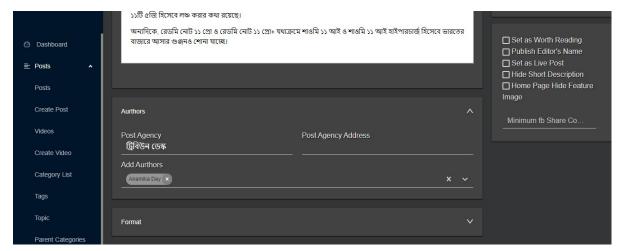


Figure 17: By-line

#### **Covering Covid-19 news**

I started my internship in June 2021, during the pandemic. Covering Covid 19 news all over our country, even covering the whole world Covid situation was a very important duty of a news agency. Every day we covered the Covid situation of different districts of our country and also, the world's covid 19 situations. (See appendix 4) At the end of June, the second wave of covid 19 started. The "Delta Variant" started spreading around the world. In that situation, I worked from home and had to communicate with my colleagues through social media platforms.

I edited lots of stories based on the Covid-19 second wave situation and updates. Also, I wrote breaking news about Coronavirus's Delta Variant. The country updates of Covid 19, we collected them from our local correspondences. Besides that, we collected Covid 19's news from UNB, BSS, Reuters, AFP, Hindustan Times, BBC news, etc. I worked on both national and international Covid 19 news reports. In addition, I translated some articles about Covid-19's vaccines information, awareness and WHO's declared safety rules. Also, I worked on vaccine updates, vaccines shipments, deals with other countries and shipment of vaccines (See Appendix 5)

I had to stay alert for breaking news and also needed to observe other news agencies so that we did not miss any important news. At that time, our government declared lockdown during Eid. So, the lockdown situation all over the country also needed to be covered.

During the Covid-19 pandemic situation, most of the people relied on online newspapers. For instant news or breaking, people rely on online. In this way, they can get news swiftly. Also, People can get more information about the emerging crises of the Covid-19, safety rules, vaccine

updates and all. On social media platforms, general people share various information which can help the public to spread the news or any awareness or about the world. So, online media platforms are really important to create and spread awareness among people.

#### **Covering Different Feature News**

A newspaper has different sections like international, economic, business, sports, weather forecasts, entertainment, technology, features, lifestyles, literature, career opportunities, obituaries, op-ed, editorial, cartoons, comics, poems, stories, crossword puzzles, etc. During my internship period, besides national and international news, I worked on so many features of news. Those feature news were based on different topics. People are getting bored by reading political, crime, murdered news, so every newspaper has feature sections for them.

Feature news is mainly non-fictional news stories. These are also identified as soft news.

Features news are basically human's interest stories. A news agency published various kinds of the news based on their targeted readers. To attract more audiences or readers, feature news is the key. As features news is human interest's story or news So, my supervisor advised the whole team to work on various feature news topics.

Dhaka Tribune covered news based on people's interests; they covered lifestyles, stories, poems and different viral issues or news on social media platforms. I really enjoyed editing and writing feature news. Firstly, I started editing feature news during Eid; my senior colleagues were so impressed by my work. After that, I started editing different types of feature news, which are based on lifestyles, stories and different viral stories (See Appendix 6). My supervisor or senior colleagues assigned me feature stories to work on. Also, I found some interesting news stories which seemed interesting and catchy to the readers (See Appendix 7). Those stories were from different authentic sources like Times of India, Hindustan Times, NDTV, or Twitter. Before working on my collected story, I need to get confirmation from my senior colleagues.

I had also worked on some health issues related news, which is mainly collected from different researched related news articles. In that case, I had to translate them and had to keep the given information accurately. Working on feature news is really fun and informative. I did learn a lot of new things while I worked on feature news. I got compliments from my works and also for writing headlines. It was a really amazing experience for me working at Dhaka Tribune.

On the other hand, I also did some entertaining stories. I joined here as an intern but worked as a full-time employee. As I worked on the central desk, I had access to work and explored all types of news. Also, through social media platforms, I could keep track of the readers and monitor the news stories.

#### **Incorporate with Theories**

During studying Media and Cultural Studies, I had learned different theories from different courses, such as ENG 331: Cultural Studies, ENG 333: Globalization and The Media, ENG 404: Copywriting, ENG 465: Translation Studies, ENG 401: Editing, ENG 440: English for Print Media etc. These theories led me to a broader understanding of the media.

During my internship period, these theories helped me a lot while I worked on different types of news editing, writing and translating. Now, I will relate the theories which I have learned from my Media and Cultural Studies courses. Working on stories, I used the 5Ws and 1H techniques, which I have learned from my ENG 401: Editing course. The 5Ws and 1H, i.e. "Who?", "What?", "When?", "Where?", "Why?" and "How?" are really necessary when we edit a news article. Proper news should contain all of the 5Ws and 1H. So, I had to keep in mind the "5Ws and 1H" while I edited stories.

I also need to keep in mind the 5 news value factors, i.e. proximity, prominence, timeliness, consequence, and oddity. These 5 news value factors are elements that make it newsworthy of being reported. Each news value describes a different quality. Proximity is all about understanding the impacts of the story and how much does it matter to the audience, and the distance between the readers and the place where the incident took place. If the place is near the viewers, it will get more importance and view. On the other hand, If the place distance is far away from the viewers, the news will not get importance and a good number of viewers. For instance, if there is a road accident in Saudi Arabia, then the story will not significantly impact Bangladesh, so the reader will not read this news as it is an incident in Saudi Arabia. So, we need

to give more importance to the incidents which are happening in our nearby countries. Prominence is how important or prominent the story is to share with readers. It also helps to decide the priority hierarchy of the news, which one should go up and which should not or can wait for publishing later. For instance, any announcement by the prime minister of Bangladesh will have more prominence and importance than any other news. So, according to the prominence and importance of the news, measuring is also important to understand. Time is essential, and it has a different dimension to presenting any news. Breaking news or important news should be published by that moment; if it is published after a few hours or after 2 days, it does not contain timeliness. Consequence means how a news article can impact or affect the readers. A story that does not have relevant consequences or impacts on its audiences and does not impact their lives will not be read by the readers and viewers. Oddity refers to the

Practicing ethics in journalism is very important as a journalist. In the article, "Ethical journalism: back in the news," published by the Ethical Journalism Network, it is mentioned that "The core values of ethical journalism are more important than ever today, as we fight for quality and democracy in the media in the digital age. While new laws might lead to potential censorship, a commitment to ethics is essential to build public trust."

unusualness of any news or an event that is out of the ordinary.

According to The Ethical Journalism Network, the five main principles of journalism are Independence, Truth and Accuracy, Humanity, Accountability and Fairness and Impartiality. Dhaka Tribune follows all of the core principles of practicing ethical journalism.

Each and Every news is published by Dhaka Tribune is based on true facts, and the newspaper is always committed to serving the truth to their audiences. Dhaka Tribune is not biased towards

any particular political party, race or organization. Dhaka Tribune always tries to promote humanity and respect through its stories.

Henceforth, Dhaka Tribune promotes ethical and honest journalism by following all of the five core principles of journalism in both print and online platforms.

Panopticon and the Power of the Gaze are also applicable at Dhaka Tribune. Panopticon is known as an architectural work, which was designed by English philosopher Jeremy Bentham. The 'Power of the Gaze' structure has a tower and also has peripheral vision. At the entrance of Dhaka Tribune, there were CCTV cameras that observed everyone. This is called 'centralized observation.'

French Philosopher Michel Foucault, in his article "Eye of the Power," relates the concept of social control with the device named 'Panopticon.' Bentham referred to this ever-seeing eye over all members of society as 'The Gaze.'

# Chapter 12

### A Personal Account

Working at Dhaka Tribune has been a great experience for me. Dhaka Tribune has given me the opportunities to explore online media. During a twelve-week internship journey, I had learned lots of new things, gained so much practical knowledge regarding media and journalism. Also, I got the chance to put my academic knowledge into practice.

Dhaka Tribune was my very first work experience, my supervisor; senior colleagues helped me a lot throughout my journey. I am really overwhelmed to get the opportunity to work as an intern in a well-known news agency like Dhaka Tribune. I had made a lot of mistakes, and my senior colleagues pointed out my mistakes to avoid them in the future. They trained me on how I can write better, gave me advice and guidance for improvement.

I joined the Dhaka Tribune without knowing anything, but with the help of my supervisor and seniors, I learned a lot. Within one week, I started working as their full-time employee; they gave me equal importance and value to my opinions.

Through their support, I was able to overcome the challenges. These three months' journey taught me so many things, which I will carry and apply for the rest of my life. I joined as a student; then, I learned how to write and edit news which I was not familiar with. After finishing my academic internship period, they extended my internship for the next three months. It really makes me so happy and overwhelmed. Our whole team was immensely supportive, encouraging and friendly. They helped me by providing me with knowledge about Dhaka Tribune's guidelines and Central News Desk.

# Chapter 13

### Conclusion

Before the end of my internship, *Dhaka Tribune* offered me an extension of my internship for another three months. While doing the extended internship, the quality of my work also improved. I was able to learn many more things which were not possible to learn at the first phase of my internship. My team and my supervisor were really happy and impressed with my feature news. The featured news was getting so many readers, and it increased the traffic of our site. I was really happy after receiving the offer letter for my extension.

Media plays an important role in today's world. It keeps us updated with the news from all over the world. I considered myself really fortunate to get the opportunity to work at *Dhaka Tribune*. Also, I got the chance to explore the inside perspective of the media world.

The first three-month internship was really challenging for me, but for the next three months, I worked with more energy; I tried my best not to repeat my mistakes in the second phase. I became more accurate and fluent in terms of my work. I had learned numerous things during my internship period that I tried to incorporate into my internship report.

This journey as an intern was a really exciting journey for me that I will always remember and cherish throughout my life. I am thankful to *Dhaka Tribune* for giving me the opportunity to complete my internship program.

To sum up, I had learned how the editor plays an important role in a news agency. I had to do editing news stories, uploading stories, editing pictures and doing translation things in certain ways almost every day. This experience helped me a lot to develop my skills and work more effectively. I learned and maintained ethical journalism and followed each and every instruction

of my supervisor and my senior colleagues. I also tried to represent my education and Brac University throughout my work by maintaining the *Dhaka Tribune*'s reputation and dignity.

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# গবেষণা: ফাইজারের বুস্টার ডোজ ৯৫.৬% কার্যকর

'বয়স, লিঙ্গ জাতি নির্বিশেষে সকলেই ক্ষেত্রেই বুস্টার ডোজের কার্যকারিতা পরীক্ষিত হয়েছে'







করোনাভাইরাসের ভ্যাকসিন ফাইজার-বায়োএনটেকের তৈরি টিকার করোনাভাইরাসের উপসর্গজনিত সংক্রমণের বিরুদ্ধে ৯৫.৬% কার্যকর।

গবেষণার বরাত দিয়ে বৃহস্পতিবার (২১ অক্টোবর), এমনটাই জানিয়েছে এ টিকা উৎপাদনকারী সংস্থাটি।

গবেষণাটি মোট ১০ হাজার এরও বেশিসংখ্যক মানুষের ওপর করা হয়, যারা কিনা ইতোমধ্যে দুটি ডোজ টিকা দিয়েছেন।

তাদেরকে পুনরায় ফাইজারের বুস্টার ডোজ হিসেবে ৩০-মাইক্রোগ্রাম ডোজ বা প্লেসবো দেওয়া হয়েছিল। কোম্পানিটি আরও জানায়, বুস্টার ডোজটি মূলত ভ্যাকসিনের প্রথম দুটি ডোজ দেওয়ার প্রায় ১১ মাস পরে দেওয়া হয়।

ফাইজারের চেয়ারম্যান এবং প্রধান নির্বাহী কর্মকর্তা আলবার্ট বোরলা বলেন, "গবেষণায় উঠে আসা বুস্টারডোজের সফলতায় এটিই প্রমাণ হয় যে, আমরা এ মহামারি থেকে মানুষকে সুরক্ষিত করা।"

বোরলা আরও বলেন, "এ তথ্য নিয়ে অবশ্যই স্বাস্থ্য কর্তৃপক্ষের সঙ্গে আলোচনা করে বিশ্বব্যাপী বুস্টার দেওয়ার কর্মসূচি পরিচালনা করা হবে।"

#### Kishwar declared runner-up of MasterChef Australia

The three-month-long cooking competition MasterChef Australia reached the finish line today, on July 13. The 38-year old Bangladeshi from Melbourne, Kishwar Chowdhury was declared the runner-up of 2021.

After sailing through weeks of culinary challenges, nerve-wrecking tasks and enormous pressure of honouring her Bangladeshi heritage, Kishwar reached the very top of the competition and won everyone's hearts both in Australia and the Indian subcontinent.

X was crowned the winner of MasterChef Australia 2021. Y was the finale dish that bagged him the work-covered title

Kishwar served smoked rice water with Aloo Bhotta and fried sardines at the grand finale of MasterChef Australia and wowed the judges with the simplicity of her dish.

"This is the type of food you wouldn't see anywhere. It feels scary, but it also feels extremely rewarding to do this as my finale dish." she said to the judges.

Judges called her finale dish "unbelievable." Jock Zonfiillo, said, "My mouth is still watering. It is such a beautiful contrast. Mellissa Leong said that Kishwar's dish was "powerful with flavor and powerful with history."

She competed against Pete Campbell and Justin Narayan on July 12-13 in a two part grand finale

Kishwar and Z were declared the first/second runner-ups, respectively. Kishwar recounted that her best memory in the kitchen was meeting the Malaysian-born Australian cook <code>Qob\_Ling</code> Verw

"My best memory in MasterChef Australia has to be meeting Bob. I used to sit at home watching Bob and she is such an inspiration to me. So cooking for her was the absolute best day in this kitchen."

The 38-year old Bangladeshi from Victoria, Australia, Kishwar brought classic local dishes -including "Kala Bhuna," " Khashir Rezala," "Euchka-Chotnoti," "Macher-Inol," "Bhana Mach,"
and other delicacies, all the way to MasterChef kitchen on previous episodes.

The mother of two wants to write a Bangladeshi cookbook to keep the legacy of her family alive.

"A lot of the food that we cook has been passed down from my ancestors," the talented cook said in an interview to Dhaka Tribune. "It's the way we've kept our heritage alive. I love the unspoken secrecy we have in our culture to protect our special recipes."

Born and raised in Melbourne, Kishwar is married to her high-school sweetheart, Ebtesham, with whom she has two children. Prior to her MasterChef stint, she worker in her family's printing business.

She completed a Bachelor of Commerce from Monash University before obtaining beg., postgraduate degree in Graphic Design from the University of the Arts in London.

#### মাস্টারশেফ অস্ট্রিলিয়ার ১৩ তম আসরের রানার আপ হলেন বাংলাদেশি বংশোদ্ভত কিশোয়ার

#### অনামিকা, ট্রিবিউন ডেস্ক

<u>রাল্লাবিষয়ক</u> জনপ্রিয় টেলিভিশন <u>রিয়েলিটি</u> শো <u>মাস্টারশেফ অস্ট্রেলিয়ার</u> ১৩তম আসরের রানার আপ হয়েছেন <u>বাংলাদেশি বংশোভুত</u> কিশোয়ার চৌধুরী।

মঙ্গলবার (১৩ জুলাই) বাংলাদেশ স্থানীয় সময় সাড়ে ৩টায় শুরু হওয়া আয়োজনে তাকে রানার আপ ঘোষণা করা হয়।

কয়েক সপ্তাহের <mark>বিভিন্নকমু</mark> বানার <u>চ্যালেঞ্জে</u> অংশ নিয়ে বাংলাদেশের ঐতিহ্যের প্রতি সম্মান প্রদর্শনের মাধ্যমে, একের পর এক <u>চ্যালেঞ্জ্র</u> <u>মোকাবেলা</u> করে প্রতিযোগিতার একেবারে শীর্ষে পৌঁছেছেন অস্ট্রেলিয়ার মেলবোর্নে <u>বসবাসরত,</u> ৩৮ বছর বয়সী <u>ক্রিশোয়ার</u>। বাংলাদেশের পাশাপাশি তিনি <mark>অস্ট্রেলিয়া</mark> এবং <u>ভারতীয়</u> উপমহাদেশের মানুষেরও মন <u>জয়</u> করে নিয়েছেন।

মাস্টারশেক অস্ট্রেলিয়ার গ্র্যান্ড ফিনালের প্রথমপর্বের প্রতিযোগিতায়, তিনি বাংলাদেশি খাবার ভর্তা, মাছ ভাজা এবং পাল্লা ভাত পরিবেশন করে বিচারকদের মন জয় করে নিয়েছেন। বিচারকরা তার পরিবেশিত খাবারে মুগ্ধ হন। বিচারক <u>মেলিসা লিওং</u> বলেন, ''<u>কিশোয়ারের</u> পরিবেশিত খাবারটি 'স্বাদ এবং ঐতিহ্যের' দিক দিয়ে খবই শক্তিশালী।'

<u>কিশোয়ারের</u> বিপক্ষে পিট <u>ক্যাম্পরেল</u> এবং <u>জাস্টিন নারায়ণ</u> গ্র্যান্ড <u>ফিনালে</u> অংশ <u>নিয়েছিলেন।</u>

<u>অন্ট্রেলিয়ার ভিত্ত্যেরিয়া</u> থেকে ৩৮ বছর বয়সী এই <u>প্রতিযোগী মাস্টারশেক</u> আয়োজনে বাংলাদেশের <u>ঐতিহ্যেকে</u> তুলে ধরেন বিভিন্ন রান্নার মাধ্যমে, যার মধ্যে রয়েছে "<u>কালাভুনা,</u>" "খাসির <u>রেজালা,</u>" "ফুচকা<u>-চটপটি,</u>" "মাছের-বোল," "<u>ভাপা</u> মাছ," এবং অন্যান্য সুস্বাদু খাবার। তার স্বপ্ন, তিনি বাংলাদেশের ঐতিহ্যকে <u>বাঁচিয়ে</u> রাখতে একটি <u>বাংলাদেশি</u> রান্নার ওপর একটি বইও লিখতে চান।

Is the younger population at a higher risk of stroke from increased screen time?

#### By: Lifestyle Desk | New Delhi |

Nowadays, as people work from home, they begin and end their day with a gadget. We are so dependent on technology that from the moment we open our eyes in the moming, we begin to scroll through our phones, respond to work emails, check social media, etc.

But, have we ever paused to wonder what this lifestyle is doing to our health? A 2021 study published in the Stroke Journal of the American Stroke Association stated that adults under 60, with increased screen time exposure and sedentary lifestyles, are more prone to a stroke than those who are physically active. Data from the World Stroke Organization (WSO) states that one in four persons may suffer a stroke attack in their lifetime. According to a recent study of The Lancet Global Health, non-communicable neurological disorders' contribution in India doubled to 8.2 per cent in 2019 from 4.0 per cent in 1990, with stroke leading the charts.

Dr Ujwal Yeole, consultant-neurosurgeon, Fortis Hospital Kalyan, says there is a link between increased screen time and stroke. "A US study highlighted that one's life expectancy reduces by up to 22 minutes for every hour of digital screen time. It makes the person more prone to a stroke and various heart ailments, cancer, etc. Another UK-based study showed the possibility of a stroke was significantly high with continued 2-hour exposure to digital screens (laptop, TV, cell phone, etc.). Beyond two hours and in cases of addiction, the chance of a stroke increases by 20 per cent." he says.

The doctor blames the pandemic for "pushing us into a situation where most working adults and children are required to stick to their screens for prolonged hours, either for work or academics".

Leading such a lifestyle also makes an individual vulnerable to other diseases like obesity, diabetes, heart conditions, etc. These are all interlinked:

- A person with diabetes is twice as likely to suffer from a stroke, as the damaged blood vessels hasten the onset of ischemic stroke (happens from a blood clot blocking or narrowing the artery to the brain).
- \* High LDL (bad cholesterol levels) initiates the build-up of plaque in the arteries, which ends up restricting blood flow to the brain, thus leading to a stroke.
- Hypertension is the cause for approximately 50 per cent of ischemic strokes, increasing the threat of hemorrhagic stroke (brain bleed).

The doctor suggests some lifestyle changes:

- It is necessary to take an hour-long walk every day to negate the ill effects of physical inactiveness.
- Exercise daily for 30 minutes and inculcate the habit in your children.
- Limit your screen time and take frequent breaks from work.

### ক্রিনে অতিরিক্ত সময় কাটানোর কারণে তরুণদের স্ট্রোকের ঝুঁকি বাড়ছে!

অনামিকা, ট্রিবিউন ডেস্ক

<u>করোনাভাইরাস মহামারিতে</u> বেড়েছে <u>বাড়ি</u> থেকে অফিসের কাজ করা। যার ফলে দিনের একটি নির্দিষ্ট সময় গ্যাজেটের ওপর নির্ভরশীল হতে হয়েছে।

এছাড়াও, আমরা প্রযুক্তির ওপর <u>এতটাই নির্ভর্</u>মীল যে সকালে ঘুম থেকে ওঠার পর থেকে রাতে <u>ঘুমানোর</u> আগ পর্যন্ত আমরা আমাদের ফোনের <u>ক্রিনে</u> আটকে থাকি।

কিন্তু, এ <u>লাইফুস্টাইলটি</u> আমাদের স্বাস্থ্যের জন্য মোটেই ভালো নয়। আমেরিকান <u>ক্রেট্রকু আমেসিয়েগনের ক্রেট্রকু</u> জা<u>র্নালে</u> প্রকাশিত একটি সুমীক্ষায় বলা <u>হয়েছে</u> যে, ৬০ বছরের কম বয়সীরা ক্রি<u>নে বেশি</u> সময় দেন এবং অনেকসময় ধরে বসে কাজ করার ফলে তাদের <u>স্টোকে</u>র প্রবণতা বেশি।

<u>ওয়ার্ল্ড স্ট্রোক</u> অর্গানাইজেশন (<u>ডব্লিউএসও</u>) এ তথ্য জানায় যে, প্রতি ৪ জনের মধ্যে ১ জন ব্যক্তি <u>স্ট্রোকের</u> শিকার হয়ে থাকেন।

ফোটিস হাসপাতালের কুনসালট্যান্ট নিউরোসার্জন ডা. উজ্জ্বল ইওলে বলেন, "ক্রিনের সঙ্গে স্ট্রোকের একটি যোগসূত্র রয়েছে। একটি মার্কিন গুবেষণায় জানানো হয় যে ডিজিটাল ক্রিন সময়ের প্রতি ঘণ্টার জন্য এক মানুষের আয়ু ২২ মিনিট পর্যন্ত কমে যায়ু। যা স্ট্রোকসূহ বিভিন্ন হৃদরোগ, ক্যান্সার ইত্যাদির প্রকাতা বাড়িয়ে তোলো"

কিন্তু <u>সহামারি</u> আমাদেরকে এমন পরিস্থিতিতে ঠেলে দিয়েছে যে আমরা <u>চাইলেও</u> ড্রিনেণ্ড এর বিষয়টি এ<u>ডিয়ে</u> যাওয়া সম্ভব নয়। এই ধরনের জীবনধারার কারণেই একজন ব্যক্তি স্থূলতা, ডায়াবেটিস, হাটের অবস্থা ইত্যাদি অন্যান্য রোগে আক্রান্ত হয়ে থাকেন।

<u>ডায়াবেটিসে</u> আক্রান্ত ব্যক্তির <mark>ক্ট্রোক হুওয়া</mark>র সম্ভাবনা দ্বিগুণ বেশি, কারণ ক্ষতিগ্রস্ত <u>রক্তনালীগুলি</u> ক্রত <u>ক্ট্রোকের</u> সূত্রপাত ঘটায়। উচ্চ মাত্রায় এলডিএল (খারাপ <u>কোলেস্টেরলের</u> মাত্রা) ধমনীতে বীধা সৃষ্টি করে, যা <u>মন্তিক্রের</u> রক্ত প্রবাহকে ব্যুধাগ্রস্ত করে, ফলে ক্ট্রোক হতে পারে।



## কোভিড: বিশ্বে প্রাণহানি প্রায় ৪৯ লাখ

দেশে গত ২৪ ঘণ্টায় ১৮ হাজার ৯৭টি নমুনা পরীক্ষা করা করে মোট ৩১৪ জনের শরীরে এই ভাইরাস শনাক্ত হয়েছে





বিশ্বব্যাপী চলমান মহামারিতে গত ২৪ ঘণ্টায় শনাক্ত ও মৃত্যুর হার আগের চাইতে কিছুটা কমেছে। এ সময় সারাবিশ্বে করোনাভাইরাসে মারা গেছেন ৪ হাজারেরও বেশি মানুষ। শনাক্ত হয়েছেন প্রায় ৩ লাখ।

যুক্তরাষ্ট্রের জনস্ হপকিন্স বিশ্ববিদ্যালয়ের তথ্য অনুযায়ী, সোমবার (১৮ অক্টোবর), সকাল পর্যন্ত বিশ্বজুড়ে করোনায় মোট আক্রান্ত ২৪ কোটি ৬ লাখ ৬২ হাজার ৫০৪ জন করোনাভাইরাসে আক্রান্ত হয়েছে। একই সময়ে মোট ৪৮ লাখ ৯৮ হাজার ৪৮৭ জনের মৃত্যু হয়েছে।

অন্যদিকে, করোনাভাইরাসে সবচেয়ে ক্ষতিগ্রস্ত দেশ যুক্তরাষ্ট্রে এখন পর্যন্ত মোট আক্রান্ত হয়েছে ৪ কোর্টি ৪৯ লাখ ৩৩ হাজার ৩৩৬ জন এবং মারা গেছেন ৭ লাখ ২৪ হাজার ৩১৭ জন।

যুক্তরাষ্ট্রের পর রাজিলে করোনাভাইরাসে আক্রান্ত হয়ে মোট মৃত্যুর সংখ্যা দাঁড়িয়েছে ৬ লাখ তিন হাজার ২৮২ জনে। দেশটিতে এ পর্যন্ত আক্রান্ত হয়েছে ২ কোটি ১৬ লাখ ৪৪ হাজার ৪৬৪ জন। মৃত্যুর দিক দিয়ে দেশটির অবস্থান দ্বিতীয়।

এছাড়াও, ভারতে এখন পর্যন্ত মোট ৩ কোটি ৪০ লাখ ৬৭ হাজার ৭১৯ জন করোনাভাইরাসে আক্রান্ত হয়েছেন। এবং একই সময়ে মৃত্যু সংখ্যা বেড়ে দাঁড়িয়েছে ৪ লাখ ৫২ হাজার ১২৪ জনে।

#### বাংলাদেশ পরিস্থিতি:

রবিবার (১৮ অক্টোবর) স্বাস্থ্য অধিদপ্তর থেকে পাঠানো এক সংবাদ বিজ্ঞপ্তিতে বলা হয়, দেশে করোনাভাইরাসে আক্রান্ত হয়ে একদিনে আরও ১৬ জনের মৃত্যু হয়েছে। এ নিয়ে মোট মৃতের সংখ্যা বেড়ে দাঁডিয়েছে ২৭ হাজার ৭৬৮ জনে।

এছাড়া, গত ২৪ ঘণ্টায় ১৮ হাজার ৯৭টি নমুনা পরীক্ষা করা করে মোট ৩১৪ জনের শরীরে এই ভাইরাস শনাক্ত হয়েছে। এ নিয়ে মোট আক্রান্তের সংখ্যা ১৫ লাখ ৬৫ হাজার ৪৮৮ জনে পৌঁছেছে।

এ পর্যন্ত শনাক্তের হার ১৫.৫১%।

এবং, গত ২৪ ঘণ্টায় করোনাভাইরাস থেকে সুস্থ হয়েছেন আরও ৫২৯ জন। এ নিয়ে সুস্থতার হার ৯৭.৬০%।

DT B

# টিকার দুই ডোজের আওতায় দেশের ১২% এরও বেশি মানুষ

দেশের মোট জনসংখ্যার ২৪.০২% মানুষ ন্যুনতম এক ডোজ টিকা গ্রহণ করেছেন



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বাংলাদেশে এখন পর্যন্ত মোট ৭ কোটি ৭০ লাখ ৭২ হাজার ৪২০ ডোজ করোনাভাইরাস প্রতিরোধক টিকা এসেছে। এর মধ্যে ৪ কোটি ৬ লাখ ২৭ হাজার ৬৮৮ জনকে টিকার প্রথম ডোজ এবং ২ কোটি ৮ লাখ ৬২ হাজার ৬৫ জনকে টিকার দ্বিতীয় ডোজ দেওয়া হয়েছে। এর মাধ্যমে এখন পর্যন্ত দেশের জনসংখ্যার ১২.৩৩% করোনাভাইরাস প্রতিরোধক টিকার দুই ডোজের আওতায় এসেছেন।

এছাড়া, দেশের মোট জনসংখ্যার ২৪.০২% মানুষ ন্যুনতম এক ডোজ টিকা গ্রহণ করেছেন।

প্রসঙ্গত, বাংলাদেশ পরিসংখ্যান ব্যুরোর "রিপোর্ট অন বাংলাদেশ স্যাম্পল ভাইটাল স্ট্যার্টিসর্টিকস ২০২০"এর সর্বশেষ তথ্য অনুযায়ী, বাংলাদেশের জনসংখ্যা ১৬ কোটি ৯১ লাখ। এখন পর্যন্ত ৬ কোটি ১৪ লাখ ৮৯ হাজার ৭৫৩ ডোজ টিকা দেওয়া হয়েছে। বর্তমানে এক কোটি ৫৫ লাখ ৮২ হাজার ৬৬৭ ডোজ টিকা মজুত আছে।

বাংলাদেশের মানুষকে দেওয়া এবং মজুতকৃত টিকার মধ্যে রয়েছে অক্সফোর্ডের অ্যাস্ট্রাজেনেকা, চীনের তৈরি সিনোফার্ম, ফাইজার এবং মডার্নার টিকা। সারাদেশে এখন পর্যন্ত ৫ কোটি ৬৬ লাখ ৩৫ হাজার ৮৬৭ জন কোভিড প্রতিরোধক টিকার জন্য নিবন্ধন করেছেন।



# বিখ্যাতরা কেন প্রায় সময়ই একই ধরনের পোশাক

আমরা যদি একটু পর্যবেক্ষণ করে দেখি মার্ক জাকারবার্গ থেকে রতন টাটা থেকে স্টিভ জবস থেকে বারাক ওবামা পর্যন্ত প্রত্যেকেরই একই ধরনের জামাকাপড় রয়েছে বা তাদের রয়েছে বেশ কয়েকটি কালো পুলওভার, টিশার্ট, ধূসর রঙা স্যুট এবং জিন্স



















কখনো কি লক্ষ্য করেছেন বেশিরভাগ সফল ব্যক্তিত্বরা প্রায়শই একই জিনিস পরেন?

সম্প্রতি, মার্ক জাকারবার্গ জানালেন তিনি কেন প্রতিদিন একই পোশাক পরেন। তিনি জানান, এটি তাকে কিছুটা মানসিক শক্তি সঞ্চয় করতে সাহায্য করেন।

আমরা যদি একটু পর্যবেক্ষণ করে দেখি মার্ক জাকারবার্গ থেকে রতন টাটা থেকে স্টিভ জবস থেকে বারাক ওবামা পর্যন্ত, তাদের প্রত্যেকেরই একই ধরনের জামাকাপড় রয়েছে বা তাদের রয়েছে বেশ কয়েকটি কালো পুলওভার, টিশার্ট, ধূসর রঙা স্যুট এবং জিন্স। কিন্তু কেন?

#### এর বেশ কিছু কারণও রয়েছে, আসুন সেগুলো জেনে নেওয়া যাক-

-আপনি যখন একটি পোশাক পরেন, হোক সেটি আনুষ্ঠানিক বা অনানুষ্ঠানিক সেটি আপনাকে অপ্রয়োজনীয় চাপ দেয়। যা সফল ব্যক্তিরা সহজেই এড়াতে সক্ষম হয়।

-যখন আমাদের অনেক জামা কাপড় থাকে, তখন আমরা বিদ্রান্ত হই এবং বেশ সময় লাগে কোনটি পরবো টা নির্ধারণ করতে। কিন্তু যদি আপনার পোশাকে শুধুমাত্র কালো টি-শার্ট এবং একই রঙের জিন্স থাকে তবে এতে সিদ্ধান্ত নেওয়ার কিছু নেই। এটি আপনার সময় বাঁচায়।

-এতে করে কিন্তু অর্থন্ড সঞ্চয় হয়, প্রতিদিনের জন্য বিভিন্ন জামা কাপড় না কিনে তা সেই অর্থ আমরা সঞ্চয় করতে পারি।





LOG IN

# বন্যাদুর্গত কেরালায় ভাসতে ভাসতে বিয়ে!

বিশাল এক অ্যালুমিনিয়ামের পাত্রের ওপর চেপে বসে ভাসতে ভাসতে তারা হাজির হন বিয়ের মন্ডপে











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ভারতের কেরালা রাজ্য এখন বন্যার পানিতে থৈ থৈ করছে। যতদুর চোখ যায় শুধু পানি। এ বন্যায় ইতোমধ্যে মারা গেছেন অর্থশতাধিক মানুষ, ক্ষতিগ্রস্ত হয়েছে বহু সম্পদের। এমন অবস্থায় রাজ্যটির থালাবাদী গ্রামে মহা ধুমধামে বিয়ে হয়েছে এক জুর্টির। আকাশ ও ঐশ্বরিয়া নামে ওই নবদম্পতির তাদের বিশেষ দিনটিকে কোনোভাবেই মার্টি করতে চাননি।

ব্রিটিশ গণমাধ্যম বিবিসির জানায়, মহা ধুমধামে সোমবার (১৮ অক্টোবর) বিয়ে করেন তারা।

বিয়ের সাজসজ্জায় কোনো ক্রটি না রেখে, দামি শাড়ি আর দামি গয়না পরে, বিশাল এক অ্যালুমিনিয়ামের পাত্রের ওপর চেপে বসে ভাসতে ভাসতে তারা হাজির হন বিয়ের মন্ডপে।

বিশাল আকৃতির এ রাম্নার পাত্রটি তারা ধার নিয়েছিলেন কেরালার একটি স্থানীয় মন্দির থেকে। আর সেই বিশাল পাত্রটি ঠেলে নেওয়ার কাজে নিয়োজিত ছিল দুইজন। তাদের বিয়ের অনুষ্ঠান হয়েছিল থালবাদির গ্রামের একটি ছোট মন্দিরে। সেই মন্দিরটিও বন্যায় আংশিকভাবে প্লাবিত ছিল।

নবদম্পতি জানান, তারা প্রাথমিকভাবে সীমিত আকারে শুধু পরিবারের সদস্যদের নিয়ে একটি ছোট্ট অনুষ্ঠানের পরিকল্পনা করেছিলেন, কিন্তু বিয়ের ছবিগুলো সোশ্যাল মিডিয়ায় পোস্ট করার পরেই তা ভাইরাল হয়ে যায়। বিশেষ দিনটির আনন্দ সবার সঙ্গে ভাগ করে নিতে পেরে তারাও খুবই আনন্দিত।

জানা যায়, নবদম্পতি আকাশ-ঐশ্বরিয়া দুজনই পেশায় স্বাস্থ্যকর্মী।